



## Super Cal Mag Plus Chewable Cal Mag Plus

For strong bones and more

Consuming bone-building nutrients such as calcium, vitamin D, and magnesium is crucial for optimal bone health, and scientific experts agree that increasing calcium intake can help reduce the risk of developing the debilitating bone disease osteoporosis.

Super Cal Mag Plus and Chewable Cal Mag Plus are **complete bone health formulas** that include calcium, vitamin D, magnesium, zinc, copper, manganese, and other important nutrients.

### Super Cal Mag Plus – Comprehensive formula for strong bones and more

Super Cal Mag Plus is a specially formulated blend of critical nutrients including calcium, vitamin D<sub>3</sub>, magnesium, phosphorus, zinc, copper, and manganese to help build bone density when you're young and minimize bone loss as you age, reducing the risk of osteoporosis later in life.\* It also helps build strong muscles and teeth, and the tablets feature an aqueous film coating that makes them easy to swallow.

A daily dosage provides:

- 1200 mg of elemental calcium (the recommended dietary intake for adults aged 19 to 50 and men aged 51 to 70 is 1000 mg per day; women aged 51 to 70 and adults over 70 should take 1200 mg per day)
- 400 IU of vitamin D<sub>3</sub>, which is clinically supported to promote the absorption of calcium and phosphorus by the body
- 700 mg of elemental phosphorus, which occurs in all cells to help with electrolyte balance and is also part of RNA and DNA, necessary for all growth
- 350 mg of elemental magnesium to help in the development and maintenance of bones and teeth, proper muscle function, electrolyte balance, and energy metabolism
- Copper and zinc to aid in producing and repairing connective tissue

### THE SHAKLEE DIFFERENCE™



The power of nature,  
unleashed by science.  
Safe. Proven. Guaranteed.

At Shaklee, we're committed to innovating through science and looking to nature for the answers that can provide healthier lives. We ensure the highest quality and safety standards, conducting more than 100,000 quality tests per year to ensure our products are safe for you and your family.

**Super Cal Mag Plus** features a combination of three of the best sources of calcium: calcium carbonate, which is highly concentrated; calcium citrate, which is highly absorbable; and calcium phosphate, which provides two important minerals for building bones.

### IS SUPER CAL MAG PLUS RIGHT FOR YOU?

- ✓ If you're interested in building and maintaining strong bones.
- ✓ If you think your diet is low in key bone-building nutrients.
- ✓ If you smoke, have high intakes of alcohol, or frequently drink soft drinks – lifestyle habits that can limit or interfere with the utilization of calcium.

*NOTE: consult a health care practitioner prior to use if you're taking tetracyclines. Do not use if you have a copper storage or metabolism disorder, such as Wilson's disease. Not intended for use by children.*

\*Adequate calcium and vitamin D throughout life, as part of a well-balanced diet and regular exercise, may reduce the risk of osteoporosis. Adequate calcium intake is important, but daily intake above 2000 mg is not likely to provide any additional benefits.

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**Chewable Cal Mag Plus** was designed to benefit both men and women. For all adults, it will help maintain healthy bones,\* teeth, and normal muscle function.

## IS CHEWABLE CAL MAG PLUS RIGHT FOR YOU?

- ✓ If you're interested in building and maintaining strong bones.
- ✓ If you don't like or have trouble swallowing tablets.
- ✓ If you're sensitive to magnesium. (There's less magnesium in this formula than in the Super Cal Mag Plus formula.)

*Note: for adult use only.*

## ORDER NOW

#57400 Super Cal Mag Plus | 240 tablets

#57390 Chewable Cal Mag Plus | 120 tablets



No artificial flavours, colours,  
sweeteners, or preservatives added

## Super Cal Mag Plus



Daily dosage: 4 tablets

MEDICINAL INGREDIENTS:	Amount per day
Calcium (calcium carbonate, citrate, and phosphate)	1200 mg
Phosphorus (calcium phosphate dibasic)	700 mg
Magnesium (magnesium oxide)	350 mg
Zinc (zinc gluconate)	1.5 mg
Copper (cupric gluconate)	1.0 mg
Manganese (manganese gluconate)	0.2 mg
Vitamin D <sub>3</sub> (cholecalciferol)	10 mcg (400 IU)

**NON-MEDICINAL INGREDIENTS:** CROSCARMELOSE SODIUM, GLYCERIN, HYPROMELLOSE, MAGNESIUM STEARATE, MICROCRYSTALLINE CELLULOSE, SILICON DIOXIDE, TITANIUM DIOXIDE.

## Chewable Cal Mag Plus



Daily dosage: 4 tablets

MEDICINAL INGREDIENTS:	Amount per day
Calcium (calcium citrate and calcium carbonate)	1000 mg
Magnesium (magnesium oxide)	100 mg
Zinc (zinc gluconate)	1.5 mg
Copper (cupric gluconate)	0.2 mg
Manganese (manganese gluconate)	0.2 mg
Vitamin D <sub>3</sub> (cholecalciferol)	15 mcg (600 IU)

**NON-MEDICINAL INGREDIENTS:** ACACIA GUM, CARRAGEENAN, CITRIC ACID, DEXTROSE, MAGNESIUM STEARATE, MALIC ACID, MALTODEXTRIN, MANNITOL, NATURAL FLAVOUR, NATURAL MIXED BERRY FLAVOUR, NATURAL RASPBERRY FLAVOUR, SILICON DIOXIDE, SORBITOL, STEARIC ACID, XYLITOL.

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