

nutritional system ever

Would you like to feel healthier? Ensure you're getting the nutrients your body needs? Would you like a convenient, simple way to get the most comprehensive nutrition every day? Feel amazing in 30 days with Life Plan, guaranteed – or your money back.

Life Plan is the result of the foremost scientific research and decades of studies. With **35 patents and patents pending**, Life Plan combines Life Shake<sup>™</sup> and Life-Strip and is designed to promote every aspect of your health with nutrients that are clinically proven to help provide the foundation for a healthier life.

### LIFE SHAKE<sup>™</sup>

One shake does it all! Life Shake is a protein-rich meal shake with nutrients clinically proven to help create the foundation for a healthier life. With delicious flavours to choose from, Life Shake satisfies and helps you achieve a healthier weight.

- Helps build strong muscles and protective antibodies with 20 grams of ultra-pure, non-GMO protein per serving, with precise ratios of all nine essential amino acids.
- Clinically proven to help you reach and maintain a healthy weight.\* Powered by Leucine<sup>®</sup> to help you build lean muscle and burn fat.



- Supports healthy digestion. Features added digestive enzymes to provide comfort.
- Has 23 essential vitamins and minerals clinically proven to support cardiovascular, brain, bone, immune, and overall health. Includes 200 mg of calcium plus ALA (alpha-linolenic acid), an essential omega-3 fatty acid, and more.
- Available in soy and plant protein formulas, with and without stevia.



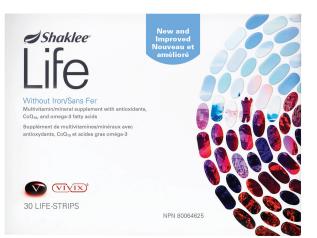
\*As part of the Shaklee 180<sup>®</sup> Program. Clinical study participants replaced two meals with Shaklee Life Shake daily and did a 45-minute exercise program twice weekly. See full details of Life Shake clinical studies at healthresource.shaklee.com.

## **Life Plan** Our best, most comprehensive nutritional system ever

### LIFE-STRIP

Life-Strip is the culmination of years of research and quality testing to guarantee it delivers pure and potent vitamins, minerals, omega-3 fatty acids, polyphenols, antioxidants, and phytonutrients to **help provide the foundation for a healthier life.** 

- Backed by The Landmark Study (see page 3)
- Provides effective levels of essential vitamins and minerals
- Backed by more than 10 patents
- Available with or without iron





**VIVIX**<sup>®</sup> **LIQUIGELS** feature a natural blend of diverse polyphenols to protect against oxidative cell damage.

concentrated omega-3 fatty acids (DHA, EPA, and more)

sustainably sourced from wild fish from pure Alaskan

waters. For cardiovascular health, cognitive health, and

**OMEGAGUARD**<sup>®</sup> **PLUS** supplies pure, ultra-



**ADVANCED MULTIVITAMIN** dissolves in less than 30 minutes in the stomach and is designed to enhance absorption of folic acid from the patented micro coating. Provides complete nutrition.

**B+C COMPLEX** was shown in a clinical study to provide up to 198% greater absorption of B vitamins over 12 hours. Helps maintain the body's ability to metabolize nutrients and maintain immune function.

### ORDER NOW

joint comfort.

**#79351 Life Plan** (customizable at checkout\*) Member Price: \$277.35 | Point Value: 178.10

**#79354 Life Plan, Kosher**<sup>†</sup> (customizable at checkout<sup>\*</sup>) Member Price: \$266.90 | Point Value: 172.78

## IS LIFE PLAN RIGHT FOR YOU?

✓ If you're looking to ensure you're receiving the optimal daily nutrition you need to provide the foundation for a healthier life.

NOTE: due to the inclusion of Vivix®, Life-Strip is not recommended for pregnant or lactating women, or anyone younger than 18 years old.

Contains Vitamin K; if taking blood-thinning medications, consult a physician prior to use.

## THE SHAKLEE DIFFERENCE™



## The power of nature, unleashed by science. Safe. Proven. Guaranteed.

At Shaklee, we're committed to innovating through science and looking to nature for the answers that can provide healthier lives. We ensure the highest quality and safety standards, conducting more than 100,000 quality tests per year to ensure our products are safe for you and your family.

