

# Cholesterol Reduction Complex

## Helps lower cholesterol\*

Cholesterol Reduction Complex is a proprietary formula with **clinically proven ingredients that may reduce the risk of heart disease by helping lower cholesterol.\***

- Made with a powerful blend of sterols and stanols, which are found naturally in plants, fruit, vegetables, and grains
- Delivers 2000 mg of plant sterols and stanols daily

Cholesterol Reduction Complex delivers 100% of sterols and stanols recommended daily by Health Canada and the National Institutes of Health (NIH).†

To get the same amount of plant sterols and stanols, consider what you'd have to eat every day‡:



**6.5 cups**  
**OF SOYBEANS**



**59**  
**ORANGES**



**47.5**  
**CUCUMBERS**

### THE SHAKLEE DIFFERENCE™



**The power of nature,  
unleashed by science.  
Safe. Proven. Guaranteed.**

At Shaklee, we're committed to innovating through science and looking to nature for the answers that can provide healthier lives. We ensure the highest quality and safety standards, conducting more than 100,000 quality tests per year to ensure our products are safe for you and your family.

#### Cholesterol Reduction Complex:

- Contains ingredients that have been clinically proven and are supported by more than 80 studies to lower LDL ("bad") cholesterol
- Delivers daily 100% of Health Canada's and the National Institutes of Health's recommendation for plant sterols and stanols†

#### Why do plant sterols and stanols work?

- Plant sterols and stanols are similar in structure to cholesterol and compete for absorption in the intestines
- The net result is that less cholesterol is absorbed by the body, and less ends up in the blood stream

### IS CHOLESTEROL REDUCTION COMPLEX RIGHT FOR YOU?

- ✓ If you're interested in helping lower your cholesterol.
- ✓ If you're interested in supporting your heart health.

*NOTE: not intended for use by children, or pregnant or lactating women. Consult your physician if you are using cholesterol-lowering medications.*

\*Products providing 800 mg or more of plant sterols and stanols daily, consumed with two different meals as part of a diet low in saturated fat and cholesterol, may reduce the risk of heart disease. Cholesterol Reduction Complex provides 1000 mg of plant sterols and stanols per serving and 2000 mg daily when used as directed.

†To lower cholesterol, Health Canada and NIH recommends eating less saturated fat and cholesterol, exercising, losing weight, eating more soluble fibre, and consuming 2000 mg of plant sterols and stanols daily.

‡The nutrient content of a daily serving of Cholesterol Reduction Complex is not the same as the amount of all nutrients found in the foods listed above. Detailed nutritional information can be found on the Cholesterol Reduction Complex Nutrition Facts box. Every food provides nutrients beyond those listed above.

# Cholesterol Reduction Complex

Helps lower cholesterol\*

**ORDER NOW**

#56219 | 120 tablets (30-day supply)

Member Price: \$52.40 | Point Value: 34.50



No artificial flavours, colours, sweeteners, or preservatives added

## Cholesterol Reduction Complex



Daily dosage: 2 tablets twice daily with food

**MEDICINAL INGREDIENTS:** Amount per tablet

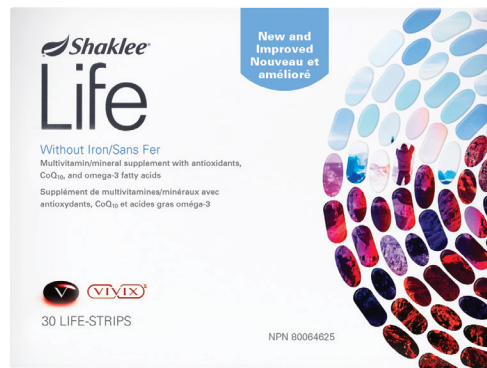
Free plant sterols (tall oil from *Pinus* spp.)  
(92% beta-sitosterol, 8% campesterol) 415 mg

Free plant stanols (tall oil from *Pinus* spp.)  
(93% beta-sitostanol, 7% campestanol) 85 mg

**NON-MEDICINAL INGREDIENTS:** CARBOXYMETHYLCELLULOSE, CORN STARCH (MODIFIED), CROSCARMELLOSE SODIUM, HYDROXYPROPYLCELLULOSE, HYDROXYPROPYLMETHYLCELLULOSE, MAGNESIUM STEARATE, MICROCRYSTALLINE CELLULOSE, SILICON DIOXIDE, SOY LECITHIN, STEARIC ACID.



## BETTER TOGETHER



## SmartHeart™ Cholesterol Regimen

Designed to support optimal cardiovascular health and an already healthy blood pressure. Includes:

Cholesterol Reduction Complex

- OmegaGuard® to help reduce the risk of heart disease†
- CoQHeart® to support energy production in the heart

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†Supportive but not conclusive research shows consumption of EPA and DHA omega-3 fatty acids may reduce the risk of coronary heart disease.

## Life-Strip

Even if you're conscientious about what you eat, it's challenging to ensure that you're getting the nutrients you need to support optimal health. Life-Strip contains pure and potent vitamins, minerals, omega-3 fatty acids, polyphenols, antioxidants, and phytonutrients to help create the foundation for a healthier life.

This comprehensive nutrition system contains:

- Vivix® Liquigels for cellular health
- OmegaGuard® Plus for cardiovascular health
- Advanced Multivitamin for complete nutrition to support bone and tissue health
- B-Complex for helping maintain the body's ability to metabolize nutrients