



## MindWorks® Supports cognitive function

Neural connections in our brains start declining as early as age 20. By age 45, this decline occurs even more rapidly. Studies show the key ingredients in MindWorks temporarily support cognitive function and memory, and support long-term brain health.

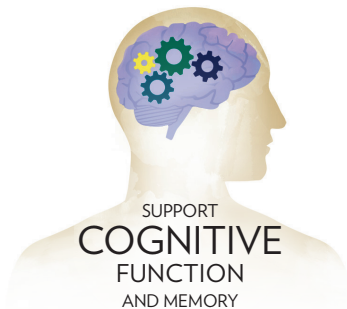
### Powered by an exclusive Chardonnay seed extract, carefully selected guarana, and three B vitamins

Available only to Shaklee, MindWorks contains a unique Chardonnay grape seed polyphenol blend created using a patent-pending water extraction process that results in a 30-times concentrate of specific polyphenols.\* These polyphenols have been shown in clinical studies to be more bioavailable and to impact healthy blood vessel function. This extract is designed to help make vital nutrients available to the brain by supporting healthy circulation.

Our carefully selected guarana extract provides temporary improvement in cognitive performance and memory. And one serving of MindWorks contains less caffeine than a medium cup of decaf coffee.

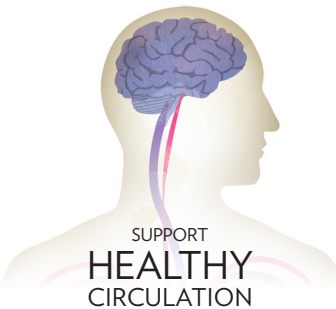
The three B vitamins (folic acid, B<sub>6</sub>, and B<sub>12</sub>) in MindWorks help reduce elevated blood homocysteine levels, thereby reducing brain atrophy.†

### Scientific studies have shown the key ingredients in MindWorks work in three ways:



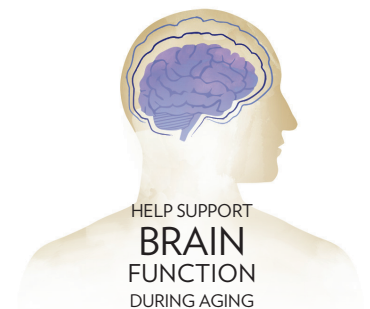
Provide temporary improvement in cognitive performance‡

- Over time, neural connections become less efficient, impairing our ability to recall, think, and respond
- Guarana extract, a key nutrient in MindWorks, was shown in multiple clinical studies to significantly enhance memory and improve reaction time



Impact circulation to the brain

- Blood circulation is critical for delivery of oxygen and key nutrients to the brain; it's linked to neural activity
- In a double-blind Shaklee employee pilot test, circulation (as reflected by skin temperature) was enhanced after a single serving of Chardonnay grape seed extract, one of the key ingredients in MindWorks



Protect against age-related mental decline§

- The three B vitamins in MindWorks were shown in a clinical study to reduce the brain shrinkage rate by 30% over two years†

\*Percentage by weight of monomeric flavanols compared with a fresh grape seed.

†Based on a two-year study of 223 adults with mild cognitive impairment.

‡At six hours versus control.

§Particularly in individuals with elevated homocysteine levels.

# MindWorks®

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## THE SHAKLEE DIFFERENCE™



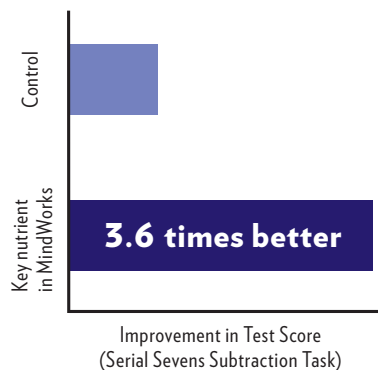
The power of nature,  
unleashed by science.  
Safe. Proven. Guaranteed.

At Shaklee, we're committed to innovating through science and looking to nature for the answers that can provide healthier lives. We ensure the highest quality and safety standards, conducting more than 100,000 quality tests per year to ensure our products are safe for you and your family.

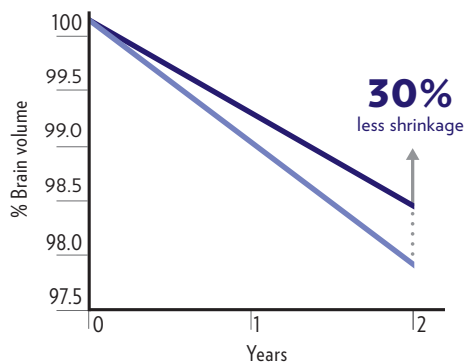
### MindWorks

MindWorks contains key nutrients that have been shown in three clinical studies and dozens of laboratory studies to support cognitive function and memory, and support long-term brain health.

### Enhance mental performance\*



### Decrease brain shrinkage rate, a common consequence of aging†



## BETTER TOGETHER



## Life-Strip

Even if you're conscientious about what you eat, it's challenging to ensure that you're getting the nutrients you need to support optimal health. Life-Strip contains pure and potent vitamins, minerals, omega-3 fatty acids, polyphenols, antioxidants, and phytonutrients **to help create the foundation for a healthier life.**

This comprehensive nutrition system contains:

- Vivix® Liquigels for cellular health
- OmegaGuard® Plus for cardiovascular health
- Advanced Multivitamin support for complete nutrition to support bone and tissue health
- B+C Complex for helping metabolize carbohydrates, fats, and proteins

## IS MINDWORKS RIGHT FOR YOU?

- ✓ If you're looking to enhance memory and improve reaction time
- ✓ If you want to support your long-term cognitive health

*NOTE: not intended for use by children, or by women who are pregnant or breastfeeding.*

\*At six hours versus control.

†Based on a two-year study of 223 adults with mild cognitive impairment.

# MindWorks®

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MindWorks®	
Daily dosage: 1 tablet	
MEDICINAL INGREDIENTS:	Amount per tablet
Grape ( <i>Vitis vinifera</i> ) seed extract	80 mg
Guarana ( <i>Paullinia cupana</i> ) seed extract (standardized to contain 12% caffeine)	75 mg
Calcium (dicalcium phosphate)	75 mg
Blueberry ( <i>Vaccinium angustifolium</i> ) powder	50 mg
Green coffee ( <i>Coffea arabica</i> ) bean extract	25 mg
Vitamin B <sub>6</sub> (pyridoxine hydrochloride)	20 mg
Folate (folic acid)	800 mcg
Vitamin B <sub>12</sub> (cyanocobalamin)	500 mcg
<small>NON-MEDICINAL INGREDIENTS: CROSCARMELLOSE SODIUM, HYDROXYLATED SOY LECITHIN, HYDROXYPROPYLMETHYCELLULOSE, MAGNESIUM STEARATE, MALTODEXTRIN, MANNITOL, MICROCRYSTALLINE CELLULOSE, RICE FLOUR, SILICON DIOXIDE, SUNFLOWER LECITHIN.</small>	

**ORDER NOW**

#57066 | 30 tablets

Member Price: \$60.45 | Point Value: 41.50



**No artificial flavours, colours, sweeteners, or preservatives added**