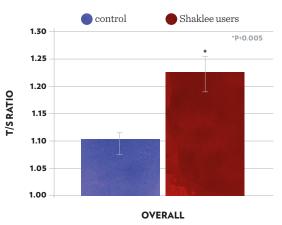
The research behind **Life Plan** includes more than 100 published scientific papers and presentations from studies supported by Shaklee. These include **The Landmark Study** and **The Telomere Study**.

• The Landmark Study was conducted in partnership with University of California Berkeley and remains one of the largest studies on longterm multiple supplement users. The study showed that Shaklee supplement users had double-digit better bio-markers of cardiovascular, heart, and cognitive health compared with non-supplement or non-Shaklee-product, single-supplement users.



The Telomere Study was based on research conducted by Elizabeth Blackburn, Ph.D., who was awarded the 2009 Nobel Prize for Medicine and is a Shaklee Scientific Board Advisor. In the Shaklee preliminary telomere study, users of Shaklee supplements for at least five years had a 40% lower rate of telomere shortening across the adult age range compared with an age-matched healthy control group. Telomeres are the protective caps of repetitive DNA at the end of chromosomes. Over time, our telomeres gradually become shorter, and telomere length is thought to be a marker of overall health.

## SHAKLEE USERS HAD LONGER TELOMERES



### Plus, Life-Strip features:



 Patented Shaklee Micronutrient Advanced Release Technology<sup>™</sup> (S.M.A.R.T.<sup>™</sup>), a unique delivery system designed to dramatically improve absorption of key nutrients in the body

## In addition, Life Shake features:

- 20 grams of ultra-pure, non-GMO protein per serving, with precise ratios of all nine essential amino acids
- Added leucine
- 23 essential vitamins and minerals clinically proven to support cardiovascular, brain, bone, immune, and overall health
- Added digestive enzymes to provide comfort
- A low glycemic index

## Life Plan Our best, most comprehensive nutritional system ever

Life Shake <sup>™</sup> – Vanilla				於 (gf
	Soy Protein		Plant Protein	
Serving size / Servings per container:	2 scoops (3	85 g) / 15	2 scoops (36 g) / 15	
	Amount Per Serving (dry mix)	% Daily Value*	Amount Per Serving (dry mix)	% Daily Value*
Calories	130		140	
Calories from Fat	30		30	
Total Fat	3 g	5%	3.5 g	6%
Saturated fat	0 g	0%	0.5 g	3%
Trans fat	0 g	070	0.0 g	070
Polyunsaturated fat	0.5 g		1.5 g	
Monounsaturated fat	1 g		1.0 g	
Cholesterol	0 mg	0%	0 mg	0%
Sodium	320 mg	13%	320 mg	13%
Potassium	250 mg	7%	50 mg	1%
Total Carbohydrate	8 q	3%	10 g	3%
Dietary fibre	6 g	24%	6 g	24%
Total sugars	<1 g		<1 g	
Added sugars	0 g		0 g	
Protein	20 g	40%	20 g	40%
	%	Daily Value*	% Dai	ly Value*
Vitamin A		10%		10%
Vitamin C		35%		35%
Calcium		20%		20%
Iron		15%		20%
Vitamin D		35%		35%
Vitamin E		35%		35%
Thiamine		35%		35%
Riboflavin		35%		35%
Niacin		35%		35%
Vitamin B6		35%		35%
Folate		35%		35%
Vitamin B <sub>12</sub>		35%		35%
Biotin		35%		35%
Pantothenic Acid		35%		35%
Phosphorus		30%		30%
Magnesium		25%		25%
Zinc		35%		35%
Selenium		35%		35%
Copper		35%		35%
Manganese		35%		35%
Chromium		80%		80%
Molybdenum		35%		35%
Chloride		8%		0%

\*Per cent Daily Values (DV) are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs. These are current U.S. Daily Values.

