

Plant-Based Omega-3s From Marine Algae

VEGAN OMEGA-3

Vegan Omega-3 delivers pure, potent, and naturally sourced omega-3 fatty acids from algae to help maintain/support cardiovascular health. Each softgel is filled with 100% plant-based DHA and EPA omega-3 fatty acids that are sustainably sourced, so they're as good for the planet as they are for you.

#57895 | 60 SOFTGELS
MEMBER PRICE: \$38.95 | PV: 20.00



Vegan



Star K kosher



Gluten free



Dairy free



Soy free

Why We Love It

- Helps reduce the risk of heart disease* by helping maintain/support cardiovascular health
- Helps support cognitive health and/or brain function
- Helps support joint health
- Ocean friendly/sustainably sourced
- Contains no fish oil, so there are no fishy burps or aftertaste
- Has zero cholesterol

Supplement Facts

Serving Size: 2 Softgels
Servings Per Container: 30

	Amount Per Serving	% DV
Calories	10	
Total Fat	1 g	1%**
DHA [Docosahexaenoic Acid (Algal)]	400 mg	†
EPA [Eicosapentaenoic Acid (Algal)]	100 mg	†

**Percent Daily Values (DV) are based on a 2,000 calorie diet.
†Daily Value not established.

OTHER INGREDIENTS: ALGAL OIL CONCENTRATE, SUNFLOWER OIL, ROSEMARY EXTRACT, MIXED TOCOPHEROLS, AND ASCORBYL PALMITATE IN A SOFTGEL CAPSULE (MODIFIED TAPIOCA STARCH, GLYCERIN, WATER, MALTITOL).



*Supportive but not conclusive research shows that consumption of EPA and DHA omega-3 fatty acids may reduce the risk of coronary heart disease.

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FAQs

What are EPA and DHA, and why are they important?

EPA (eicosapentaenoic acid) and DHA (docosahexaenoic acid) are omega-3 fatty acids that are abundant in fish – including salmon, tuna, and mackerel – and some algae. They play an important role in normal human growth and development and have benefits to human nutrition and health for all ages and across the life span.

How much EPA and DHA are in Vegan Omega-3?

Two softgels contain 400 mg of DHA and 100 mg of EPA.

What's the recommended daily dose?

It's recommended that adults take 2 Vegan Omega-3 softgels daily with meals.

Can I give Vegan Omega-3 to my kids?

Yes. Children old enough to swallow capsules may use Vegan Omega-3.

I'm using blood-thinning medication. Can I take Vegan Omega-3?

Please consult your health care practitioner before taking Vegan Omega-3. Discontinue use two weeks before surgery.

Is Vegan Omega-3 non-GMO?

Yes.

Does this product contain gluten, soy, or lactose?

No.

What's the shelf life?

Vegan Omega-3's shelf life is 24 months.

Where's a good place to store this product?

It's best to store Vegan Omega-3 in a cool, dry place.

Where is Vegan Omega-3 made?

It's made in the USA.