

High-Potency Multivitamin for Men's Unique Needs

VITA-LEA® WITHOUT IRON

Vita-Lea Without Iron is a complete multivitamin and multimineral that supports men's overall health. Vita-Lea Without Iron provides what you may be missing at meals with 23 vitamins and minerals to support biological functions which play a key role in the maintenance of good health.

#57445 | 120 TABLETS



Gluten Free



Kosher



Vegetarian



Dairy Free

SUPPORT YOUR OVERALL HEALTH AND WELL-BEING

Why We Love It

- Formulated for men under 50 years old and women who do not want supplemental iron
- Provides the foundation for your daily micronutrient needs with 23 essential vitamins and minerals
- Supports biological functions which play a key role in the maintenance of good health
- Clinically proven health benefits
- Rigorous quality testing. 352 quality tests for each production

Vita-Lea® Without Iron

DOSAGE: ADULTS: 2 tablets daily with food a few hours before or after other medications or natural health products.

	Amount Per Tablet
Beta-carotene (<i>Blakeslea trispora</i>)	2100 mcg (3500 IU)
Biotin	150 mcg
Boron (boron glycinate)	0.5 mg
Calcium (dicalcium phosphate)	225 mg
Chromium (chromium chloride)	60 mcg
Copper (copper gluconate)	0.5 mg
Folate (folic acid)	200 mcg (334 mcg DFE)
Iodine (potassium iodide, <i>Laminaria digitata</i>)	75 mcg
Magnesium (magnesium oxide)	112.5 mg
Manganese (manganese gluconate)	1.3 mg
Molybdenum (sodium molybdate)	37.5 mcg
Niacinamide	10 mg
Nickel (nickel sulphate)	7.5 mcg
Pantothenic acid (calcium d-pantothenate)	5 mg
Phosphorus (dicalcium phosphate)	175 mg
Riboflavin	0.85 mg
Selenium (sodium selenate)	35 mcg
Silicon (silicon dioxide)	1 mg
Thiamine (thiamine mononitrate)	0.75 mg
Tin (stannous chloride)	5 mcg
Vanadium (sodium metavanadate)	10 mcg
Vitamin A (vitamin A acetate)	225 mcg RAE (750 IU)
Vitamin B ₆ (pyridoxine hydrochloride)	1 mg
Vitamin B ₁₂ (cyanocobalamin)	3 mcg
Vitamin C (ascorbic acid)	60 mg
Vitamin D ₃ (cholecalciferol)	12.5 mcg (500 IU)
Vitamin E (d-alpha-tocopheryl acid succinate)	20 mg AT (30 IU)
Vitamin K ₁ (phytonadione)	60 mcg
Zinc (zinc gluconate)	7.5 mg

NON-MEDICINAL INGREDIENTS: ACEROLA (*MALPIGHIA GLABRA*) FRUIT EXTRACT, ALFALFA, CHOLINE BITARTRATE, CITRUS BIOFLAVONOIDS (GRAPEFRUIT, LEMON, ORANGE), CROSCARMELOSE SODIUM, HESPERIDIN COMPLEX, HYDROMELLOSE, INOSITOL, MAGNESIUM STEARATE, MANNITOL, MEDIUM CHAIN TRIGLYCERIDES, MICROCRYSTALLINE CELLULOSE, MIXED TOCOPHEROLS CONCENTRATE, PEA PROTEIN, RICE BRAN POWDER, ROSE HIPS POWDER, SPIRULINA.



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FAQs

How do I know if Vita-Lea Without Iron is right for me?

Vita-Lea Without Iron is uniquely formulated to meet the specific nutritional needs of men under 50. Because it is formulated without iron, it is also great for women who do not require (or want) supplemental iron. If you fit this profile, Vita-Lea Without Iron is the perfect multivitamin for you.

How many vitamins and minerals are in Vita-Lea Without Iron?

Vita-Lea Without Iron delivers 23 essential vitamins and minerals in 2 tablets. It also contains essential minerals including calcium, iodine, zinc, and extra magnesium.

Can I give Vita-Lea Without Iron to my kids?

Vita-Lea Without Iron is specifically formulated for adults 18 years and older. Without Iron.

Is Vita-Lea Without Iron suitable for people with specific dietary restrictions or preferences?






Vita-Lea Without Iron is vegetarian, gluten free, non-dairy, and Star-K Kosher. We always recommend that you consult with your physician if you have any specific concerns regarding whether a product is appropriate for you.

How should Vita-Lea Without Iron be stored?

Vita-Lea Without Iron should be stored in a cool, dry place.

The Most Comprehensive. Clinically Proven. Multi.



	Vita-Lea® With Iron	Vita-Lea® Without Iron	Vita-Lea® Gold With Vitamin K	Vita-Lea® Gold Without Vitamin K	Vita-Lea® Gummy
Description	High-potency mineral with added iron.	High-potency multivitamin/mineral without added iron.	High-potency multivitamin/mineral for adults 50+.	High-potency multivitamin/mineral without vitamin K for adults 50+.	Strawberry-flavoured multivitamin/mineral gummy.
Nutrition	<ul style="list-style-type: none"> • 24 essential vitamins and minerals 	<ul style="list-style-type: none"> • 23 essential vitamins and minerals 	<ul style="list-style-type: none"> • 23 essential vitamins and minerals • N-acetylcysteine 	<ul style="list-style-type: none"> • 22 essential vitamins and minerals • N-acetylcysteine 	<ul style="list-style-type: none"> • 12 essential vitamins and minerals
Form					
Points of difference	<ul style="list-style-type: none"> • Contains iron • Contains added folic acid • Contains added iodine • Great for prenatal and postnatal care 	<ul style="list-style-type: none"> • Does not contain iron 	<ul style="list-style-type: none"> • Contains added B vitamins and zinc to support age-related changes • Contains N-acetylcysteine 	<ul style="list-style-type: none"> • Does not contain vitamin K • Contains added B vitamins and zinc to support age-related changes • Contains N-acetylcysteine 	<ul style="list-style-type: none"> • Gummy
Who is this for?	Menstruating women of child-bearing age.	Men under 50 years old, and women who do not want supplemental iron.	Men and women over 50 years old, and younger women no longer menstruating.	Men and women over 50 years old, and younger women no longer menstruating. Ideal for those taking blood-thinning medication (such as warfarin and Coumadin).	Individuals who prefer gummies over tablets.

Over 1,700+ quality tests conducted across the Vita-Lea line for each production

Our quality standards exceed US Pharmacopeia, US GMP, US FDA, and other international regulatory standards.