Change the Way You Feel

Feel healthier, more energized, more focused, and ready for anything.

READY, SET, CLEANSE*
DAYS 1–7
Start with a 7-day Healthy Cleanse to reset your system and a daily Vitalizer™ multi-nutrient strip.

CONTINUE WITH A STRIP AND A SHAKE A DAY
DAYS 8–30
Adopt a daily nutrition routine: take a Vitalizer strip and replace one meal with a Life Shake™ for clinically backed vitamins, minerals, and protein.

KEEP FEELING AMAZING
Make health and nutrition a priority by keeping up your routine every day.

PROVE IT CHALLENGE
Feel amazing in 30 days – guaranteed

You prove it. We guarantee it.
If we haven’t made a believer out of you in 30 days, we’ll give you a full refund, even if the container is empty. No questions asked.

*Shaklee Canada’s complete Healthy Cleanse Program also includes Alfalfa Complex (#57110).
Proven by Science

In just 30 days feel healthier, more energized, more focused, and ready to take on anything life throws your way. Guaranteed.

7-Day Healthy Cleanse*

In a preliminary study, results showed increased focus and energy, improved sleep quality, and healthy digestion.† It also helped jump-start weight loss and managed hunger.‡

Average weight loss was 6.8 pounds and there was a decrease in waist circumference of 1.62 inches.†

Vitalizer™

Vitalizer is based on 12 clinical studies and the Landmark Study, one of the largest studies ever done on long-term supplement users. It showed that those who used multiple Shaklee supplements had healthier biomarkers for cardiovascular, heart, and cognitive health compared with non-supplement or non-Shaklee-product, single-supplement users.

Life Shake™

In a published clinical weight-loss study, Life Shake helped participants lose fat, weight, and inches while retaining lean muscle.‡

*Shaklee Canada’s complete Healthy Cleanse Program also includes Alfalfa Complex (#57110), a green “superfood” that contains premium alfalfa leaf powder plus calcium, phosphorus, and trace vitamins and minerals.
†Based on a 7-day pilot study conducted by three Shaklee distributors—a medical doctor and two nutritionists—under the supervision of Shaklee Medical Affairs. The study also included Alfalfa Complex.
‡As part of the Shaklee 180® Program. Clinical study participants replaced two meals with Shaklee Life Shakes daily and followed a 45-minute exercise program twice weekly. See full details of Life Shake clinical studies at healthresource.shaklee.com.