Iower depending on your calorie needs. These are current U.S. Daily Values. **INGREDIENTS (SOY)**: SHAKLEF PROPRIETARY PROTEIN BLEND (SOV PROTEIN CONCENTRATE, SOY PROTEIN ISOLATE, L-LEUCINE, ORGANIC PUMPKIN SEED PROTEIN, ORGANIC CHIA SEED PROTEIN), OAT FIBRE, SUNFLOWER OIL POWDER, PROPRIETARY VITAMIN AND MINERAL BLEND (DICALCIUM PHOSPHATE, POTASSIUM CHLORIDE, MAGNESIUM OXIDE, VITAMIN D., FROM ACARICUS BISPORUS ORGANIC MUSHROOM POWDER, ASCORBIC ACID, SELENIUM YEAST, D-ALPHA-TOCOPHERYL ACETATE, MOLYBDENUM YEAST, NIACINAMIDE, ZINC OXIDE, COPPER GLUCONATE, CALCIUM PHOSPHATE, VITAMIN B12, MANGANESE SULPHATE, CHROMIUM NICOTINATE, PYRIDOXINE HYDROCHLORIDE, RIBOFLAVIN, THIAMINE MONONITRATE, FOLIC ACID, BIOTIN, MILLED GOLDEN FLASSED, NATURAL FLAVOUR, ORGANIC ANCIENT GRAINS BLEND (ORGANIC AMARANTH, ORGANIC BUCKWHEAT, ORGANIC MILLET, ORGANIC CHIAO, ORGANIC CHIA), REBADIAMA A (STEVIA EXTRACT) (LEAF), DIGESTIVE ENZYME BLEND (PAPAIN, BROMELAIN), (**PLANT**), SHAKLEF PROPRIETARY PROTEIN BLEND (DEA PROTEIN, L-LEUCINE, ORGANIC CHIAO, ORGANIC CHIA), REBADIAMA A (STEVIA EXTRACT) (LEAF), DIGESTIVE ENZYME BLEND (PAPAIN, BROMELAIN), (**PLANT**), SHAKLEF PROPRIETARY PROTEIN BLEND (DEA PROTEIN, L-LEUCINE, ORGANIC CHIAO, SEED PROTEIN, ORGANIC AMARANTH, ORGANIC BUCKWHEAT, ORGANIC MILLET, ORGANIC CUINOA, ORGANIC CHIA), REPOPRIETARY VITAMIN AND MINERAL BLEND (DCIACIUM PHOSPHATE, MAGNESIUM VAIDE, UTAMIN D, FROM *ACARCUS BISPORUS* ORGANIC MUSHROM POWDER, SELENIUM YEAST, D-ALPHA-TOCOPHERYL ACETATE, MOLYBDENIM YEAST, MOLICANIMDE ZINC OXIDE, COPPER GLUCONATE, CALCIUM PANTOHENATE, WITAMIN AND MINERAL BLEND (DCIACIUM PHOSPHATE, WAGNESIUM VAIDE, UTAMIN D, FROM *ACARCUS BISPORUS* ORGANIC MUSHROM POWDER, SELENIUM YEAST, D-ALPHA-TOCOPHERYL ACETATE, MOLYBDENIM YEAST, MALCINAMIDE, ZINC OXIDE, COPPER GLUCONATE, CALCIUM PANTOHENATE, WITAMIN A PALMITATE, VITAMIN BP2, MANGANESE SULPHATE, CHROMIUM NICOTINATE, PYRIDOXINE HYDROCHLORIDE, RIBOFLAVIN, THIAMINE MONONITRATE, FOLIC ACID, BIOTIN), NATURAL FLAVOUR, SUNFLOWER OIL POWDER, BEBAUDIANA A

Serving size: 2 scoops (45 g) Servings per container: 15		
	Amount Per Serving (dry mix)	% Daily Value*
Calories	170	
Calories from Fat	30	
Total Fat	3 g	5%
Saturated fat	0 q	0%
Trans fat	0 g	0,0
Polyunsaturated fat	0.5 g	
Monounsaturated fat	1 g	
Cholesterol	0 mg	0%
Sodium	320 mg	13%
Potassium	250 mg	7%
Total Carbohydrate	18 g	6%
Dietary fibre	6 g	24%
Total sugars	10 g	
Added sugars	10 g	
Protein	20 g	40%
		% Daily Value
Vitamin A		10%
Vitamin C		35%
Calcium		20%
Iron		15%
Vitamin D		35%
Vitamin E		35%
Thiamine		35%
Riboflavin		35%
Niacin		35%
Vitamin B <sub>6</sub>		35%
Folate		35%
Vitamin B <sub>12</sub>		35%
Biotin		35%
Pantothenic acid		35%
Phosphorus		30%
Magnesium		25%
Zinc		35%
Selenium		35%
Copper		35%
Manganese		35%
Chromium		80%
Molybdenum		35%
Chloride		8%

iay be nigne or lower depending on your calorie needs. These are current U.S. Daily Values.

