Shaklee®

Life Shake™

RICH CHOCOLATE

Soy Protein

Delicious, all-in-one meal.
Clinically proven to help create the foundation for a longer, healthier life.

20g PROTEIN	6g FIBER	24 VITAMINS & MINERALS	GF GLUTEN FREE	V VEGAN	NON GMO	LG LOW GLYCEMIC	Dr Shaklee

14 SERVINGS | NET WEIGHT 1 LB. 6 OZ. (631 g)

Good Health. Great Taste.

Boosts Energy & Satiety Contains 20 g ultra-pure protein with precise essential amino acid ratios to help you stay energized and satisfied.

Supports Heart, Brain, Vision, Immune, Bone & Overall Health Packed with 24 essential vitamins and minerals, ALA (an essential omega-3 fatty acid), and other nutrients to benefit your whole body.

Promotes Digestive Health & Regularity Provides 6 g of fiber, a proprietary prebiotic from organic ancient grains, and digestive enzymes to help keep your gut happy.

A Delicious, Low-Glycemic Meal Features our zero-calorie natural sweetener.

Clinically Proven to Help You Lose Excess Weight and Keep It Off Powered by Leucine® to support metabolism, burn fat, and help you build lean muscle.†

Need Some Healthy Ideas? Add fruits, vegetables, or nut butters to customize with your favorite ingredients. Find healthy recipes at **go.shaklee.com**

SAFE · PROVEN · SINCE Shaklee 1956 · 100% GUARANTEED | DAIRY FREE | KOSHER | NO CHOLESTEROL | 100% CARBON NEUTRAL

NO Artificial Flavors, Sweeteners, or Preservatives

Life Shake™ is an integral part of the clinically proven Shaklee 180® program.

BEYOND ORGANIC

Shaklee quality standards go beyond how and where an ingredient is grown. We look to confirm the purity and potency of ingredients after harvest to guarantee that the final finished product is free of hundreds of chemical contaminants.

Manufactured in a facility that may also process peanuts, tree nuts, milk, egg, soy, wheat, sesame, and fish. Product sold by weight only, not by volume. Settling will occur during shipping and handling.

†When used as part of the Shaklee 180 Program. Patent # US 7,744,930 B2 XN711B

8 oz.

DIRECTIONS: Blend or shake 2 scoops with 8 oz. of your favorite beverage for a healthy meal replacement.

Nutrition Facts

14 servings per container
Serving size **2 Scoops (45 g)**

Amount per serving (mix alone)	
Calories	**160**
	% Daily Value*
Total Fat 4 g	**5%**
Saturated Fat 1 g	**5%**
Trans Fat 0 g	
Polyunsaturated Fat 0.5 g	
Monounsaturated Fat 1.5 g	
Cholesterol 0 mg	**0%**
Sodium 420 mg	**18%**
Total Carbohydrate 15 g	**5%**
Dietary Fiber 6 g	**21%**
Total Sugars 5 g	
Includes 5 g Added Sugars	**10%**
Protein 20 g	**40%**
Vitamin D 3.5 mcg (140 IU)	20%
Calcium 120 mg	10%
Iron 4.2 mg	25%
Potassium 236 mg	6%
Vitamin A 90 mcg	10%
Vitamin C 21 mg	25%
Vitamin E 5.2 mg	35%
Thiamin 0.42 mg	35%
Riboflavin 0.45 mg	35%
Niacin 5.6 mg	35%
Vitamin B_6 0.6 mg	35%
Folate 138 mcg DFE (83 mcg folic acid)	35%
Vitamin B_{12} 0.83 mcg	35%
Biotin 10.5 mcg	35%
Pantothenic Acid 1.8 mg	35%
Phosphorus 230 mg	20%
Magnesium 100 mg	25%
Zinc 4 mg	35%
Selenium 13 mcg	25%
Copper 0.4 mg	45%
Manganese 0.4 mg	15%
Chromium 30 mcg	90%
Molybdenum 25 mcg	60%
Chloride 200 mg	8%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Shaklee Proprietary Protein Blend (Soy Protein Concentrate, Soy Protein Isolate, L-leucine, **Organic** Pumpkin Seed Protein, **Organic** Chia Seed Protein), Natural Cane Sugar, Sunflower Oil Powder, Natural Flavors, Cocoa Processed With Alkali, Proprietary Fiber Blend [Soluble Corn Fiber, **Organic** Ancient Grains Blend (**Organic** Amaranth, **Organic** Buckwheat, **Organic** Millet, **Organic** Quinoa, **Organic** Chia)], Proprietary Vitamin And Mineral Blend (Dicalcium Phosphate, Magnesium Oxide, Ascorbic Acid, D-alpha-tocopheryl Acetate, Niacinamide, Zinc Oxide, Calcium Pantothenate, Vitamin A Palmitate, Vitamin D_3, Vitamin B_{12}, Pyridoxine Hydrochloride, Riboflavin, Thiamine Mononitrate, Folic Acid, Biotin), Salt, Rebaudioside M, Milled Golden Flaxseed, Guar Gum, Digestive Enzyme Blend (Papain, Bromelain).

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