

It's all about looking good, and feeling great.

According to a recent study up to 90% of Americans are lacking important nutrients in their diets. And because many crucial nutrients aren't produced naturally in your body, everything that's affected by them—from your mood and energy levels to your shape—is greatly influenced by your diet.

So what's the answer to looking your best and feeling it too? It's simple: proper nutrition and positive motivation that keeps you active...every day.

Healthier is a choice.

What happens when you replace one meal a day with a protein-rich smoothee and a complete spectrum of vitamins and minerals, and then add one of the world's most supportive and motivational health apps? Well, not only has research shown you could improve your shape you can also create a foundation for a longer, healthier, and more vibrant life.*

And that's exactly why we created the Shaklee 180 Lean & Healthy Kit. It's specifically designed to help you **achieve three things**:

Get leaner

When the Kit's Leucine-powered, high-protein smoothees were combined in a clinical study with Vitalizer™ and exercise, participants (on average) achieved a 33% leaner shape than exercise alone*.

Be healthier

Containing the most advanced multinutrient supplement pack on the market, the Kit creates a strong foundation for health—supporting your heart, bones, joints, muscles and more—by delivering over 80 bio-optimized nutrients, including a highly potent multivitamin; ultrapure, omega-3-rich fish oil; and superactive probiotics.**

Feel better

The delicious Shaklee 180 smoothees and abundant nutrients in Vitalizer work together to promote both healthy moods and brain function, and to sustain your energy levels hour after hour.**



*In a 9-month study, the use of Shaklee 180 Energizing Smoothees post exercise, plus daily use of Vitalizer improved lean body mass and other markers of health better than exercise alone.

^{**}These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

You're getting all this nutrition* in just one daily serving:

Protein

4 eggs

Fiber

- 1 cup broccoli
- 1 cup cauliflower
- 🍍 1 cup pineapple

Leucine

¥ 5 ounces chicken breast

Vitamin C

7 medium oranges

Vitamin D

19 ounces halibut

Vitamin B12

15 servings of steak

Magnesium

3 servings of nuts

Omega-3s

50 grams of sardines

Calcium

4 cups milk

+ PLUS A WHOLE LOT MORE



You can enjoy all the benefits of a delicious Shaklee 180 smoothee, the broad spectrum multinutrients of Vitalizer, and a complete, motivational program for less than \$5 a day.

^{*}The Shaklee 180™ Energizing Smoothee, Vitalizer and every food listed in this chart provides nutrients beyond those listed. Detailed nutritional values for the Shaklee 180 Energizing Smoothees and Vitalizer can be found on the labels.







Extraordinary nutrition naturally comes with an extraordinary program, too.

In addition to your nutrition, the Lean & Healthy Kit also includes exclusive access to the Shaklee 180 Program, which includes:

Personalized support, education, and advice from top health professionals, including nutrition guides, delicious recipes, and workout tips.

The Shaklee 180 mobile app and website, featuring dozens of ways to keep you involved, educated, and motivated, including the Weekly Sweepstakes[†] with 25 winners a week taking home great prizes such as iPod[®] Nanos[®], Bose[®] headphones, and more.[‡]

Free Shaklee membership that gives you a 15-25% savings on all Shaklee products

Plus, it allows you to join the Healthy Competition!

Share your inspirational story and you could win an experience you'll remember forever, including an incredible trip-of-a-lifetime with[†]:

- Airfare to Paris or San Francisco
- Expenses and accommodations at a luxury hotel
- A complete Hollywood-style makeover and shopping spree
- · A glamorous studio photo shoot

And the Kit could be yours, FREE!**Learn more at MyShaklee180.com/offerdetails

Our 3 for Free program rewards you for sharing Shaklee 180. Just help 3 people place their Shaklee 180 Lean & Healthy Kit on AutoShip, and you'll get your next month's Kit for free. And if they keep on ordering, you'll keep getting yours free, too—month after month. It's that easy.

*Based on value of program extras and product savings. **To qualify for a free Shaklee 180 Kit you must: (1) have purchased a personal Shaklee 180 Kit on AutoShip during the calendar month; (2) have three (3) or more qualifying Shaklee 180 Kit orders placed by customers (not Shaklee 180 Specialists or Distributors) in the same calendar month; and (3) the total sales volume for the three (3) Shaklee 180 Kit por free Shaklee 180 Kit will be provided in the next calendar month; havtoShip. There is no PV on the free Shaklee 180 Kit. Shipping, handling and applicable taxes apply. You may earn a maximum of two (2) free Shaklee 180 Kit ser calendar month. The free Shaklee 180 Kit is for personal consumption only and not for resale. This offer is subject to change without notice. † NO PURCHASE NECESSARY. A PURCHASE WILL NOT INCREASE YOUR CHANCES OF WINNING. ONLY OPEN TO LEGAL RESIDENTS OF THE 50 UNITED STATES & D.C. AND PUBERTO RICO, 18 YEARS AND OLDER AND who did not purchase any equipment OR PRODUCTS for purposes of entering the PROMOTION. VOID WHERE PROHIBITED. Begin 180 Day Shaklee Programs: 6/30/13; upload submission by 12/31/13. Begin 90-Day Shaklee Program by: 12/31/13; upload submission by 3/31/14. For Official Rules, and prize descriptions, visit www.myshaklee180.com. Sponsor: Shaklee Corporation, 4747 Willow Road, Pleasanton, CA 94588. \$All trademarks are the property of their respective owners.

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I start every morning with Vitalizer, a workout and a Shaklee 180 smoothee ... and I feel great! They give me the energy I need to start my day.

Zach Dowdy, 29







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