

Complete Hydrolyzed Collagen Drink for Vitality and Beauty

UP & GLOWING | VITALITY AND BEAUTY

It's time to rise and shine with the benefits of green tea extract plus healthy hair, skin, and nails from collagen, vitamin C, biotin, and hyaluronic acid. These key ingredients vitalize you, support protein (including collagen) synthesis, and help protect against damage from free radicals. After just a few sips of this vanilla latte, you'll be able to nail (skin and hair) your morning.

#57508 | 20 STICK PACKS



Gluten Free Dairy Free Sugar Free

WAKE UP AND GET GLOWING

Why We Love It

- Supports healthy hair, skin, and nails with 10 g of hydrolyzed collagen, vitamin C, biotin, and hyaluronic acid
- Supports protein (including collagen) synthesis with hydrolyzed collagen, all 9 essential amino acids, and vitamin C
- Green tea extract with 80 mg caffeine
- Available as a vanilla latte – simply mix with 236 mL (8 oz.) milk of your choice
- Gluten free, non-dairy, sugar-free

Up & Glowing

Dosage: ADULTS: mix 1 stick (14.8 g) in enough liquid (water, juice, etc.) to ensure that the powder is drinkable immediately before consumption. Take once a day with food. For use beyond 12 weeks, consult a health care practitioner.

	Per 1 stick (14.8 g)
Hydrolyzed collagen (bovine skin/hide split)	10 g
Pea protein (<i>Pisum sativum</i> - seed)	2.5 g
Green tea (<i>Camellia sinensis</i>) leaf extract (80 mg caffeine, 2.19 mg catechins)	150 mg
Hyaluronic acid (<i>Streptococcus equi</i> - bacterial extracellular capsule)	120 mg
Vitamin C (ascorbic acid)	90 mg
Biotin	150 mcg

NON-MEDICINAL INGREDIENTS: COCONUT MILK POWDER, GUAR GUM, MEDIUM CHAIN TRIGLYCERIDES, REBAUDIOSIDE M, SILICON DIOXIDE, VANILLA FLAVOUR (NATURAL), WHOLE MILK FLAVOUR.



Shaklee®
MULTI-TASKERS

Complete Hydrolyzed Collagen Drink for Vitality and Beauty

FAQs

What ingredients are in Up & Glowing?

Up & Glowing contains ingredients for both vitality and beauty. It contains 80 mg natural caffeine from green tea extract, along with 10 g of collagen, 100% of the DV of vitamin C, 500% of the DV of biotin, and 120 mg hyaluronic acid.

How much caffeine is in 1 serving of Up & Glowing?

1 serving of Up & Glowing contains 80 mg of caffeine from green tea extract.

Why does Up & Glowing contain caffeine?

Caffeine provides an energy boost. It does this by acting as an adenosine antagonist. Adenosine is a neurotransmitter that binds to specific receptors in the brain and makes us feel drowsy. Caffeine binds to the same receptors, blocking adenosine from working.

How many grams of collagen are there in 1 serving of Up & Glowing?

There are 10 g of hydrolyzed collagen per serving of Up & Glowing.

Where is the collagen in Up & Glowing sourced from?

The collagen in Up & Glowing is derived from a grass-fed, pasture-raised bovine source.

What types of collagen does Up & Glowing contain?

Up & Glowing contains types I and III collagen, hydrolyzed for quicker digestion and absorption.

Why does Up & Glowing contain vitamin C?

Vitamin C is required by the enzymes that help make collagen. Vitamin C also has antioxidant properties. Antioxidants help protect our bodies against damage caused by free radicals.

Why does Up & Glowing contain biotin?

Biotin can help support healthy hair, skin, and nails, and deficiency of this nutrient has been shown to lead to hair loss and skin and nail problems.

Why does Up & Glowing contain hyaluronic acid?

Hyaluronic acid, our body's natural lubricant, is abundantly found in our eyes, joints, and skin and is known for its ability to retain moisture.

Why are all 9 essential amino acids required to synthesize collagen when collagen itself contains only 8 essential amino acids?

Collagen itself contains only eight essential amino acids, but all nine are required in order to synthesize proteins, including collagen. Scientists who study protein and amino acid metabolism widely agree that all nine essential amino acids are necessary to support protein (including collagen) synthesis regardless of the amino acid composition of the protein.

When can we expect to observe the "beauty" results?

Everyone is different. While Up & Glowing provides the building blocks to support collagen synthesis, results will vary from person to person depending on their own rate of collagen synthesis.

Is there any flavour?

Yes, Up & Glowing is vanilla-flavoured.



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Can I use Up & Glowing with Muscle Support Mix? Energy Chews? Energizing Tea?

Because all of these products contain caffeine, please use only 1 product at a time. Each of these products is designed for a specific purpose, so only use 1 product at a time and do not combine them. Do not use these products if you are sensitive to caffeine, pregnant, or nursing.

How many stick packs/sachets can I take a day?

