

May Reduce the Risk of Heart Disease

CHOLESTEROL REDUCTION COMPLEX

Cholesterol Reduction Complex helps reduce your LDL ("bad") cholesterol using naturally occurring plant sterols and stanols that compete with dietary cholesterol for absorption.*

#56219 | 120 TABLETS



Gluten Free



Kosher



Vegan



Vegetarian

INGREDIENTS CLINICALLY PROVEN TO LOWER CHOLESTEROL

Why We Love It

- Proprietary formula with clinically proven ingredients that may reduce the risk of heart disease by helping to lower LDL cholesterol*
- Made with a powerful blend of plant sterols and stanols, which are found naturally in plants, fruits, vegetables, and grains
- Plant sterols and stanols have been clinically proven by more than 80 studies to lower LDL cholesterol*

Cholesterol Reduction Complex

DOSAGE: ADULTS: 2 tablets twice daily with meals.

	Amount Per Tablet
Free plant sterols (tall oil from <i>Pinus</i> spp.) (92% beta-sitosterol, 8% campesterol)	415 mg
Free plant stanols (tall oil from <i>Pinus</i> spp.) (93% beta-sitostanol, 7% campestanol)	85 mg

NON-MEDICINAL INGREDIENTS: CARMELLOSE, CORN STARCH MODIFIED, CROSCARMELLOSE SODIUM, HYPROLOSE, HYPROMELLOSE, MAGNESIUM STEARATE, MEDIUM CHAIN TRIGLYCERIDES, MICROCRYSTALLINE CELLULOSE, SILICON DIOXIDE, STEARIC ACID.



DELIVERS 2,000 MG OF PLANT STEROLS AND STANOLS DAILY†

*Products providing at least 400 mg of plant sterols and stanols consumed twice a day with meals for a total daily intake of at least 800 mg, as part of a diet low in saturated fat and cholesterol, may reduce the risk of heart disease. A serving of Cholesterol Reduction Complex supplies 1,000 mg of plant sterols and stanols and 2,000 mg daily when used as directed.

†To lower cholesterol, the National Institutes of Health recommends eating less saturated fat and cholesterol, exercising, losing weight, eating more soluble fibre, and consuming 2,000 mg of plant sterols and stanols daily.