

Enhanced Delivery with 3x more DHA + EPA*

OMEGA-3 GELLYS™

At every age and every stage, the body requires omega-3s to operate optimally. Thanks to a revolutionary new technology that uses emulsified droplets, Omega-3 Gellys boasts improved absorption of omega-3s.¹ And it has a delightful Strawberry Lemonade flavour! This potent formula delivers three times more DHA + EPA to help support the brain, eye, and nerves in children up to 12 years of age.

#57705 | 30 GELLYS



Zero Sugar



Gluten Free



Soy Free



Dairy Free



Non-GMO

Why We Love It

- Contains 335 mg of omega-3s per Gelly, including 250 mg DHA and 50 mg EPA
- Uses an improved technology developed by Norwegian scientists helps the body easily absorb the DHA + EPA in Omega-3 Gellys
- A clinical study showed improved bioavailability of DHA + EPA when these nutrients were delivered using this form¹
- Helps reduce the risk of heart disease by supporting a healthy heart and cardiovascular system[†]
- Helps support the brain, eye, and nerves in children up to 12 years of age
- No artificial flavours, or preservatives

Omega-3 Gellys™

DOSAGE: ADULTS (18 years and older): 2 Gellys daily with meals. CHILDREN (3–12 years) and ADOLESCENTS (13–17 years): 1 Gelly daily with meals.

MEDICINAL INGREDIENTS:	Amount per gelly
Fish oil (anchovy, mackerel, sardine)	500 mg
DHA (docosahexaenoic acid)	250 mg
EPA (eicosapentaenoic acid)	50 mg
Total Omega-3 fatty acids	335 mg

NON-MEDICINAL INGREDIENTS: BETA-CAROTENE, CITRIC ACID, GELATIN (BOVINE), LEMON-LIME FLAVOUR, PURIFIED WATER, SORBITOL, STRAWBERRY FLAVOUR, TRISODIUM CITRATE, XYLITOL.

*Per Gelly compared to other leading gummies.

†Supportive but not conclusive research shows that consumption of EPA and DHA fatty acids may reduce the risk of heart disease. See nutrition information for total fat and saturated fat content.

1. Haug, I.J., Sagmo, L.B., Zeiss, D., Olsen, I.C., Draget, K.I. and Seternes, T. (2011), Bioavailability of EPA and DHA delivered by gelled emulsions and soft gel capsules. Eur. J. Lipid Sci. Technol., 113: 137-145.

Enhanced Delivery with 3x more DHA + EPA*

FAQs

What are DHA and EPA, and why are they important?

EPA (eicosapentaenoic acid) and DHA (docosahexaenoic acid) are omega-3 fatty acids that are abundant in fish, such as anchovy, sardine, mackerel, and some algae. They play an essential role in average human growth and development and benefit human nutrition and health for all ages and across the life span.

How much DHA and EPA are in one gelly?

One Omega-3 Gelly contains 250 mg DHA and 50 mg EPA.

What's the source of the omega-3 fatty acids in Omega-3 Gellys™?

The DHA & EPA in Omega-3 Gellys™ are from fish oil. The fish oil in these Gellys comes from various sources, including anchovy, mackerel, and sardine.

Does the Gelly have a flavour?

Yes. Omega-3 Gellys™ deliver DHA + EPA in a natural, tasty strawberry lemonade flavour.

Are Omega-3 Gellys™ sugar-free? How are they sweetened?

Yes, Omega-3 Gellys™ are sugar-free. The Gellys are sweetened with sugar alcohols (xylitol and sorbitol).

Are these sugar alcohols in Omega-3 Gellys™ bad for consumers' teeth?

No. The sugar alcohols in Omega-3 Gellys™ are tooth-friendly and do not promote tooth decay.

How many Gellys are there per package, and what's the servings size?

Each package contains 30 Gellys. Children and adolescents take 1 Gelly daily with food, and adults take 2 Gellys daily with food. Gellys should be taken with food to maximize the absorption of DHA and EPA in the body.

Can I give Omega-3 Gellys™ to my child who is under 3 years old?

Omega-3 Gellys™ are for children 3 years and older and adolescents. They are not intended for use by children under 3. Consult your child's physician for children under the age of 3.

Can I take Omega-3 Gellys™ while pregnant or nursing? Yes.

I'm using blood-thinning medications. Can I take Omega-3 Gellys™?

If you are taking blood-thinning medications, consult your physician before using Omega-3 Gellys. Discontinue use two weeks before surgery.

Do Omega-3 Gellys™ contain gelatin?

Yes. The Gelly is bovine gelatin based.

Is Omega-3 Gellys™ Vegan?

No. The DHA & EPA in Omega-3 Gellys™ are from fish oil.

Is Omega-3 Gellys™ Kosher certified?

No. Omega-3 Gellys™ are not kosher certified.

Is Omega-3 Gellys™ gluten-free, soy-free, dairy-free, and non-GMO? Yes.

Where is Omega-3 Gellys™ made?

Omega-3 Gellys are manufactured in Norway.