

Welcome to the #ProveItChallenge

In just 30 days, feel HEALTHIER, more ENERGIZED, more FOCUSED, and ready to take on anything life throws your way.

79526

1

Ready, set, cleanse*

Start with a 7-Day Healthy Cleanse to reset your system and a daily Vitalizer™ multi-nutrient strip. Begin by downloading our support tools at ca.shaklee.com/HealthyCleanse.



2

Continue with a strip and a shake a day

Adopt a daily nutrition routine that includes the strip and replaces one meal with a shake featuring clinically backed vitamins, minerals, and protein.

79527 – KOSHER

1

Ready, set, cleanse*

Start with a Kosher 7-day Healthy Cleanse to reset your system and daily supplements including Vita-Lea®.



2

Continue with non-cleanser supplements and a shake a day

Adopt a daily nutrition routine: take Vita-Lea, B-Complex, Vita-D3®, and Chewable Cal Mag Plus daily and replace one meal with a Life Shake™ for clinically backed vitamins, minerals, and protein.

*Shaklee Canada's complete Healthy Cleanse Program also includes Alfalfa Complex and Optiflora® DI.