

More hydration. More focus.

ELECTROLYTE+

Quench your thirst and more. Electrolyte+ combines three key electrolytes for superior hydration with nitrate and beetroot to boost mental energy, sharpen focus, and enhance clarity so you can stay refreshed and in your zone.

BLOOD ORANGE

#21525 | 20 SERVINGS
RETAIL PRICE: \$28.25 | MEMBER PRICE: \$24.00 | PV: 13.20

RASPBERRY MELON

#21527 | 20 SERVINGS
RETAIL PRICE: \$28.25 | MEMBER PRICE: \$24.00 | PV: 13.20



REHYDRATE. REFRESH. REFOCUS.

Why We Love It

- **Superior Hydration** - Clinically tested to hydrate better than water with three key electrolytes—sodium, potassium, and chloride.¹
- **Stay Sharp** - Formulated with nitrate and beetroot to support cognitive performance and help you stay focused throughout your day.
- **Anytime Hydration** - Perfect for workouts, busy days, or keeping up with life's demands.
- Available in two refreshing options—Blood Orange and Raspberry Melon.
- Vegan, gluten-free, nondairy, and Star-K kosher certified.

Blood Orange

Nutrition Facts	
20 servings per container	
Serving size	1 stick (5.6 g)
Amount per serving (mix alone)	
Calories	20
	% Daily Value*
Total Fat 0 g	0%
Sodium 300 mg	13%
Total Carbohydrate 5 g	2%
Total Sugars 4 g	
Includes 4 g Added Sugars	8%
Protein 0 g	
Potassium 215 mg	4%
Chloride 340 mg	15%

Not a significant source of total fat, saturated fat, trans fat, cholesterol, dietary fiber, protein, vitamin D, calcium, and iron.
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Cane Sugar, Potassium Nitrate,† Salt, Citric Acid, Sodium Citrate, Malic Acid, Natural Blood Orange Flavor, Annatto Powder For Color, Rebudioside M, Red Beet Powder.
Manufactured in a facility that may also process peanut, tree nuts, milk, egg, sesame, soy, wheat, shellfish, and fish.

Raspberry Melon

Nutrition Facts	
20 servings per container	
Serving size	1 stick (5.6 g)
Amount per serving (mix alone)	
Calories	20
	% Daily Value*
Total Fat 0 g	0%
Sodium 300 mg	13%
Total Carbohydrate 5 g	2%
Total Sugars 4 g	
Includes 4 g Added Sugars	8%
Protein 0 g	
Potassium 215 mg	4%
Chloride 340 mg	15%

Not a significant source of total fat, saturated fat, trans fat, cholesterol, dietary fiber, protein, vitamin D, calcium, and iron.
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Cane Sugar, Potassium Nitrate,† Salt, Sodium Citrate, Citric Acid, Malic Acid, Natural Flavors, Rebudioside M, Red Beet Powder, Annatto Powder For Color.
Manufactured in a facility that may also process peanut, tree nuts, milk, egg, sesame, soy, wheat, shellfish, and fish.

1. Greenleaf JE, Looft-Wilson R, Wisherd JL, Jackson CG, Fung PP, Ertl AC, Barnes PR, Jensen CD, Whittam JH. Hypervolemia in men from fluid ingestion at rest and during exercise. Aviat Space Environ Med. 1998 Apr;69(4):374-86.



FAQ

1. How does Electrolyte+ keep you hydrated?

Electrolyte+ replenishes key electrolytes—sodium, potassium, and chloride—that play a vital role in maintaining the balance of fluids in your body. These electrolytes help your body absorb and retain water, helping to support proper hydration.

2. What are the benefits of the added nitrate and beetroot in Electrolyte+?

The beetroot and nitrate in Electrolyte+ help sharpen focus and enhance clarity, supporting mental energy and concentration throughout the day.

3. What are the key differences between Electrolyte+ and Hydrate+? When should I use each?

Both Hydrate+ and Electrolyte+ deliver superior hydration compared to water by replenishing vital electrolytes.

Electrolyte+ contains three essential electrolytes along with beetroot and nitrate, which help not only hydrate but also enhance mental energy, focus, and clarity. With just 20 calories per serving, it's perfect for staying hydrated throughout the day, whether you're working, running errands, or need a mental boost. Electrolyte+ is available in Blood Orange and Raspberry Melon flavors.

Hydrate+, on the other hand, contains six key electrolytes and added carbohydrates to fuel your body with instant energy and support sustained hydration during prolonged or intense physical activity. With 100 calories per serving, it's designed to boost endurance, stamina, and performance. It's the go-to for high-intensity workouts and active days. Hydrate+ is available in Lemon-Lime and Orange flavors.

4. How do I prepare Electrolyte+?

Mix one stick pack with 8 ounces of water, then stir until fully dissolved. You can adjust the amount of water to suit your taste preferences.

5. Can I mix Electrolyte+ with beverages other than water?

Yes, you can mix Electrolyte+ with other beverages like sparkling water, coconut water, or fruit juices. While water is the ideal choice to ensure optimal hydration, these alternatives can add variety and enhance the flavor of your drink.

6. What flavors does Electrolyte+ come in?

Electrolyte+ is available in two refreshing flavors: Blood Orange and Raspberry Melon.

7. How many servings of Electrolyte+ can I have per day?

The number of servings depends on your individual hydration needs, activity level, and sweating. Most people can enjoy 1-3 stick packs daily, but we recommend not exceeding 3 servings per day.

8. Does Electrolyte+ contain caffeine?

No, Electrolyte+ is caffeine-free. The mental energy boost comes from the natural ingredients beetroot and nitrate rather than caffeine.

9. Can I use this product while pregnant or nursing?

Electrolyte+ contains small amounts of beetroot, an herbal ingredient. Due to lack of safety data in pregnancy, it is not recommended for use by pregnant or nursing women. Always consult with your health care provider before introducing new supplements during pregnancy or nursing.

10. Is this product safe for children?

Electrolyte+ is designed for adults. Having one electrolyte drink per day is considered safe for school age children. Ask your pediatrician if you have specific questions about your child's electrolyte needs.

11. Is it safe to use Electrolyte+ if I'm taking medication or have a medical condition?

Consult with your physician before using Electrolyte+ if you have a medical condition, are taking a prescription medication, or are concerned about how you will react to the product.

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FAQ

- 12. **Is Electrolyte+ vegan?**
Yes, Electrolyte+ is vegan.
- 13. **Is Electrolyte+ kosher certified?**
Yes, Electrolyte+ is Star-K kosher.
- 14. **Is Electrolyte+ gluten-free?**
Yes, Electrolyte+ is gluten-free.
- 15. **Is Electrolyte+ nondairy?**
Yes, Electrolyte+ is nondairy.

Product	Vegan	Star-K Kosher	Gluten-Free	Nondairy
Electrolyte+	X	X	X	X

- 16. **Does Electrolyte+ contain nuts?**
No, Electrolyte+ does not contain any tree nuts as an ingredient.