Optiflora® DI delivers unique benefits via a proprietary formula with 10 billion CFUs from four bacterial strains including the powerhouse *Bifidobacterium lactis* HN019™, which is clinically proven to support digestive health.*†

- Helps support intestinal flora balance/good bacteria
- Helps maintain regularity
- Helps reduce occasional gas, bloating, and constipation

**Clinically proven digestive balance and comfort.** Optiflora DI helps maintain digestive health and regularity. It also helps reduce occasional gas and bloating.†

**Laboratory-tested to survive stomach acid.** *Bifidobacterium lactis* HN019 – an ingredient in Optiflora DI – is shown to survive passage through the digestive tract to reach the large intestine, delivering maximum benefit to the gut.

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**OPTIFLORA® DI**

Clinically proven probiotics for digestive health*

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**THE SHAKLEE DIFFERENCE™**

Our products are safe, proven, and 100% guaranteed.

At Shaklee, we never sacrifice safety and purity for efficacy. We create safe products that do what we say they’ll do – every single time. We ensure the highest quality and safety standards, conducting more than 100,000 quality tests per year.

**Optiflora DI**

Optiflora DI delivers unique benefits via a proprietary formula with 10 billion CFUs from four bacterial strains, the most prominent being the powerhouse *Bifidobacterium lactis* HN019, which is clinically proven to support digestive health.

*B. lactis* HN019 was tested to improve gut transit time: the speed at which our food is digested. Danish researchers believe healthy gut transit time supports better gut metabolism.

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PREBIOTICS AND PROBIOTICS:
Designed to work better together

In simple terms, prebiotics are a food source for probiotics. As prebiotics travel through the digestive system, they nourish the good bacteria along the way and help them grow and multiply. The result? More good bacteria in the gut, which means better digestive health.

OPTIFLORA DI
• Clinically proven probiotic for digestive health
• Contains 10 billion CFUs from four bacterial strains
• Includes *Bifidobacterium lactis* HN019, shown in laboratory studies to survive passage through the digestive tract to reach the large intestine

OPTIFLORA PREBIOTIC HELPS:
• Provide your intestinal tract with nutrients – including fructo-oligosaccharides (FOS), inulin, and gamma-tocopherol – that nourish friendly microflora
• Support a healthy digestive system

ALSO AVAILABLE:
OPTIFLORA PROBIOTIC (CAPSULE)
• Guarantees the delivery of 500 million CFUs from two bacterial strains: *B. longum* and *L. acidophilus*
• Patented triple-layer encapsulation technology guarantees live delivery of probiotics to the large intestine
• Helps support digestive health

FREQUENTLY ASKED QUESTIONS

What are probiotics?
Your gut contains more than 40 trillion bacteria, and everyday factors such as stress or diet can decrease the number of good bacteria. Probiotics are live bacteria and yeasts that are good for your digestive system. They’re often called “good” or “helpful” bacteria because they help keep your gut healthy.

I’m currently taking Vitalizer™, which includes an Optiflora Probiotic capsule. Can I also take Optiflora DI?
Yes. Optiflora DI and Optiflora Probiotic add more good bacteria to promote a healthy gut. They’re designed to work together to promote comprehensive digestive support.

Will I notice changes upon taking Optiflora DI?
In the first few days of taking any new probiotic supplement, some people may experience gas and/or bloating as the body adjusts. This reaction is typically mild and temporary and may suggest that the probiotics are working.

Are there other health claims that can be made for Optiflora DI?
Currently, Health Canada doesn’t allow claims for probiotic products beyond helping digestive support. Additional claims (e.g., helping support immune health) can only be made with extensive evidence of safety and efficacy from multiple human clinical studies on the ingredients involved or the product itself. This information may be provided to Health Canada at a later date to expand our claims.

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