

All eight B vitamins to work better together

Proprietary blend of ALL 8 essential B vitamins for energy, cardiovascular health, and cell renewal. Includes biotin for healthy hair, skin, and nails* and a patented folic acid coating to help reduce the risk of birth defects.* Helps metabolize energy from carbohydrates, fat, and protein.*

• **GLUTEN FREE**

U.S. Patent No(s)
6,465,013 and 6,852,335

Seal under cap for your protection.
See bottom for exp. date.



NQ011A

 **Shaklee**

+B Boost

B-Complex

Powerful support for vital bodily functions and daily energy*

Patented bio-activated absorption system

DIETARY SUPPLEMENT

120 TABLETS



DIRECTIONS: Take 2 tablets daily.

Supplement Facts

Serving Size: 2 Tablets
Servings Per Container: 60

	Amount Per Serving	% DV
Calories	5	
Total Carbohydrate	1 g	<1%**
Thiamin (as thiamine mononitrate)	20.25 mg	1,688%
Riboflavin	22.95 mg	1,765%
Niacin (as niacinamide)	270 mg	1,688%
Vitamin B6 (as pyridoxine hydrochloride)	27 mg	1,588%
Folate	668 mcg DFE (400 mcg folic acid)	167%
Vitamin B12 (as cyanocobalamin)	81 mcg	3,375%
Biotin (as d-biotin)	300 mcg	1,000%
Pantothenic Acid (as d-calcium pantothenate)	135 mg	2,700%

**Percent Daily Values (DV) are based on a 2,000 calorie diet.

OTHER INGREDIENTS: MICROCRYSTALLINE CELLULOSE, TORULA YEAST, HYDROXYPROPYL METHYLCELLULOSE, CROSCARMELLOSE SODIUM, HYDROXYLATED SOY LECITHIN. Distributed by Shaklee Corporation, 4747 Willow Road Pleasanton, CA 94588 • Product questions: 925.734.3638

No artificial flavors, sweeteners, colors, or preservatives added.



Item #20186

* THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

Manufactured in a facility that may also process peanuts, tree nuts, milk, egg, soy, wheat, shellfish, and fish.