

The Most Complete Collagen Product

COLLAGEN-9™

Uniquely designed to include all 9 essential amino acids needed to support protein synthesis, including collagen. Combined with biotin and vitamin C, these crucial nutrients aid in promoting healthy hair, skin, nail, and joints.*

#21401 | 20 SERVINGS

RETAIL PRICE: \$34.70 | MEMBER PRICE: \$29.50 | PV: 16.50

#21407 | 40 SERVINGS

RETAIL PRICE: \$64.65 | MEMBER PRICE: \$54.95 | PV: 30.75



Non-GMO



Grass Fed



Gluten Free



Dairy Free

Why We Love It

- 10 g collagen per serving derived from collagen types I and III
- Includes ALL 9 essential amino acids required by the body to support protein synthesis
- 100% DV of biotin to support healthy hair, skin, and nails*
- 100% DV of vitamin C to protect against damage caused by free radicals and aid in collagen synthesis*
- 100% hydrolyzed collagen for quicker digestion and absorption*
- Dissolves seamlessly into your favorite drink. Perfect addition to your daily coffee or shakes.
- Derived from a grass-fed, pasture-raised bovine source
- Non-GMO, dairy free, and gluten free
- No artificial flavors, sweeteners, colors, or preservatives added
- Unflavored

DIRECTIONS: Mix 2 scoops with your favorite drink.

Supplement Facts

Serving Size: 2 Scoops (11.6 g)
Servings Per Container: 20

	Amount Per Serving	% DV**
Calories	45	
Protein	10 g	
Vitamin C (as ascorbic acid)	90 mg	100%
Biotin	30 mcg	100%
Collagen (as bovine collagen types I & III)	10 g	†

**Percent Daily Values (DV) are based on a 2,000 calorie diet.
†Daily Value not established.

Other Ingredients: Pea protein (*Pisum sativum*).

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



FAQ

Why is the product called Collagen-9™?

Amino acids are the building blocks of protein. There are 9 amino acids that must be obtained through the diet because they cannot be made by the body. These amino acids are called essential amino acids. All 9 essential amino acids are required by the body to support protein synthesis, including collagen. Collagen-9™ contains all 9 essential amino acids, thanks to a combination of collagen and pea protein.

Is Collagen-9™ considered a complete protein?

Collagen (the ingredient) contains only 8 essential amino acids and is therefore not a complete protein. Collagen-9™ contains a blend of collagen and pea protein. Together, collagen and pea protein provide all 9 essential amino acids. Collagen-9™, with a blend of collagen and pea protein, is therefore a complete protein product.

How many grams of collagen are there in one serving of Collagen-9™?

There are 10 grams of hydrolyzed collagen per serving.

Where is the collagen in Collagen-9™ sourced from?

The collagen in Collagen-9™ is derived from a grass-fed, pasture-raised bovine source.

What types of collagen does Collagen-9™ contain?

Collagen-9™ contains types I and III collagen, hydrolyzed for quicker digestion and absorption.

Why does Collagen-9™ contain vitamin C? Biotin?

Vitamin C is required by the enzymes that help make collagen. Vitamin C also has antioxidant properties. Antioxidants help protect our bodies against damage caused by free radicals. Biotin can help support healthy hair, skin, and nails, and deficiency of this nutrient has been shown to lead to hair loss and skin and nail problems.

Is there any flavor?

No. Collagen-9™ is unflavored.

Can I add it to fruit juice, smoothies, or coffee?

Yes, we recommend adding Collagen-9™ to your favorite drink. We love it in our coffee and shakes.

If I take Life Shake™, do I need Collagen-9™?

Yes! Collagen-9 is a perfect booster for your daily Life Shake. With all 9 essential amino acids, an abundance of glycine, proline, and hydroxyproline (which contribute >50% of the total amino acids in collagen), plus vitamin C and biotin, Collagen-9 provides the necessary building blocks to support collagen synthesis. So by adding 2 scoops of Collagen-9 to your daily Life Shake, you have a healthy, balanced meal plus the necessary building blocks to support protein—including collagen—synthesis.

Where is Collagen-9™ made?

Collagen-9™ is made in the USA.

Can I take Collagen-9™ while pregnant or nursing?

While there are no known safety issues related to collagen usage while pregnant or breastfeeding, we recommend discussing with your physician prior to use.

Is Collagen-9™ Kosher certified?

No.

Is Collagen-9™ gluten free, lactose free, dairy free, and non-GMO?

Yes.

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Are there differences between liquid and powder collagen?

When collagen is consumed, regardless of its form, it is broken down into individual amino acids or short chains of amino acids so that it can be absorbed. When collagen is already broken down or hydrolyzed, it is digested and absorbed more quickly. While liquid collagen products might claim that liquid collagen is digested and absorbed more quickly than solid or powder collagen, powder collagen will ultimately be digested and absorbed to the same extent; it might just take a little bit longer. Furthermore, the benefits of collagen are not immediate; they are realized over time. Because of this, the timing of collagen absorption is ultimately moot.

Why are all 9 essential amino acids required to synthesize collagen when collagen itself contains only eight essential amino acids?

Collagen itself contains only eight essential amino acids, but all nine are required in order to synthesize it. Scientists who study protein and amino acid metabolism are in wide agreement that all nine essential amino acids are necessary to support protein (including collagen) synthesis regardless of the amino acid composition of the protein.

When can we expect to experience results?

Everyone is different. While Collagen-9™ provides the building blocks to support collagen synthesis, results will vary from person to person depending on their own rate of collagen synthesis.

How should I add Collagen-9™ to my favorite drink?

Because collagen is a fibrous protein, you may have some difficulty getting it to dissolve completely into your favorite drink. For best results, add Collagen-9™ gradually to your drink of choice, and be sure to stir well while you are adding.

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