

# Good Health. Great Taste.

**Boosts Energy & Satiety** Contains 20 g ultra-pure protein with precise essential amino acid ratios to help you stay energized and satisfied.

**Supports Heart, Brain, Vision, Immune, Bone & Overall Health** Packed with 24 essential vitamins and minerals, ALA (an essential omega-3 fatty acid), and other nutrients to benefit your whole body.

**Promotes Digestive Health & Regularity** Provides 6 g of fiber, a proprietary prebiotic from organic ancient grains, and digestive enzymes to help keep your gut happy.

**A Delicious, Low-Glycemic Meal** Features our new zero-calorie natural sweetener.

**Clinically Proven to Help You Lose Excess Weight and Keep It Off** Powered by Leucine® to support metabolism, burn fat, and help you build lean muscle.†

**Need Some Healthy Ideas?** Add fruits, vegetables, or nut butters to customize with your favorite ingredients. Find healthy recipes at [go.shaklee.com](http://go.shaklee.com)



**NO Artificial Flavors, Sweeteners, or Preservatives**

Life Shake™ is an integral part of the clinically proven Shaklee 180® program.

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# Shaklee®

## Life Shake™

CAFÉ LATTE

### Soy Protein

Delicious, all-in-one meal. Clinically proven to help create the foundation for a longer, healthier life.



<b>20g</b> PROTEIN	<b>6g</b> FIBER	<b>24</b> VITAMINS & MINERALS	<b>GF</b> GLUTEN FREE	<b>V</b> VEGAN	<b>NON</b> GMO	<b>LG</b> LOW GLYCEMIC	<i>Dr Shaklee</i>
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14 SERVINGS | NET WEIGHT 1LB. 5 OZ. (598 g)



**DIRECTIONS:** Blend or shake 2 scoops with 8–10 oz. of your favorite beverage for a healthy meal replacement.

## Nutrition Facts

14 servings per container  
Serving size **2 Scoops (43 g)**

Amount per serving (mix alone)  
**Calories 150**  
% Daily Value\*

<b>Total Fat</b> 3 g	<b>4%</b>
Saturated Fat 0.5 g	<b>3%</b>
Trans Fat 0 g	
Polyunsaturated Fat 0.5 g	
Monounsaturated Fat 1.5 g	
<b>Cholesterol</b> 0 mg	<b>0%</b>
<b>Sodium</b> 420 mg	<b>18%</b>
<b>Total Carbohydrate</b> 14 g	<b>5%</b>
Dietary Fiber 6 g	<b>21%</b>
Total Sugars 5 g	
Includes 5 g Added Sugars	<b>10%</b>
<b>Protein</b> 20 g	<b>40%</b>

Vitamin D 3.5 mcg (140 IU)	20%
Calcium 120 mg	10%
Iron 2.7 mg	15%
Potassium 150 mg	4%
Vitamin A 90 mcg	10%
Vitamin C 21 mg	25%
Vitamin E 5.2 mg	35%
Thiamin 0.42 mg	35%
Riboflavin 0.45 mg	35%

Amount per serving	% Daily Value*
Niacin 5.6 mg	35%
Vitamin B <sub>6</sub> 0.6 mg	35%
Folate 138 mcg DFE (83 mcg folic acid)	35%
Vitamin B <sub>12</sub> 0.83 mcg	35%
Biotin 10.5 mcg	35%
Pantothenic Acid 1.8 mg	35%
Phosphorus 230 mg	20%
Magnesium 90 mg	20%
Zinc 4 mg	35%
Selenium 13 mcg	25%
Copper 0.3 mg	35%
Manganese 0.3 mg	15%
Chromium 8 mcg	25%
Molybdenum 25 mcg	60%
Chloride 270 mg	10%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**INGREDIENTS:** Shaklee Proprietary Protein Blend (Soy Protein Concentrate, Soy Protein Isolate, L-leucine, Organic Pumpkin Seed Protein, Organic Chia Seed Protein), Natural Cane Sugar, Sunflower Oil Powder, Natural Flavors, Proprietary Fiber Blend [Soluble Corn Fiber, Organic Ancient Grains Blend (Organic Amaranth, Organic Buckwheat, Organic Millet, Organic Quinoa, Organic Chia)], Proprietary Vitamin And Mineral Blend [Dicalcium Phosphate, Potassium Chloride, Magnesium Oxide, Ascorbic Acid, D-alpha-tocopheryl Acetate, Nicotinamide, Zinc Oxide, Calcium Pantothenate, Vitamin A Palmitate, Vitamin D<sub>3</sub>, Vitamin B<sub>12</sub>, Pyridoxine Hydrochloride, Riboflavin, Thiamine Mononitrate, Folic Acid, Biotin], Cocoa Processed With Alkali, Salt, Milled Golden Flaxseed, Rebaudioside M, Guar Gum, Digestive Enzyme Blend (Papain, Bromelain).

Distributed by Shaklee Corporation  
4747 Willow Road, Pleasanton, CA 94588  
Product questions: 925.734.3638

Manufactured in a facility that may also process peanuts, tree nuts, milk, egg, soy, wheat, and fish. Product sold by weight only, not by volume. Settling will occur during shipping and handling.

\*When used as part of the Shaklee 180 Program.

Patent # US 7,744,930 B2

Item #21329



Shaklee quality standards go beyond how and where an ingredient is grown. We look to confirm the purity and potency of ingredients after harvest to guarantee that the final finished product is free of hundreds of chemical contaminants.