

Clinically Proven Probiotics For Digestive Health*

OPTIFLORA® DI

Delivers unique benefits via a proprietary formula with 10 billion CFUs from four bacterial strains including the powerhouse *Bifidobacterium lactis* HN019™, which is clinically proven to support digestive health.*†

Bifidobacterium lactis HN019 – an ingredient in Optiflora DI – is shown to survive passage through the digestive tract to reach the large intestine, delivering maximum benefit to the gut. elevated blood homocysteine levels, thereby reducing brain atrophy.†

#57770 | 30 CAPSULES



Gluten Free



Vegan



Kosher

Why We Love It

- Helps support intestinal flora balance/good bacteria
- Helps maintain digestive health and regularity
- Helps reduce occasional gas, bloating, and constipation
- Clinically proven digestive balance and comfort
- Laboratory-tested to survive stomach acid†
- No artificial flavours, colours, sweeteners, or preservatives added

Optiflora® DI

Daily dosage: 1 capsule daily.

| MEDICINAL INGREDIENTS: | Amount per capsule |
|---|--------------------|
| <i>Bifidobacterium animalis subsp. lactis</i> , strain HN019™ | 5 billion CFU |
| <i>Lactobacillus acidophilus</i> , strain La-14® | 2 billion CFU |
| <i>Lactobacillus plantarum</i> , strain Lp-115® | 2 billion CFU |
| <i>Lactobacillus rhamnosus</i> , strain GG™ | 1 billion CFU |

NON-MEDICINAL INGREDIENTS: IPOTASSIUM PHOSPHATE, MAGNESIUM STEARATE, MICROCRYSTALLINE CELLULOSE, MONOBASIC POTASSIUM PHOSPHATE, SILICON DIOXIDE, SODIUM CHLORIDE, SUCROSE, TREHALOSE IN A HYPPROMELLOSE HARD-SHELL CAPSULE

*Optiflora DI has not been clinically tested. The HN019 strain, an ingredient in the product, is clinically proven.

†See clinical studies on *Bifidobacterium lactis* HN019 at Shaklee.com.

1. Waller PA, Gopal PK, Leyer GJ, Ouwehand AC, Reifer C, Stewart ME, Miller LE. Dose-response effect of *Bifidobacterium lactis* HN019 on whole gut transit time and functional gastrointestinal symptoms in adults. *Scand J Gastroenterol.* 2011 Sep;46(9):1057-64.

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FAQs

What are probiotics?

Your gut contains more than 40 trillion bacteria, and everyday factors such as stress or diet can decrease the number of good bacteria. Probiotics are live bacteria and yeasts that are good for your digestive system. They're often called "good" or "helpful" bacteria because they help keep your gut healthy.

I'm currently taking Vitalizer™, which includes an Optiflora Probiotic capsule. Can I also take Optiflora DI?

Yes. Optiflora DI and Optiflora Probiotic add more good bacteria to promote a healthy gut. They're designed to work together to promote comprehensive digestive support.

Will I notice changes upon taking Optiflora DI?

In the first few days of taking any new probiotic supplement, some people may experience gas and/or bloating as the body adjusts. This reaction is typically mild and temporary and may suggest that the probiotics are working.

Are there other health claims that can be made for Optiflora DI?

Currently, Health Canada doesn't allow claims for probiotic products beyond helping digestive support. Additional claims (e.g., helping support immune health) can only be made with extensive evidence of safety and efficacy from multiple human clinical studies on the ingredients involved or the product itself. This information may be provided to Health Canada at a later date to expand our claims.

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