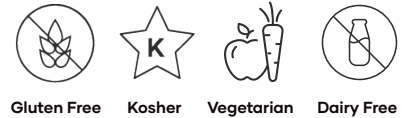


# High-Potency Multivitamin for Adults 50+

## VITA-LEA® GOLD WITH VITAMIN K

Vita-Lea Gold With Vitamin K is a complete multivitamin and multimineral ideal for adults 50+ and suitable for those taking blood-thinning medications. Vita-Lea Gold promotes overall health, including bone health, immune health, metabolic function, and healthy skin, hair, nails, teeth and gums. Plus extra B vitamins, zinc, and N-acetylcysteine to support age-related changes, as well as more calcium and magnesium. health.

#57450 | 120 TABLETS



Gluten Free    Kosher    Vegetarian    Dairy Free

SUPPORT YOUR OVERALL HEALTH AND WELL-BEING

## Why We Love It

- Formulated for men over 50 and women who are no longer menstruating
- Provides the foundation for your daily micronutrient needs with 23 essential vitamins and minerals
- Contains added B vitamins and zinc to support age-related changes
- Supports healthy calcium metabolism, maintain immune function, and helps in energy metabolism and tissue formation
- Clinically proven health benefits
- Rigorous quality testing. 351 quality tests for each production

### Vita-Lea® Gold With Vitamin K

**DOSAGE: ADULTS:** 2 tablets daily with food a few hours before or after other medications or natural health products.

	Amount Per Tablet
Beta-carotene ( <i>Blakeslea trispora</i> )	2100 mcg (3500 IU)
Biotin	150 mcg
Boron (boron glycinate)	0.5 mg
Calcium (dicalcium phosphate)	225 mg
Chromium (chromium chloride)	60 mcg
Copper (copper gluconate)	0.5 mg
Folate (folic acid)	200 mcg (334 mcg DFE)
Iodine (potassium iodide, <i>Laminaria digitata</i> )	75 mcg
Magnesium (magnesium oxide)	112.5 mg
Manganese (manganese gluconate)	1.15 mg
Molybdenum (sodium molybdate)	37.5 mcg
N-acetyl-L-cysteine	25 mg
Niacinamide	15 mg
Nickel (nickel sulphate)	2.5 mcg
Pantothenic acid (calcium d-pantothenate)	7.5 mg
Phosphorus (dicalcium phosphate)	175 mg
Riboflavin	1.275 mg
Selenium (sodium selenate)	35 mcg
Silicon (silicon dioxide)	1 mg
Thiamine (thiamine mononitrate)	1.125 mg
Tin (stannous chloride)	5 mcg
Vanadium (sodium metavanadate)	10 mcg
Vitamin A (vitamin A acetate)	225 mcg RAE (750 IU)
Vitamin B <sub>6</sub> (pyridoxine hydrochloride)	2 mg
Vitamin B <sub>12</sub> (cyanocobalamin)	12 mcg
Vitamin C (ascorbic acid)	60 mg
Vitamin D <sub>3</sub> (cholecalciferol)	12.5 mcg (500 IU)
Vitamin E (d-alpha-tocopheryl acid succinate)	20 mg AT (30 IU)
Vitamin K <sub>1</sub> (phytonadione)	60 mcg
Zinc (zinc gluconate)	11.25 mg

**NON-MEDICINAL INGREDIENTS:** ACEROLA (*MALPIGHIA GLABRA*) FRUIT EXTRACT, ALFALFA, CHOLINE BITARTRATE, CITRUS BIOFLAVONOIDS (GRAPEFRUIT, LEMON, ORANGE), CROSCARMELOSE SODIUM, HESPERIDIN COMPLEX, HYPPROMELLOSE, INOSITOL, MAGNESIUM STEARATE, MANNITOL, MEDIUM CHAIN TRIGLYCERIDES, MICROCRYSTALLINE CELLULOSE, MIXED TOCOPHEROLS CONCENTRATE, PEA PROTEIN, RICE BRAN POWDER, ROSE HIPS POWDER, SPIRULINA.



