

## QUICKER RECOVERY, NATURAL RELIEF\*

Formulated to reduce delayed onset muscle soreness (DOMS), optimize post-workout recovery, and alleviate discomfort with ultra-pure tart cherry extract and a patented natural pain relief blend that contains boswellia and safflower extracts.\*



**NO Artificial Flavors, Sweeteners,  
Colors, or Preservatives**



Shaklee  
PERFORMANCE™

## pm recovery complex

**ALLEVIATE SORENESS FASTER\***

Clinically tested ingredients to help  
reduce post-workout muscle soreness\*

# Recover

Dietary Supplement

60 Capsules

**DIRECTIONS:** Take 2 capsules daily before bedtime.

NQ297A

### Supplement Facts

Serving Size: 2 capsules  
Servings Per Container: 30

	Amount Per Serving	% DV
Total Carbohydrate	<1 g	<1%**
Proprietary Recovery Complex Blend	745 mg	†
Tart Cherry Extract ( <i>Prunus cerasus</i> ) (fruit)		
Boswellia Extract ( <i>Boswellia serrata</i> Roxb.) (resin)		
Safflower Extract ( <i>Carthamus tinctorius</i> L.) (flower)		

\*\* Percent Daily Values are based on a 2,000 calorie diet.  
† Daily Value not established.

**Other Ingredients:** Microcrystalline Cellulose in a Vegetarian Capsule (Hydroxypropyl Methylcellulose, Water).

Distributed by Shaklee Corporation, Pleasanton, CA 94566  
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Seal under cap for your protection. See bottom for exp. date.  
Manufactured in a facility that may also process peanuts, tree nuts, milk, egg, soy, wheat, sesame, shellfish, and fish.

U.S. Pat. No. 7,195,790



\* THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT MEANT TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

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