



Sports Nutrition™



Introducing Shaklee Sports Nutrition™

Powering athletes. Fuelling dreams. From start to finish.



Put in the Best, Bring out the Best

Shaklee Sports Nutrition products are used at the highest levels of competition so you can trust them every time you take them—before, during, and after your workouts. Train longer. Recover faster. Perform better. And don't worry, these are natural products with no artificial flavours, sweeteners, or preservatives. Everything you need. Nothing you don't. **That's PURE performance.**

Pure Performance

Shaklee Sports Nutrition products have helped North Americans rule the podium—winning more than 100 gold, silver, and bronze medals! That's more than most countries! We've gone to the ends of the earth to prove Shaklee Sports Nutrition is the best. From the North Pole to the South Pole and all points in between. **In fact, seven of Time-Life's *Greatest Adventures of All Time* were fuelled by Shaklee.**



"To be the best you have to give it everything you've got. You have to want it. Want to hurt. Want to be the strongest. I use Shaklee products exclusively as part of my daily routine."

Billy Demong
Two-time world champion and the only American ever to win gold in a Nordic skiing event.

Thousands of athletes around the world trust Shaklee Sports Nutrition. We've got you covered no matter what you play, where you play, or how hard you play. Shaklee powers athletes to push limits and achieve more. Be YOUR best—every time!



Laurie Brandt, Mountain Biker
First place in the 2009 Leadville Silver Rush 50-mile mountain bike race.



Jennifer Rodriguez, Speed Skater
Two-time bronze medal winner. (Photo: ©2011 Jerry Search)



Darin Shapiro, Wakeboarder
Winningest rider in wakeboarding history, six Pro Tour Championships.

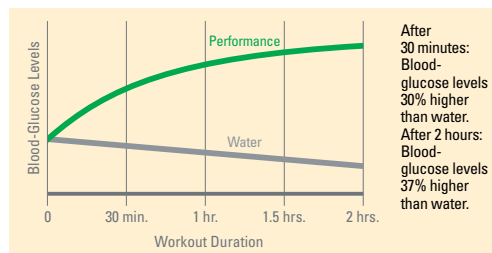
Pure Science

Shaklee Sports Nutrition products can help you perform, and we have the tests to prove it! We've been clinically testing our products for decades to give you the best that science has to offer. Sustained energy. Long-lasting hydration. More complete recovery. The results speak for themselves.

It's a competitive world. If you want to maximize your performance, you've got to maximize your nutrition. Don't trust your body to empty promises, marketing hype, questionable science, or artificial ingredients.

Shaklee Performance® Sustains Energy!

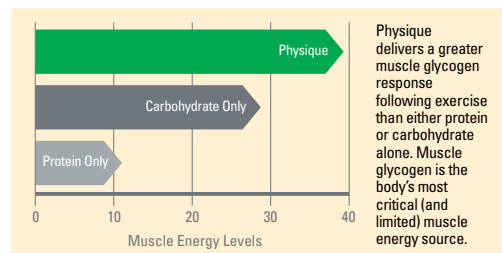
More energy! More endurance! The longer and tougher your workout, the better Performance gets.



1. Wong LG, Jensen CD, Whittam JH. The effects of sodium:carbohydrate (Na:Carb) ratios in rehydration beverages (RB) on plasma glucose (PG), osmolality (PO), volume (PV), and subject tolerance (ST). *FASEB J* 1990;4:A381 (abstr).

Shaklee Physique® Improves Recovery!

Recover faster! Recover more completely! Physique restores energy to your muscles when taken immediately after working out and again two hours later.



1. Zawadzki KM, Yaspelkis III B, Ivy JL. Carbohydrate-protein complex increases the rate of muscle glycogen storage after exercise. *J Appl Physiol* 1992;72:1854-9.

Before Exercise



Energy™

Pure Energy Chews

Energy chews provide a clean burst of healthy energy to help you get that extra edge when you need it most. Each chew contains a scientific blend of caffeine from natural green tea extract, plus L-tyrosine, L-theanine, B vitamins, and vitamin D, to help:

- + Sustain energy
- + Improve performance
- + Stay alert
- + Sharpen focus
- + Improve mood

20158 | Shaklee Energy™ | 20 Natural Citrus Burst Chews (1 pouch)  gluten free

During Exercise



Performance®

Pure Hydration Drink

Performance is clinically proven to hydrate better than water. Plus, Performance has more electrolytes and provides more energy than the leading hydration drink. Our proprietary OPTI-LYTE™ electrolyte blend, plus our unique mix of carbohydrates, delivers instant and sustained energy and supports optimal hydration.

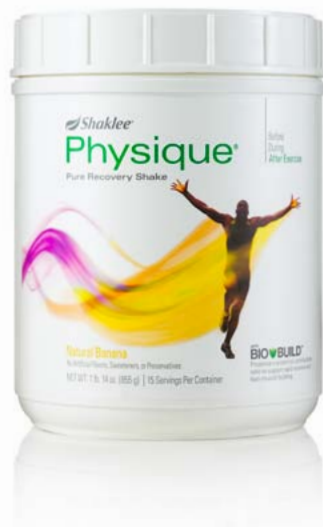
Clinically Proven

We call it Performance for good reason. Clinical tests with high-level athletes show that Shaklee Performance:

- + Minimizes fluid loss for enhanced hydration
- + Maintains blood-glucose levels to sustain intense energy output and to increase stamina
- + Increases endurance for better athletic performance

20497 | Shaklee Performance® | Natural Lemon-Lime (539 g)/19 servings  kosher  gluten free

After Exercise



Physique®



Pure Recovery Shake

Physique is a pure, natural, high-octane fuel for rapid muscle recovery, endurance, and strength. The intelligent-release protein blend and unique protein-to-carb ratio:

- + Allow your body to absorb a full spectrum of amino acids over time
- + Help build firm, lean muscles
- + Help restore muscle energy
- + Support muscle repair

Clinically Proven

Physique with BIO-BUILD®, a unique blend of protein and carbohydrate sources, has been clinically proven to activate and enhance the body's recovery process after exercise.

20495 | Shaklee Physique® | Natural Banana (855 g)/15 servings  kosher dairy  gluten free




Put in the Best, Bring out the Best
With clinically proven formulas* that help you train longer, recover faster, and perform better, Shaklee Sports Nutrition provides what your body needs before, during, and after workouts. Natural ingredients you can trust, with no artificial flavours, sweeteners, or preservatives. Everything you need. Nothing you don't. That's PURE performance.



You can order these products through your Shaklee Independent Distributor.

Contact Your Shaklee Independent Distributor:

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*Shaklee Performance® and Shaklee Physique® were tested in clinical studies.