

Superior Delivery with 3x More DHA + EPA[†]

OMEGA-3 GELLYS™

At every age and every stage, the body requires omega-3s to operate optimally. This potent formula delivers 3x more DHA + EPA to help support brain, heart, eye, joint, immune, and skin health.*[†] Thanks to a revolutionary new technology that uses emulsified droplets, Omega-3 Gellys boasts improved absorption of omega-3s.*¹ And it has a delightful Strawberry Lemonade flavor!

#21403 | 30 GELLYS



Zero Sugar



Gluten Free



Soy Free



Dairy Free



Non-GMO

Why We Love It

- Contains 335 mg of omega-3s per gelly, including 250 mg DHA and 50 mg EPA, which is 3x more than other leading gummies[†]
- Uses a groundbreaking emulsified delivery system that helps the body optimally absorb the DHA + EPA*
- A clinical study showed improved bioavailability of DHA + EPA when these nutrients were delivered using this form¹
- Helps support healthy brain function*
- Helps reduce the risk of heart disease by supporting a healthy heart and cardiovascular system**
- Helps with joint comfort by promoting joint flexibility and helping to keep joints lubricated*
- Helps support long-term eye health and help keep eyes lubricated*
- Provides immune support and support for healthy skin*

Directions: Kids take 1 daily with food. Adults take 2 daily with food.

Supplement Facts

Serving Size: 1 or 2 Gellys

Servings Per Container: 30 or 15

	Kids (4-17)		Adults (18+)	
	1 Gelly	% DV	2 Gellys	% DV
Calories	5		10	
Total Fat	0.5 g	<1%**	1 g	1%**
Total Omega-3 Fatty Acids	335 mg	†	670 mg	†
DHA (Docosahexaenoic Acid)	250 mg	†	500 mg	†
EPA (Eicosapentaenoic Acid)	50 mg	†	100 mg	†

**Percent Daily Values (DV) are based on a 2,000 calorie diet.

†Daily Value not established.

Other Ingredients: Fish Oil Concentrate, Xylitol, Purified Water, Sorbitol, Gelatin, Natural Flavors, Trisodium Citrate, Citric Acid, Beta-Carotene for color.

CAUTION: If taking blood-thinning medications, consult your physician prior to use. Discontinue use two weeks before surgery.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

[†]Per gelly compared to other leading Gummies.

[‡]Supportive but not conclusive research shows that consumption of EPA and DHA fatty acids may reduce the risk of heart disease. See nutrition information for total fat and saturated fat content.

1. Haug, I.J., Sagmo, L.B., Zeiss, D., Olsen, I.C., Draget, K.I. and Seternes, T. (2011), Bioavailability of EPA and DHA delivered by gelled emulsions and soft gel

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FAQ

What are DHA and EPA and why are they important?

EPA (eicosapentaenoic acid) and DHA (docosahexaenoic acid) are omega-3 fatty acids that are abundant in fish, such as salmon, tuna, mackerel, and some algae. They play an important role in normal human growth and development and have benefits to human nutrition and health for all ages and across the life span.

How much DHA and EPA are in one gelly?

One Omega-3 Gelly contains 250 mg DHA and 50 mg EPA.

What's the source of the omega-3 fatty acids in Omega-3 Gellys?

The DHA & EPA in Omega-3 Gellys are from fish oil. The fish oil in these gellys comes from various sources, including mackerel and anchovy.

Does the gelly have a flavor?

Yes. Omega-3 Gellys deliver DHA + EPA in a natural, tasty Strawberry Lemonade flavor.

Are Omega-3 Gellys sugar free? How are they sweetened?

Yes, Omega-3 Gellys are sugar free. The gellys are sweetened with sugar alcohols (xylitol and sorbitol).

Are these sugar alcohols in Omega-3 Gellys bad for consumers' teeth?

No. The sugar alcohols in Omega-3 Gellys are tooth friendly and do not promote tooth decay.

How many gellys are there per package and what's the serving size?

Each package contains 30 counts. Kids take 1 gelly daily with food and adults take 2 gellys daily with food. They should be taken with food to maximize the absorption of DHA and EPA in the body.

Can I give Omega-3 Gellys to my child who is under 4 years old?

Omega-3 Gellys are for kids and adults 4 years and older. They are not intended for use by children under 4. Consult your child's physician for children under the age of 4.

Can I take Omega-3 Gellys while pregnant or nursing? Yes.

I'm using blood-thinning medications. Can I take Omega-3 Gellys?

If you are taking blood-thinning medications, consult your physician prior to using Omega-3 Gellys. Discontinue use two weeks before surgery.

Do Omega-3 Gellys contain gelatin?

Yes. The gelly is bovine gelatin based.

Is Omega-3 Gellys Vegan?

No. The DHA & EPA in Omega-3 Gellys are from fish oil.

Is Omega-3 Gellys kosher certified?

No. Omega-3 Gellys are not kosher certified.

Is Omega-3 Gellys gluten free, soy free, dairy free, and non-GMO? Yes.

Where is Omega-3 Gellys made?

Omega-3 Gellys are manufactured in Norway.

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