

A Calming Blend of Herbs & Nutrients*

Promotes a calm, relaxed state using a blend of L-theanine, ashwagandha, beta-sitosterol, and L-tyrosine to help reduce feelings of stress without causing drowsiness.*



NO Artificial Flavors, Sweeteners, Colors, or Preservatives

Shaklee®

Stress Relief Complex*

Nondrowsy formula helps relieve tension & stress*

30
CAPLETS



DIETARY SUPPLEMENT

DIRECTIONS: Take 1 caplet daily.

Supplement Facts

Serving Size: 1 Caplet

	Amount Per Serving	% DV
L-Theanine	100 mg	†
Ashwagandha Root Extract	100 mg	†
Beta-Sitosterol (from soybean phytosterols)	60 mg	†
L-Tyrosine	100 mg	†

†Daily Value (DV) not established.

Other Ingredients: Dicalcium Phosphate, Magnesium Stearate, Croscarmellose Sodium.

Distributed by Shaklee Corporation
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Product questions: 925.734.3638

CAUTION: Not recommended for use by children. If pregnant or nursing, consult your physician prior to use.

* THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

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Item #20656