

Build Strong Bones

OSTEOMATRIX®

Specially formulated to provide a unique matrix of key nutrients needed to build and maintain strong bones and minimize bone loss.* With 100% DV of calcium and magnesium, along with vitamins D and K, zinc, and manganese to help minimize bone loss as you age.*

#57218 | 360 CAPLETS



Gluten Free



Kosher

STRONG BONES NEED MORE THAN CALCIUM

Why We Love It

OsteoMatrix is clinically tested for absorption and specially formulated to provide a unique matrix of key nutrients needed to build and maintain strong bones and minimize bone loss,* providing:

- The most concentrated and easily absorbed sources of elemental calcium (1,300 mg)
- Magnesium to help strengthen bones (500 mg)
- Vitamin D to stimulate calcium absorption (750 IU)

Also includes vitamin K, zinc, copper, and manganese in small, easy-to-swallow coated tablet.

FAQS PRODUCT USE

Is OsteoMatrix right for you?

Yes, if you are concerned about maintaining or building strong bones, your diet may be low in key bone-building nutrients, or you have lifestyle habits that can limit or interfere with the use of calcium. These can include:

- Smoking
- High intakes of alcohol
- Poor diet
- Frequent consumption of soft drinks

If I am pregnant or nursing, can I take OsteoMatrix?

If pregnant or nursing, please ask a health care professional.

OsteoMatrix®

Dosage: ADULTS: 5 caplets daily with food, a few hours before or after taking other medications or natural health products.

	Amount Per Caplet
Calcium (calcium carbonate; calcium citrate tetrahydrate and malate)	260 mg
Magnesium (magnesium oxide, gluconate, and citrate)	100 mg
Zinc (zinc gluconate)	0.376 mg
Manganese (manganese gluconate dihydrate)	0.05 mg
Copper (copper gluconate)	50 mcg
Vitamin K ₁ (phytonadione)	10 mcg
Vitamin D ₃ (cholecalciferol)	3.75 mcg

NON-MEDICINAL INGREDIENTS: ACACIA GUM, CORN STARCH, CROSCARMELLOSE SODIUM, DL-ALPHA-TOCOPHEROL, HYDROXYLATED SOY LECITHIN, HYPROMELLOSE, MAGNESIUM STEARATE, MALTODEXTRIN, MEDIUM CHAIN TRIGLYCERIDES, MICROCRYSTALLINE CELLULOSE, MODIFIED FOOD STARCH, SILICON DIOXIDE, SODIUM ASCORBATE, SUCROSE.



CAUTIONS:

- Consult a health care practitioner/health care provider/health care professional/doctor/physician prior to use if you are taking blood thinners

KNOWN ADVERSE REACTIONS:

- Some people may experience diarrhea

*Adequate calcium and vitamin D throughout life, as part of a well-balanced diet and regular exercise, may reduce the risk of osteoporosis. Adequate calcium intake is important, but daily intake above 2,000 mg is not likely to provide any additional benefits.

SAFE, PROVEN, GUARANTEED