

Shaklee®

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Meal-in-a-Bar

18 g Protein | 7 g Fiber | Powered by Leucine®

WHITE CHOCOLATE CINNAMON



- NON GMO
- GF GLUTEN FREE
- HIGH PROTEIN
- HIGH FIBER
- LOW GLYCEMIC INDEX

2.6 OZ. (72 g) EA. x 7 Bars

TOTAL NET WT. 17.8 OZ. (504 g)

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Feel Fuller Longer

Don't let your busy schedule get in the way of a healthy lifestyle. The bar you're holding is a perfectly balanced, complete meal that's convenient, filling, and great-tasting. Plus, Meal-in-a-Bar, when used as part of the Healthy Weight Program, is clinically proven to help you lose weight and keep it off.*



Fuel Your Day with Leucine

A key ingredient in our proprietary protein blend, leucine is an amino acid that helps your body build lean muscle, burn fat, and maintain your metabolism.**

SAFE • PROVEN SINCE 1956 100% GUARANTEED

- NON GMO
- GF GLUTEN FREE
- HIGH PROTEIN
- HIGH FIBER
- LOW GLYCEMIC INDEX
- KOSHER DAIRY

NO Artificial Flavors, Sweeteners, Colors, or Preservatives

Ingredients: Shaklee Protein Crunch Blend [Soy Crisps (Soy Protein Isolate, Tapioca Flour, Salt), L-Leucine, Soy Protein Isolate, Soy Protein Concentrate, Brown Rice Protein Concentrate], Organic Brown Rice Syrup, White Chocolate Chips (Sugar, Cocoa Butter, Whole Milk Powder, Skim Milk Powder, Butter Oil, Soy Lecithin, Natural Vanilla Extract), Raisins, Gluten-free Rolled Oats, Soluble Corn Fiber, Almonds, Glycerin, High Oleic Sunflower Oil, Dicalcium Phosphate, Ground Cinnamon, Inulin, Milled Flaxseed, Natural Flavor, White Chia Seeds, Sea Salt, Magnesium Oxide, Maltodextrin, Mixed Tocopherols, Ascorbic Acid, Vitamin E Acetate, Ferrous Fumarate, Niacinamide, Zinc Oxide, Vitamin A Palmitate, D-Calcium Pantothenate, Sodium Selenite, Copper Sulfate, Manganese Sulfate, Riboflavin, Vitamin B₆, Thiamine Hydrochloride, Chromium Polynicotinate, Folic Acid, Sodium Molybdate, D-Biotin, Potassium Iodide, Vitamin D₃, Vitamin B₁₂. **CONTAINS MILK, SOY, AND ALMONDS.**

Distributed by Shaklee Corporation, Groveport, OH 43125 • productsupport@shaklee.com • 1.800.SHAKLEE • MADE IN CANADA

Manufactured in a facility that may also process peanuts, tree nuts, milk, egg, soy, and wheat.

Crave more? Contact your Shaklee Ambassador, call 1.800.SHAKLEE, or visit Shaklee.com.

*Clinical study participants replaced two meals with Shaklee Life Shakes or Meal-in-a-Bar daily and followed a 45-minute exercise program twice weekly. See full details of clinical studies at healthresource.shaklee.com.
 **When used as part of the Healthy Weight Program.

Nutrition Facts

7 servings per container
 Serving size 1 Bar (72 g)

Amount Per Serving	Calories	270
		% Daily Value*
Total Fat	5 g	6%
Saturated Fat	1.5 g	8%
Trans Fat	0 g	
Cholesterol	0 mg	0%
Sodium	400 mg	17%
Total Carbohydrate	37 g	13%
Dietary Fiber	7 g	25%
Total Sugars	14 g	
Includes 14 g Added Sugars		28%
Protein	18 g	36%
Vitamin D	4.4 mcg (175 IU)	20%
Calcium	350 mg	25%
Iron	4.5 mg	25%
Potassium	110 mg	2%
Vitamin A	300 mcg	35%
Vitamin C	21 mg	25%
Vitamin E	7 mg	45%
Thiamin	0.6 mg	50%
Riboflavin	1 mg	80%
Niacin	7 mg	45%
Vitamin B ₆	0.8 mg	45%
Folate	267 mcg DFE (160 mcg Folic Acid)	70%
Vitamin B ₁₂	3 mcg	120%
Biotin	105 mcg	350%
Pantothenic Acid	4.5 mg	90%
Phosphorus	350 mg	30%
Iodine	53 mcg	35%
Magnesium	160 mg	40%
Zinc	5.3 mg	50%
Selenium	32 mcg	60%
Copper	0.7 mg	80%
Manganese	0.7 mg	30%
Chromium	96 mcg	270%
Molybdenum	26 mcg	60%
Chloride	230 mg	10%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

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