

Nourishing and Decadent in a Delicious Elderberry Flavour

ELDERBERRY LIFE SHAKE™

A flavourful, complete meal in a glass, Life Shake provides essential nutrients to support overall health. It also supports healthy weight when used as a meal replacement in the Shaklee 180® Program.

#56378 | 14 SERVINGS

MEMBER PRICE: \$49.95 | PV: 32.10



SEASONAL FLAVOUR AVAILABLE WHILE SUPPLIES LAST

Why We Love It

- Delicious elderberry flavour – but available for a limited time only!
- 20 grams of non-GMO soy protein per serving
- 6 grams of dietary fibre per serving
- Delivers 24 essential vitamins and minerals
- Gluten free
- Star-K kosher
- No artificial flavours, sweeteners, colours, or preservatives added

Nutrition Facts		Amount per serving	% DV*	Amount per serving	% DV*
14 servings per container					
Serving size 2 scoops (42 g)					
Amount per serving (mix alone)					
Calories		150			
			% Daily Value*		
Total Fat	3 g		4%	Vitamin D	3.5 mcg (140 IU) 20%
Saturated Fat	0.5 g		3%	Calcium	120 mg 10%
Trans Fat	0 g			Iron	2.7 mg 15%
Polyunsaturated Fat	0.5 g			Potassium	150 mg 4%
Monounsaturated Fat	1.5 g			Vitamin A	90 mcg 10%
Cholesterol	0 mg		0%	Vitamin C	21 mg 25%
Sodium	420 mg		18%	Vitamin E	5.2 mg 35%
Total Carbohydrate	14 g		5%	Thiamin	0.42 mg 35%
Dietary Fiber	6 g		21%	Riboflavin	0.45 mg 35%
Total Sugars	5 g			Niacin	5.6 mg 35%
Includes 5 g Added Sugars			10%	Vitamin B6	0.6 mg 35%
Protein	20 g		40%	Folate	138 mcg DFE (83 mcg folic acid) 35%
				Vitamin B12	0.83 mcg 35%
				Biotin	10.5 mcg 35%
				Pantothenic Acid	1.8 mg 35%
				Phosphorus	230 mg 20%
				Magnesium	90 mg 20%
				Zinc	4 mg 35%
				Selenium	13 mcg 25%
				Copper	0.3 mg 35%
				Manganese	0.3 mg 15%
				Chromium	8 mcg 25%
				Molybdenum	25 mcg 60%
				Chloride	270 mg 10%

INGREDIENTS: SHAKLEE PROPRIETARY PROTEIN BLEND (SOY PROTEIN CONCENTRATE, SOY PROTEIN ISOLATE, L-LEUCINE, ORGANIC PUMPKIN SEED PROTEIN, ORGANIC CHIA SEED PROTEIN), NATURAL CANE SUGAR, SUNFLOWER OIL POWDER, PROPRIETARY FIBER BLEND (SOLUBLE CORN FIBER, ORGANIC ANCIENT GRAINS BLEND (ORGANIC AMARANTH, ORGANIC BUCKWHEAT, ORGANIC MILLET, ORGANIC QUINOA, ORGANIC CHIA)), PROPRIETARY VITAMIN AND MINERAL BLEND (DICALCIUM PHOSPHATE, POTASSIUM CHLORIDE, MAGNESIUM OXIDE, ASCORBIC ACID, D-ALPHA-TOCOPHERYL ACETATE, NIACINAMIDE, ZINC OXIDE, CALCIUM PANTOTHENATE, VITAMIN A PALMITATE, VITAMIN D₃, VITAMIN B₁₂, PYRIDOXINE HYDROCHLORIDE, RIBOFLAVIN, THIAMINE MONONITRATE, FOLIC ACID, BIOTIN), NATURAL FLAVOR, CITRIC ACID, ELDERBERRY JUICE POWDER, FRUIT AND VEGETABLE JUICE POWDER FOR COLOR, SODIUM CHLORIDE, MILLED GOLDEN FLAXSEED, REBAUDIOSIDE M, GUAR GUM, DIGESTIVE ENZYME BLEND (PAPAIN, BROMELAIN), ELDERBERRY EXTRACT POWDER.

*The current U.S. % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.



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FAQs

Is Life Shake Elderberry available in plant protein?

No. This seasonal shake is only available in soy protein.

Does Elderberry Life Shake provide immune-supporting benefits?

Elderberry Life Shake contains elderberry: a superfruit rich in antioxidants. However, the amount of elderberry per serving is not enough to provide immune-supporting benefits.

WHY ELDERBERRY?

A rising star in the nutrient world and the online wellness community, elderberry is a superfruit rich in antioxidants. It's been used in Herbal Medicine to help relieve symptoms of colds and flus (such as cough, sore throat, and mucus buildup) and to help relieve nasal congestion and discharge associated with sinusitis and hay fever/allergic rhinitis.

