



Shaklee®  
PERFORMANCE™

pre-workout drink

CRUSH YOUR WORKOUT

Formulated to help increase energy, improve physical performance, sharpen focus, and delay muscle fatigue.\*

# Energize

natural lemon

NET WT. 3.2 OZ. (91.3 g) / 0.11 OZ. (3 g) EA. x 30 Sticks

**A BURST OF ENERGY  
THAT COMES ON STRONG  
AND STAYS ON LONG**

Get the most out of what you put in. Delivers 100 mg natural caffeine from green tea extract, 800 mg beta-alanine, and 100 mg L-theanine for long-lasting energy that helps you work out harder and longer.\*



NO Artificial Flavors, Sweeteners, or Preservatives

**Directions:** Mix 1 stick with 8 oz. of water.

Supplement Facts		
Serving Size: 1 Stick (3 g)		
Servings Per Container: 30		
	Amount Per Serving	% DV
Calories	10	
Total Carbohydrate	2 g	1%**
Total Sugars	1 g	†
Includes Added Sugars	1 g	2%**
Beta-Alanine	800 mg	†
L-Theanine	100 mg	†
Caffeine (from Green Tea)	100 mg	†

\*\*Percent Daily Values (DV) are based on a 2,000 calorie diet. †Daily Value not established.

**Other Ingredients:** Cane Sugar, Citric Acid, Natural Flavor, Rebbaudioside M, Turmeric Powder For Color.

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**Caution:** Not intended for use by children or by pregnant or lactating women, and not recommended for use by those who are sensitive to caffeine.



Item # 21510 XD889B

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



**GREEN TEA EXTRACT**  
provides natural caffeine for lasting energy without the crash.\*



**BETA-ALANINE**  
increases performance, delays fatigue, and reduces perceived exertion.\*



**L-THEANINE**  
and natural caffeine sharpen mental focus to help you push through.\*