



Shaklee®



Meal-in-a-Bar

20 g Protein | 6 g Fiber | Powered by Leucine®

PEANUT BUTTER & CHOCOLATE CHIP



2.5 OZ. (70 g) EA. x 7 Bars

TOTAL NET WT. 17 OZ. (490 g)

Feel Fuller Longer

Don't let your busy schedule get in the way of a healthy lifestyle. The bar you're holding is a perfectly balanced, complete meal that's convenient, filling, and great-tasting. Plus, Meal-in-a-Bar, when used as part of the Healthy Weight Program, is clinically proven to help you lose weight and keep it off.*



Fuel Your Day with Leucine

A key ingredient in our proprietary protein blend, leucine is an amino acid that helps your body build lean muscle, burn fat, and maintain your metabolism.**



NO Artificial Flavors, Sweeteners, Colors, or Preservatives

Ingredients: Soy Protein Crisp (Soy Protein Isolate, Tapioca Flour, Salt), Fructose Syrup, Semi-sweet Chocolate Chips (Sugar, Chocolate Liquor, Cocoa Butter, Dextrose, Soy Lecithin), Honey, Soluble Corn Fiber, Shaklee Proprietary Protein Blend (Soy Protein Isolate, L-Leucine, Brown Rice Protein Concentrate), Roasted Peanuts, Brown Rice Syrup, Peanut Butter, Glycerin, Peanut Flour, Gluten-free Rolled Oats, Guar Gum, Dicalcium Phosphate, Sunflower Lecithin, Salt, Magnesium Oxide, Maltodextrin, Ascorbic Acid, Vitamin E Acetate, Ferrous Fumarate, Nicotinamide, Zinc Oxide, Vitamin A Palmitate, D-Calcium Pantothenate, Sodium Selenite, Copper Sulfate, Manganese Sulfate, Riboflavin, Vitamin B₆, Thiamine Hydrochloride, Chromium Polynicotinate, Folic Acid, Sodium Molybdate, D-Biotin, Potassium Iodide, Vitamin D₃, Vitamin B₁₂. **CONTAINS PEANUTS AND SOY. MAY CONTAIN MILK.**

Distributed by Shaklee Corporation, Groveport, OH 43125 • productsupport@shaklee.com • 1.800.SHAKLEE • MADE IN CANADA

Manufactured in a facility that may also process peanuts, tree nuts, milk, egg, soy, and wheat.

Crave more? Contact your Shaklee Ambassador, call 1.800.SHAKLEE, or visit Shaklee.com.

*Clinical study participants replaced two meals with Shaklee Life Shakes or Meal-in-a-Bar daily and followed a 45-minute exercise program twice weekly. See full details of clinical studies at healthresource.shaklee.com.

†When used as part of the Healthy Weight Program.

Nutrition Facts

7 servings per container	
Serving size	1 Bar (70 g)
Amount Per Serving	
Calories	270
% Daily Value*	
Total Fat 7 g	9%
Saturated Fat 2.5 g	13%
Trans Fat 0 g	
Cholesterol 0 mg	0%
Sodium 400 mg	17%
Total Carbohydrate 32 g	12%
Dietary Fiber 6 g	21%
Total Sugars 19 g	
Includes 19 g Added Sugars	38%
Protein 20 g	40%
Vitamin D 4.4 mcg (175 IU)	20%
Calcium 350 mg	25%
Iron 4.5 mg	25%
Potassium 150 mg	4%
Vitamin A 300 mcg	35%
Vitamin C 21 mg	25%
Vitamin E 7 mg	45%
Thiamin 0.6 mg	50%
Riboflavin 1 mg	80%
Niacin 7 mg	45%
Vitamin B ₆ 0.8 mg	45%
Folate 267 mcg DFE (160 mcg Folic Acid)	70%
Vitamin B ₁₂ 3 mcg	120%
Biotin 105 mcg	350%
Pantothenic Acid 4.5 mg	90%
Phosphorus 350 mg	30%
Iodine 53 mcg	35%
Magnesium 160 mg	40%
Zinc 5.3 mg	50%
Selenium 32 mcg	60%
Copper 0.7 mg	80%
Manganese 0.7 mg	30%
Chromium 96 mcg	270%
Molybdenum 26 mcg	60%
Chloride 230 mg	10%

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