

The Perfect Gummy Multivitamin to Fill Nutrient Gaps

VITA-LEA® GUMMY

Vita-Lea Gummy is a strawberry multivitamin gummy that contains core nutrients to support overall health, including immune health, and helps in energy metabolism. This gummy provides what you may be missing at meals.

#57441 | 90 GUMMIES



Gluten Free Vegetarian Dairy Free

SUPPORT YOUR OVERALL HEALTH AND WELL-BEING

Why We Love It

- Formulated for individuals who prefer gummies over tablets
- Helps fill nutrient gaps with 12 essential vitamins and minerals
- Supports energy metabolism and immune health, and more
- Clinically proven health benefits
- Available in a sugar-free, strawberry-flavoured gummy

Vita-Lea® Gummy

DOSAGE: CHILDREN, ADOLESCENTS AND ADULTS

(4 years and over): 2 gummies daily. Take with food, a few hours before or after taking other medications or natural health products.

	Amount Per Gummy
Vitamin C (ascorbic acid)	45 mg
Vitamin E (d-alpha tocopherol)	7.5 mg AT
Niacinamide	4 mg
Zinc (zinc citrate)	2.75 mg
Pantothenic acid (calcium d-pantothenate)	2.5 mg
Vitamin B ₆ (pyridoxine hydrochloride)	0.425 mg
Vitamin A (all-trans-retinyl palmitate)	247.5 mcg RAE
Beta-carotene	02.5 mcg
Folate (folic acid)	60 mcg
Iodine (potassium iodide)	37.5 mcg
Biotin	15 mcg
Vitamin D (cholecalciferol)	10 mcg
Vitamin B ₁₂ (cyanocobalamin)	1.2 mcg

NON-MEDICINAL INGREDIENTS: CITRIC ACID, DAUCUS CAROTA SATIVA (CARROT) ROOT EXTRACT, D-LACTIC ACID, D-MALIC ACID, ERYTHRITOL, MALTITOL SYRUP, MONK FRUIT EXTRACT, PECTIN, STRAWBERRY FLAVOUR, WATER, XYLITOL.

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FAQs

How do I know if Vita-Lea Gummy is right for me?

With essential vitamins and minerals foundational to overall health and well-being, our Vita-Lea Gummy is an excellent alternative multivitamin solution for anyone who struggles with swallowing tablets and people who prefer other delivery forms.

How many vitamins and minerals are in Vita-Lea Gummy?

Vita-Lea Gummy provides 12 essential vitamins and minerals. These include key nutrients of concern, vitamins A, B₆, B₁₂, C, D, and E, niacin, folic acid, biotin, pantothenate, iodine, and zinc. Due to their format, gummy vitamins cannot hold as many nutrients as tablets. Consequently, Vita-Lea Gummy contains fewer vitamins and minerals than Vita-Lea tablets. When formulating this product, we focused on including the most critical nutrients to ensure it meets the key nutritional needs of most people.

Can I give Vita-Lea Gummy to my kids?

Yes. Kids ages 4 and up and adults can take Vita-Lea Gummy and should take 2 gummies daily.

What is the serving size for Vita-Lea Gummy?

Children 4 years and adults should take 2 gummies daily. Adults 18 years and older should take 3 gummies daily.

Is Vita-Lea Gummy suitable for people with specific dietary restrictions or preferences?

Vita-Lea Gummy is vegetarian, gluten free, and non-dairy. We always recommend that you consult with your physician if you have any specific concerns regarding whether a product is appropriate for you.

Does Vita-Lea Gummy have a flavour?

Yes, Vita-Lea Gummy is strawberry-flavoured.

Does Vita-Lea Gummy contain sugar or other sweeteners?

Vita-Lea Gummy is sugar-free. Instead, it utilizes a maltitol base and is sweetened with xylitol, erythritol, and monk fruit extract. One Vita-Lea gummy contains ~7 calories per gummy.

Why do the gummies have a white coating?






The sanding on the outside of the gummies is maltitol, a naturally derived, sugar-free sweetener. This sanding helps reduce stickiness.

How should Vita-Lea Gummy be stored?

Vita-Lea Gummy should be stored in a cool, dry place away from direct sunlight.

The Most Comprehensive. Clinically Proven. Multi.



	Vita-Lea® With Iron	Vita-Lea® Without Iron	Vita-Lea® Gold With Vitamin K	Vita-Lea® Gold Without Vitamin K	Vita-Lea® Gummy
Description	High-potency mineral with added iron.	High-potency multivitamin/mineral without added iron.	High-potency multivitamin/mineral for adults 50+.	High-potency multivitamin/mineral without vitamin K for adults 50+.	Strawberry-flavoured multivitamin/mineral gummy.
Nutrition	<ul style="list-style-type: none"> • 24 essential vitamins and minerals 	<ul style="list-style-type: none"> • 23 essential vitamins and minerals 	<ul style="list-style-type: none"> • 23 essential vitamins and minerals • N-acetylcysteine 	<ul style="list-style-type: none"> • 22 essential vitamins and minerals • N-acetylcysteine 	<ul style="list-style-type: none"> • 12 essential vitamins and minerals
Form					
Points of difference	<ul style="list-style-type: none"> • Contains iron • Contains added folic acid • Contains added iodine • Great for prenatal and postnatal care 	<ul style="list-style-type: none"> • Does not contain iron 	<ul style="list-style-type: none"> • Contains added B vitamins and zinc to support age-related changes • Contains N-acetylcysteine 	<ul style="list-style-type: none"> • Does not contain vitamin K • Contains added B vitamins and zinc to support age-related changes • Contains N-acetylcysteine 	<ul style="list-style-type: none"> • Gummy
Who is this for?	Menstruating women of child-bearing age.	Men under 50 years old, and women who do not want supplemental iron.	Men and women over 50 years old, and younger women no longer menstruating.	Men and women over 50 years old, and younger women no longer menstruating. Ideal for those taking blood-thinning medication (such as warfarin and Coumadin).	Individuals who prefer gummies over tablets.

Over 1,700+ quality tests conducted across the Vita-Lea line for each production

Our quality standards exceed US Pharmacopeia, US GMP, US FDA, and other international regulatory standards.