We recommend 1 serving of Up & Glowing daily. Because Up & Glowing contains 80 mg of caffeine, we also encourage you to be mindful of your caffeine intake. Healthy adults should have no more than 200 mg of caffeine over 3-4 hours and no more than 300 mg of caffeine per day.

Can I use Up & Glowing with Collagen?

We recommend that you use either Up & Glowing or Collagen.

How are Up & Glowing and Collagen the same? Different?

Both Up & Glowing and Collagen contain 10 g of collagen (types I and III), sourced from a grass-fed, pasture-raised bovine source. They provide all 9 essential amino acids and 100% of the DV of vitamin C. Up & Glowing provides an added beauty boost with 500% of the DV of biotin, compared to 100% of the DV of biotin in Collagen, plus hyaluronic acid. Up & Glowing also contains caffeine and is available in a vanilla-flavoured latte, while Collagen is caffeine-free and unflavoured.

What's the best way to drink Up & Glowing?

We recommend mixing 1 stick pack/sachet in 236 mL (8 oz.) of warmed milk or your drink of choice while stirring. Take with food.

Is it safe to use Up & Glowing if I am currently taking medications or have a medical condition?

Consult with your physician before using Up & Glowing if you have a medical condition, are taking a prescription medication, or are concerned about how you will react to the drink.

Can this product be used when pregnant or nursing?

Up & Glowing is not recommended for use by pregnant or nursing women or those sensitive to caffeine as 1 stick pack/sachet contains 80 mg of caffeine. We also recommend discussing the use of collagen during pregnancy with your OB professional.

Can this product be used by children?

Up & Glowing is formulated for adults and is not recommended for use by children.

Is Up & Glowing vegetarian?

No

Is Up & Glowing kosher certified?

No

Is Up & Glowing gluten free?

Yes

Is Up & Glowing non-dairy?

Yes

Is Up & Glowing sugar-free?

Yes. Up & Glowing is sweetened with the zero-calorie sweetener Reb M (Rebaudioside M).



UP & GLOWING

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Up & Glowing



Collagen

Description	Complete collagen vanilla latte for energy and beauty.	Your daily beauty booster.
Collagen Amount	10 g	10 g
Other ingredients	<ul style="list-style-type: none">• Vitamin C – 90 mg• Biotin – 150 mcg• Hyaluronic acid – 120 mg• Pea protein – 1 g• Caffeine – 80 mg	<ul style="list-style-type: none">• Vitamin C – 90 mg• Biotin – 30 mcg• Pea protein – 1 g
Form	Powder stick pack	Powder
Flavour	Vanilla Latte	Unflavoured
Points of difference	<ul style="list-style-type: none">• Caffeinated• Beauty Boost (with added biotin and hyaluronic acid)• Flavoured vanilla latte	<ul style="list-style-type: none">• Non-caffeinated• Unflavoured
Who is this for?	For those seeking a flavoured collagen supplement with an added energy boost.	For those seeking an unflavoured, versatile collagen supplement to incorporate seamlessly into various foods or drinks without added caffeine.



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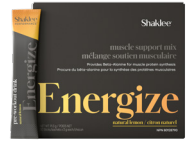
Up & Glowing



Energizing Tea



Energy Chews



Muscle Support Mix

Description	Complete collagen vanilla latte for energy and beauty.	Gentle energy lift with an antioxidant boost.	Chewable, instant energy for workouts and focus.	Maximize your gains.
Caffeine Amount	80 g	70 mg	60 mg/chew	100 mg
Other ingredients	<ul style="list-style-type: none"> • Vitamin C – 90 mg • Biotin – 150 mcg • Hyaluronic acid – 120 mg • Pea protein – 1 g • Caffeine – 80 mg 	L-taurine	<ul style="list-style-type: none"> • L-theanine – 100 mg • L-tyrosine – 100 mg • Vitamins and minerals 	<ul style="list-style-type: none"> • Beta-alanine – 800 mg • L-theanine – 100 mg
Form	Powder stick pack	Powder stick pack	Chew	Powder stick pack
Flavour	Vanilla Latte	Green Matcha, Pomegranate, Summer Peach	Lemon-Lime	Lemon
Point of difference	<ul style="list-style-type: none"> • Beauty boost (collagen, biotin, hyaluronic acid) • Flavoured latte/creamy beverage 	<ul style="list-style-type: none"> • Mild energy boost • Blend of 3 teas • Part of the Shaklee 180® program 	<ul style="list-style-type: none"> • Tart chew • Convenience 	<ul style="list-style-type: none"> • Strong energy boost • Delays fatigue/supports performance • Fruit-flavoured drink
Who is this for?	Tailored for energy seekers wanting added beauty benefits in a vanilla latte drink.	Ideal for mild energy seekers favouring tea-based beverages.	Convenient, on-the-go energy boost, ideal for fueling workouts or tackling busy days.	Specifically tailored for physically active enthusiasts in need of a boost.

