

Shaklee
Performance

Physique + Bio-Build

is a pure, natural high-octane fuel for rapid muscle recovery. It is made with our powerful Bio-Build blend, a mix of intelligent-release protein and carbohydrates clinically shown to naturally activate the body's recovery process. Delivers more energy to the muscle than either carbohydrates or protein alone.

 14 g PROTEIN	 38 g CARBOHYDRATES
 BUILD LEAN MUSCLE	 GLYCOGEN REPLENISHMENT

Why Physique + Bio-Build?

- + Helps build firm, lean muscle
- + Helps restore muscle energy
- + Supports muscle repair
- + Rapid recovery

The Shaklee Pure Performance Guarantee

- Guaranteed to be safe and free from banned substances
- No artificial flavors, sweeteners, or preservatives
- Star-D Kosher
- Gluten Free

#20495



NQ065A

MANUFACTURED IN A FACILITY THAT MAY ALSO PROCESS PEANUTS, TREE NUTS, MILK, EGG, SOY, WHEAT, AND FISH.

PRODUCT SOLD BY WEIGHT ONLY, NOT BY VOLUME. SETTLING WILL OCCUR DURING SHIPPING AND HANDLING.

Shaklee
Performance

BUILD+

Protein Plus
Recovery

Physique® + Bio-Build®

15 SERVINGS
PROTEIN POWDER

NET WT.
1 LB. 14 OZ. (855 g)



NATURAL
BANANA
FLAVORED

ENERGIZE / HYDRATE / **BUILD** / RECOVER

DIRECTIONS: Mix 3 scoops (57 g) of powder with 8 oz. of cold water (for a 99% lactose-free beverage) or non-fat milk. To help maximize recovery, consume immediately after working out and again two hours later.

Nutrition Facts

15 servings per container
Serving size **3 Scoops (57 g)**

Amount per serving
Calories 210

	% Daily Value*
Total Fat 0.5 g	1%
Saturated Fat 0 g	0%
Trans Fat 0 g	
Cholesterol <5 mg	2%
Sodium 80 mg	3%
Total Carbohydrate 38 g	14%
Dietary Fiber 0 g	0%
Total Sugars 21 g	
Includes 21 g Added Sugars	42%
Protein 14 g	28%
Vitamin D 0 mcg	0%
Calcium 150 mg	10%
Iron 0 mg	0%
Potassium 50 mg	2%
Vitamin A 225 mcg	25%

Amount per serving	% Daily Value*
Vitamin C 60 mg	70%
Vitamin E 5 mg	35%
Thiamin 1.35 mg	110%
Riboflavin 1.36 mg	100%
Niacin 20 mg	130%
Vitamin B ₆ 2 mg	120%
Folate 668 mcg DFE (400 mcg folic acid)	170%
Vitamin B ₁₂ 5.4 mcg	230%
Biotin 300 mcg	1,000%
Pantothenic Acid 9 mg	180%
Phosphorus 100 mg	8%
Magnesium 80 mg	20%
Zinc 3.8 mg	35%
Selenium 18 mcg	35%
Copper 0.5 mg	60%
Manganese 0.5 mg	20%
Chromium 30 mcg	90%
Molybdenum 19 mcg	40%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: BIO-BUILD® (DEXTRASE, MALTODEXTRIN, MILK PROTEIN ISOLATE, WHEY PROTEIN ISOLATE), NATURAL FLAVORS, SUNFLOWER LECTHIN, MAGNESIUM OXIDE, ASCORBIC ACID, XANTHAN GUM, NIACINAMIDE, SELENIUM YEAST, D-ALPHA-TOCOPHERYL ACETATE, CALCIUM PANTOTHENATE, MOLYBDENUM YEAST, VITAMIN B₁₂, ZINC OXIDE, VITAMIN A PALMITATE, COPPER GLUCONATE, VITAMIN B₆, MANGANESE SULFATE, RIBOFLAVIN, THIAMINE MONONITRATE, FOLIC ACID, BIOTIN, CHROMIUM NICOTINATE, COLORED WITH TURMERIC OLEORESIN. **CONTAINS MILK.**

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