

## Promotes a tranquil state of mind\*

Helps relax the body and mind and promotes alertness while enhancing the body's ability to adapt to stress.\* Contains ashwagandha, a traditional herb used to help the body adapt to stress.

### • GLUTEN FREE

**CAUTION:** Not recommended for use by children. If pregnant or nursing, consult your physician prior to use.

Seal under cap for your protection.

See bottom for exp. date.



NG816A

 Shaklee

## +Stress Relief

## Stress Relief Complex\*

Non-drowsy formula helps relieve tension & stress\*

**L-theanine, ashwagandha, beta-sitosterol & L-tyrosine**

DIETARY SUPPLEMENT | 30 CAPLETS



**DIRECTIONS:** Take 1 caplet daily.

## Supplement Facts

Serving Size: 1 Caplet

	Amount Per Serving	% DV
L-Theanine	100 mg	†
Ashwagandha Root Extract ( <i>Withania somnifera</i> )	100 mg	†
Beta-Sitosterol (from soybean phytosterols)	60 mg	†
L-Tyrosine (from sugar beet <i>Beta vulgaris</i> ) (root)	100 mg	†

†Daily Value (DV) not established.

**OTHER INGREDIENTS:** DICALCIUM PHOSPHATE, CROSCARMELOSE SODIUM. 

Distributed by Shaklee Corporation  
4747 Willow Road, Pleasanton, CA 94588  
Product questions: 925.734.3638

**No artificial flavors, sweeteners, colors, or preservatives added.**

\*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

Manufactured in a facility that may also process tree nuts, milk, egg, soy, wheat, shellfish, and fish.

Item #20656