

Plant-based omega-3s from marine algae

VEGAN OMEGA-3

Vegan Omega-3 delivers pure, potent, and naturally sourced omega-3 fatty acids from algae that promote brain, eye, heart, and joint wellness.* Every capsule is filled with 100% plant-based DHA and EPA omega-3 fatty acids that are sustainably sourced, so they are as good for the planet as they are for you.

#21395 | 60 SOFTGELS/30 SERVINGS



Vegan



Star K Kosher



Gluten Free



Dairy Free



Soy Free

Why We Love It

- Helps reduce the risk of heart disease by supporting a healthy heart and cardiovascular system.*†
- Helps support healthy brain function.*
- Helps with joint comfort by promoting joint flexibility and helping to keep joints lubricated.*
- Helps support long-term eye health and helps keep eyes lubricated.*
- Provides immune support and support for healthy skin.*
- Ocean-friendly/sustainably sourced
- No fishy burps or aftertaste
- Zero cholesterol

DIRECTIONS: Take 2 softgels daily with meals.

Supplement Facts

Serving Size: 2 Softgels
Servings Per Container: 30

	Amount Per Serving	% DV
Calories	10	
Total Fat	1 g	1%**
DHA [Docosahexaenoic Acid (Algal)]	400 mg	†
EPA [Eicosapentaenoic Acid (Algal)]	100 mg	†

**Percent Daily Values (DV) are based on a 2,000 calorie diet.
†Daily Value not established.

OTHER INGREDIENTS: ALGAL OIL CONCENTRATE, SUNFLOWER OIL, ROSEMARY EXTRACT, MIXED TOCOPHEROLS, AND ASCORBYL PALMITATE IN A SOFTGEL CAPSULE (MODIFIED TAPIOCA STARCH, GLYCERIN, WATER, MALTITOL).



†Supportive but not conclusive research shows that consumption of EPA and DHA omega-3 fatty acids may reduce the risk of coronary heart disease.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



FAQ

What are EPA and DHA and why are they important?

EPA (eicosapentaenoic acid) and DHA (docosahexaenoic acid) are omega-3 fatty acids that are abundant in fish, such as salmon, tuna, mackerel, and some algae. They play an important role in normal human growth and development and have benefits to human nutrition and health for all ages and across the life span.

How much EPA and DHA are in a serving of Vegan Omega-3?

Vegan Omega-3 contains 400 mg DHA and 100 mg EPA per serving (2 softgels).

What's the serving size?

It is recommended that adults take 2 softgels daily with meals.

Can I give Vegan Omega-3 to my kids?

Yes. Children old enough to swallow capsules may use Vegan Omega-3.

I'm using blood-thinning medications. Can I take Vegan Omega-3?

Please consult your physician before taking Vegan Omega-3. Discontinue use two weeks before surgery.

Is Vegan Omega-3 Non-GMO?

Yes. Vegan Omega-3 is Non-GMO.

Does this product contain gluten, soy, or lactose?

No. Vegan Omega-3 is free of gluten, soy, and lactose.

What's the shelf life?

Vegan Omega-3's shelf life is 24 months.

Where is a good place to store this product?

It is best to store Vegan Omega-3 in a cool and dry place.

Where is Vegan Omega-3 made?

Vegan Omega-3 is made in the USA.

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