



# Stress Relief Complex

## Stress relief you can take safely every day

### GET TO KNOW STRESS RELIEF COMPLEX

Traffic jams, changing schedules, work demands – these factors can contribute to stress in your daily life. Stress can elevate your body’s levels of cortisol, and continuously high levels of this stress-response hormone have been linked to long-term health impacts.

Stress Relief Complex is **stress relief** you can **take safely every day**.

- Blend of clinically tested ingredients designed to support a calm, more relaxed state without causing drowsiness
- Contains ashwagandha, a traditional herb used to help the body adapt to heightened stress

### IS STRESS RELIEF COMPLEX RIGHT FOR YOU?

✓ If you’re interested in stress relief without drowsiness.

*NOTE: not recommended for use by children. If pregnant or nursing, consult your physician prior to use.*



**No artificial flavours, colours, sweeteners, or preservatives added**

Stress Relief Complex		V	☆	gf
Daily dosage: 2 caplets with food				
MEDICINAL INGREDIENTS:	Amount per caplet			
Plant sterol esters (from soybeans)	165 mg			
Providing beta-sitosterol	60 mg			
Ashwagandha ( <i>Withania somnifera</i> ) root extract standardised to 1.5% withanolides	100 mg			
L-theanine	100 mg			
L-tyrosine [from sugar beet ( <i>Beta vulgaris</i> ) root]	100 mg			
<small>NON-MEDICINAL INGREDIENTS: CROSCARMELOSE SODIUM, DICALCIUM PHOSPHATE, MAGNESIUM STEARATE, SILICON DIOXIDE, TRICALCIUM PHOSPHATE.</small>				

### ORDER NOW

#57680 | 30 caplets  
Member Price: \$39.80 | Point Value: 26.75

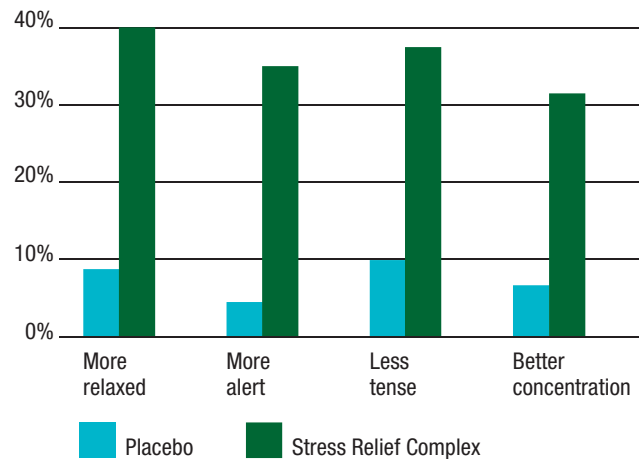
### THE SHAKLEE DIFFERENCE™



**The power of nature, unleashed by science. Safe. Proven. Guaranteed.**

At Shaklee, we’re committed to innovating through science and looking to nature for the answers that can provide healthier lives. We ensure the highest quality and safety standards, conducting more than 100,000 quality tests per year to ensure our products are safe for you and your family.

**Stress Relief Complex – Relieve stress and feel alert**



Tested in a seven-day, double-blind, placebo-controlled, employee-use test measuring four key categories:

- **More relaxed**
- **More alert**
- **Less tense**
- **Better concentration**

In each of these four categories, people taking Stress Relief Complex felt more benefits than those who consumed a placebo.