



You are cordially invited to our ...

# Woman to Woman LUNCHEON

## A Wellness Forum FOR WOMEN

to create awareness around womens' wellness issues and the purchasing power we have as women.

**SATURDAY, MAY 5, 2012 • 12 NOON – 4 PM**  
Rye Town Hilton, 699 Westchester Ave., Rye Brook, NY



### Our Keynote Speaker: Sloan Barnett

Sloan began her career as an Assistant District Attorney in Manhattan. She has been a television and print journalist for more than fifteen years, appearing as a consumer and green contributor on NBC's Today Show. She is the author of the New York Times best-selling book *Green Goes with Everything: Simple Steps to a Healthier Life and a Cleaner Planet*. She lives with her husband Roger who is the CEO of Shaklee Corporation and her three children in San Francisco.



### Our Panel

HGTV Personality **LISA ALEXANDER, LEED, AP BD & C**  
"Living Green from the ground up and all through the house"

Co-owner of Bronxville Wellness Sanctuary **STEPHANIE FILARDI, KYT, CHHC**  
"LIVING WHOLE, LIVING WELL"

**LINDA HICKS, RN**

"Women living and trying to raise healthy children in a world of chocolate and pizza"

Founder of Girls, Gals, Gurus **DR. CAROL ANN MALIZIA, DC, CCSP**  
"Beauty and Wellness is an Inside Out Job!"

Founder of Holistic Women's Center **DR. MARIANNE MESSINA, DC**  
TRANSFORMATION. "Aging with Vitality"

Founder of Gaiafit.com, a cooperative, **MARY PATTERSON, CPT, HHC**  
"Fitting Fitness in – Can we do it?"

Actor **JEN MORRIS, CHHC**  
"Financial Wellness – Living the Life You Love"



Wellness-based goods and services Penny Social to benefit NAMI Putnam (National Alliance on Mental Illness). NAMI is the nation's largest grassroots mental health organization dedicated to building better lives for the millions of Americans affected by mental illness.

**Exquisite plated luncheon and dessert included**

**Be inspired to make changes toward a healthier lifestyle for you and your family!**

**Make check payable to: Toovell Associates**

And mail to: **Toovell Associates**  
**5 Park Lane**  
**Mahopac, NY 10541**

**DEADLINE: REGISTRATIONS MUST BE POSTMARKED BY FRIDAY, APRIL 27, 2012.**  
**No tickets sold at the door. Sorry, no refunds.**

I would like to order \_\_\_\_\_ # tickets @ \$45 each for a total of \$ \_\_\_\_\_.

# \_\_\_\_\_ Gluten Free Meal with Name(s) \_\_\_\_\_

# \_\_\_\_\_ Chicken # \_\_\_\_\_ Vegetarian

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

E-mail: \_\_\_\_\_ Upline Business Leader \_\_\_\_\_

All tickets will be held at the door.

**For Additional Information, contact: Jeanne Toovell • 845.628.1045 • TeamToovell@aol.com**