VITA-LEA® GOLD WITH VITAMIN K

## High-Potency Multivitamin for Adults 50+

### FAQs

#### **How do I know if Vita-Lea Gold With Vitamin K is right for me?**

Vita-Lea Gold With Vitamin K is uniquely formulated to meet the specific nutritional needs of men and women over 50 and younger women who are no longer menstruating. It's formulated with higher amounts of B vitamins and zinc to support age-related changes plus the antioxidant N-acetylcysteine to help defend against oxidative stress. If you fit this profile, Vita-Lea Gold With Vitamin K is the perfect multivitamin for you.

#### **How many vitamins and minerals are in Vita-Lea Gold With Vitamin K?**

Vita-Lea Gold With Vitamin K delivers 23 essential vitamins and minerals. Additionally, it also contains essential minerals such as calcium, iodine, and zinc along with the antioxidant N-acetylcysteine.

#### **Can I give Vita-Lea Gold to my kids?**

Vita-Lea Gold (with and without vitamin K) is specifically formulated for adults 50 years and older.

#### **Is Vita-Lea Gold With Vitamin K suitable for people with specific dietary restrictions or preferences?**






Vita-Lea Gold (with and without vitamin K) is vegetarian, gluten free, non-dairy, and Star-K Kosher. We always recommend that you consult with your physician if you have any specific concerns regarding whether a product is appropriate for you.

#### **How should Vita-Lea Gold be stored?**

Vita-Lea Gold (with and without vitamin K) should be stored in a cool, dry place.

# The Most Comprehensive. Clinically Proven. Multi.



	Vita-Lea® With Iron	Vita-Lea® Without Iron	Vita-Lea® Gold With Vitamin K	Vita-Lea® Gold Without Vitamin K	Vita-Lea® Gummy
Description	High-potency mineral with added iron.	High-potency multivitamin/mineral without added iron.	High-potency multivitamin/mineral for adults 50+.	High-potency multivitamin/mineral without vitamin K for adults 50+.	Strawberry-flavoured multivitamin/mineral gummy.
Nutrition	<ul style="list-style-type: none"> <li>• 24 essential vitamins and minerals</li> </ul>	<ul style="list-style-type: none"> <li>• 23 essential vitamins and minerals</li> </ul>	<ul style="list-style-type: none"> <li>• 23 essential vitamins and minerals</li> <li>• N-acetylcysteine</li> </ul>	<ul style="list-style-type: none"> <li>• 22 essential vitamins and minerals</li> <li>• N-acetylcysteine</li> </ul>	<ul style="list-style-type: none"> <li>• 12 essential vitamins and minerals</li> </ul>
Form					
Points of difference	<ul style="list-style-type: none"> <li>• Contains iron</li> <li>• Contains added folic acid</li> <li>• Contains added iodine</li> <li>• Great for prenatal and postnatal care</li> </ul>	<ul style="list-style-type: none"> <li>• Does not contain iron</li> </ul>	<ul style="list-style-type: none"> <li>• Contains added B vitamins and zinc to support age-related changes</li> <li>• Contains N-acetylcysteine</li> </ul>	<ul style="list-style-type: none"> <li>• Does not contain vitamin K</li> <li>• Contains added B vitamins and zinc to support age-related changes</li> <li>• Contains N-acetylcysteine</li> </ul>	<ul style="list-style-type: none"> <li>• Gummy</li> </ul>
Who is this for?	Menstruating women of child-bearing age.	Men under 50 years old, and women who do not want supplemental iron.	Men and women over 50 years old, and younger women no longer menstruating.	Men and women over 50 years old, and younger women no longer menstruating. Ideal for those taking blood-thinning medication (such as warfarin and Coumadin).	Individuals who prefer gummies over tablets.

**Over 1,700+ quality tests conducted across the Vita-Lea line for each production**

Our quality standards exceed US Pharmacopeia, US GMP, US FDA, and other international regulatory standards.