

## Energize your day with complete nutrition

Backed by 100 years of innovation and packed with essential minerals, including calcium and iron. 100% DV or more of every vitamin, including biotin and folic acid, and our patented Bioactivated Absorption System™.

- + Supports heart, bone, immunity, energy\*
- GLUTEN FREE



Contains vitamin K. Seal under cap for your protection. See bottom for exp. date. NQ018A

 **Shaklee®**

# Multi+

## Vita-Lea® Women

The perfect multi for energy, immunity, and healthy appearance.\* Great as a pre- and postnatal.

## Based on 7 clinical studies

DIETARY SUPPLEMENT | 240 TABLETS



**DIRECTIONS:** Take 2 tablets daily.

### Supplement Facts

Serving Size: 2 Tablets  
Servings Per Container: 120

	Amount Per Serving	% DV	Pre-natal % DV		Amount Per Serving	% DV	Pre-natal % DV
Total Carbohydrate	<1 g	<1%**	<1%**	Iron (as ferrous fumarate)	18 mg	100%	67%
Vitamin A (70% as beta-carotene from <i>Blakeslea trispora</i> and 30% as vitamin A acetate)	1,500 mcg	167%	115%	Phosphorus (as dicalcium phosphate)	350 mg	28%	28%
Vitamin C (as ascorbic acid)	120 mg	133%	100%	Iodine (as potassium iodide and sea kelp)	290 mcg	193%	100%
Vitamin D <sub>3</sub> (as cholecalciferol)	25 mcg (1,000 IU)	125%	166%	Magnesium (as magnesium oxide)	200 mg	48%	50%
Vitamin E (as d-alpha-tocopheryl acid succinate and mixed tocopherols)	40 mg	267%	212%	Zinc (as zinc gluconate)	15 mg	136%	115%
Vitamin K (as phytonadione)	120 mcg	100%	133%	Selenium (as trace mineral protein hydrolysate)	70 mcg	127%	100%
Thiamin (as thiamine mononitrate)	1.5 mg	125%	107%	Copper (as copper gluconate)	1 mg	111%	77%
Riboflavin	1.7 mg	131%	106%	Manganese (as manganese gluconate)	2.6 mg	113%	100%
Niacin (as niacinamide)	20 mg	125%	111%	Chromium (as trace mineral protein hydrolysate)	120 mcg	343%	267%
Vitamin B <sub>6</sub> (as pyridoxine hydrochloride)	2 mg	118%	100%	Molybdenum (as trace mineral protein hydrolysate)	75 mcg	167%	150%
Folate	1,336 mcg DFE (800 mcg folic acid)	334%	223%	Sodium	5 mg	<1%	<1%
Vitamin B <sub>12</sub> (as cyanocobalamin)	6 mcg	250%	214%	Nickel (as trace mineral protein hydrolysate)	15 mcg	†	†
Biotin (as d-biotin)	300 mcg	1,000%	857%	Tin (as trace mineral protein hydrolysate)	10 mcg	†	†
Pantothenic Acid (as d-calcium pantothenate)	10 mg	200%	143%	Silicon (as silicon dioxide)	11 mg	†	†
Calcium (as dicalcium phosphate)	450 mg	35%	35%				

**OTHER INGREDIENTS:** MICROCRYSTALLINE CELLULOSE, HYDROXYPROPYL METHYLCELLULOSE, CROSCARMELOSE SODIUM, SPIRULINA, HYDROXYLATED SOY LECITHIN, INOSITOL, CHOLINE BITARTRATE, ALFALFA POWDER, GRAPEFRUIT BIOFLAVONOID, HESPERIDIN COMPLEX, LEMON BIOFLAVONOID, ORANGE BIOFLAVONOID, RICE BRAN POWDER, ROSE HIPS POWDER, ACEROLA EXTRACT.

Distributed by Shaklee Corporation  
4747 Willow Road, Pleasanton, CA 94588  
Product questions: 925.734.3638

No artificial flavors, sweeteners, colors, or preservatives added.

Item #20289

U.S. Patent No(s).  
6,465,013; 6,852,335

WARNING: ACCIDENTAL OVERDOSE OF IRON-CONTAINING PRODUCTS IS A LEADING CAUSE OF FATAL POISONING IN CHILDREN UNDER 6. KEEP THIS PRODUCT OUT OF REACH OF CHILDREN. IN CASE OF ACCIDENTAL OVERDOSE, CALL A DOCTOR OR POISON CONTROL CENTER IMMEDIATELY.

Manufactured in a facility that may also process tree nuts, milk, egg, soy, wheat, shellfish, and fish.  
\*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.