

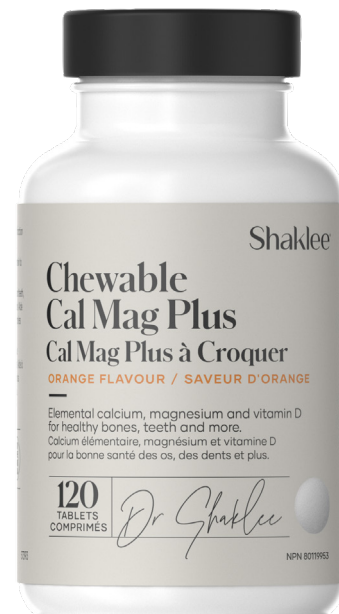
Calcium, Magnesium, and Vitamin D for Healthy Bones and More

CHEWABLE CAL MAG PLUS

New formula with a naturally delicious orange flavor and reduced chalkiness.

With 1,300 mg calcium, 200 mg magnesium, and 15 mcg (600 IU) vitamin D, Chewable Cal Mag Plus helps build strong bones and potentially reduces the risk of osteoporosis, along with regular exercise and a healthy diet.*‡ It also helps alleviate occasional indigestion and PMS symptoms, fill nutrient gaps, and support restful sleep.**‡

#22093 | 120 TABLETS



GREAT NEW FLAVOR SAME POWERFUL BENEFITS

Why We Love It

- Great new flavor, same powerful benefits
 - Helps fill nutrient gaps
 - Helps maintain healthy bones and teeth
 - Supports restful sleep
- Smaller serving size
 - 4 tablets deliver 1,300 mg calcium, 200 mg magnesium, and 15 mcg (600 IU) vitamin D₃
- Vegetarian, dairy-free, gluten-free, soy-free, star-K kosher

DIRECTIONS: Adults take up to 4 tablets daily, children ages 4–12 take 2 tablets daily, preferably with food.

	Per 1 Tablet		Per Serving (4 Tablets)	
	Amount	% DV	Amount	% DV
Calories	0		10	
Total Carbohydrate	<1g	<1%**	3g	1%**
Total Sugars	<1g	†	2g	†
Includes Added Sugars	<1g	1%**	2g	4%**
Vitamin D ₃ (as cholecalciferol)	3.75 mcg (150 IU)	19%	15 mcg (600 IU)	75%
Calcium (as calcium carbonate)	325 mg	25%	1,300 mg	100%
Magnesium (as magnesium oxide)	50 mg	12%	200 mg	48%

**Percent Daily Values (DV) are based on a 2,000 calorie diet.
†Daily Value not established.

Other Ingredients: Dextrose, Acacia Gum, Citric Acid, Natural Flavor, Tartaric Acid

* THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

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FAQs

What nutrients does Chewable Cal Mag Plus provide?

Chewable Cal Mag Plus delivers three essential vitamins and minerals: calcium, magnesium, and vitamin D₃. One serving (4 chewable tablets) delivers 1,300 mg calcium, 200 mg magnesium, 15 mcg (600 IU) vitamin D₃.

What form of calcium is used in Chewable Cal Mag Plus?

Calcium carbonate and calcium citrate are both good sources of calcium. Calcium carbonate was chosen for Chewable Cal Mag Plus because it is a more concentrated form of calcium. As a result, this product is able to deliver 1,300 mg of calcium in only 4 chewable tablets.

How is this product new and improved?

Chewable Cal Mag Plus has a great new flavour (a naturally delicious orange flavour), reduced chalkiness, and a reduced serving size (4 chewable tablets vs. 5 chewable tablets), all while delivering the same powerful benefits as our old formula.

Is the orange flavour natural?

Yes.

Is Chewable Cal Mag Plus suitable for people with specific dietary restrictions or preferences?

Chewable Cal Mag Plus is vegetarian, dairy-free, gluten-free, soy-free, and Star-K kosher. However, it is not vegan as the vitamin D₃ is sourced from lanolin – the oil in sheep's wool.

Can I take Chewable Cal Mag Plus with my medications?

If you are taking medications, we always recommend you talk to your physician and/or pharmacist prior to using supplements.

Can I give Chewable Cal Mag Plus to my kids?

Yes. Chewable Cal Mag Plus can be used by kids ages 4 and over. Children 4–8 should take 2 tablets per day, preferably with food a few hours before or after taking other medications or natural health products.

If I am pregnant or nursing, can I take Chewable Cal Mag Plus?

If you are pregnant or nursing, we always recommend that you talk to your health care professional before using supplements.