UI IOWEI GEPENDING IN JOUR CALORIE NEEDS. THESE ARE CUITENT U.S. DAILY VALUES. INGREDIENTS: SHAKLEE PROPRIETARY PROTEIN BLEND (SOY PROTEIN CONCENTRATE, SOY PROTEIN ISOLATE, L-LEUCINE, ORGANIC PUMPKIN SEED PROTEIN, ORGANIC CHIA SEED PROTEIN), NATURAL CANE SUGAR, OAT FIBRE, SUNFLOWER OIL POWDER, PROPRIETARY VITAMIN AND MINERAL BLEND (DICALCIUM PHOSPHATE, POTASSIUM CHLORIDE, MAGNESIUM OXIDE, VITAMIN D2, FROM AGARICUS BISPORUS ORGANIC MUSHROOM POWDER, ASCOBIC ACID, SELENIUM YEAST, D-ALPHA-TOCOPHERVI ACETATE, VITAMIN A PALMITATE, VITAMIN B2, MANGANESE SULPHATE, CHROMIUM NICOTINATE, PYRIDOXINE HYDROCHLORIDE, RIBOFLAVIN, THIAMINE MONONITRATE, FOLIC ACID, BIOTIN), MILLED GOLDEN FLAXSEED, NATURAL FLAVOUR, ORGANIC AUCINC AGAINS DELROU (ORGANIC AMARANTH, ORGANIC BUCKWHEAT, ORGANIC MILLET, ORGANIC QUINOA, ORGANIC CHIA), DIGESTIVE ENZYME BLEND (PAPAIN, BROMELAIN).

# Life Plan Our best, most comprehensive nutritional system ever

Daily dosage: 1 Life-Strip         Amount per day           Without Iron         With Iron           Beta-carotene (Blakeslea trispora, whole)         5250 mcg         5250 mcg           Biofin (d-biotin)         300 mcg         300 mcg           Boron (socium tetraborate)         1 mg         1 mg           Calcium (calcium ascorbate, carbonate, silicate; dicalcium (chromium chloride)         120 mcg         500 mg           Copper (cupric gluconate)         1 mg         1 mg         1 mg           Folate (folic acid)         400 mcg         400 mcg         100 mcg           Ion (ferous fumarate)         0 mg         18 mg         Magnesium (magnesium oxide)         200 mg           Magnesium (magnesium oxide)         200 mg         20 mg         2 mg           Macinamide         130 mg         130 mg         130 mg           Nickel (nickel sulphate)         5 mcg         5 mcg           Phosphorus (dicalcium d-pantothenate)         65 mg         65 mg           Phosphorus (dicalcium d-pantothenate)         70 mcg         70 mcg           Silicon dixide)         7.8 mg         7.8 mg           Thiamine (monnitrate)         9.75 mg         9.75 mg           Tin (stannous chloride)         10 mcg         10 mcg <td< th=""><th>Life-Strip Medicinal Ingredients*</th><th></th><th>gf</th></td<>	Life-Strip Medicinal Ingredients*		gf	
Without IronWith IronBeta-carotene (Blakeslea trispora, whole) $5250 mcg$ ( $8750 lb)5250 mcg(8750 lb)Biotin (d-biotin)300 mcg300 mcg300 mcg300 mcgBoron (sodium tetraborate)1 mg1 mgCalcium (calcium ascorbate, carbonate, silicate;dicalcium and tricalcium phosphate)500 mgCorper (cupric gluconate)1 mg1 mgFolate (folic acid)400 mcg400 mcgIodine (potassium iodide and kelp)150 mcg150 mcgIron (ferrous fumarate)0 mg18 mgMagnese (maganese gluconate)2 mg2 mgMolybdenum (sodium molybdate)75 mcg75 mcgNiacinamide130 ng130 mgNickel (nickel sulphate)5 mcg5 mcgPantothenic acid (calcium d-pantothenate)65 mg65 mgPhosphorus (dicalcium phosphate)28 mg28 mgRiboflavin11 mg11 mgSelicon (silicon dioxide)7.8 mg7.8 mgThiamine (thamine mononitrate)9.75 mg9.75 mgTin (starnous chloride)14 mg14 mgVitamin A (vitamin A acetate)220 mcg20 mcgVitamin B, (pyridoxine hydrochloride)14 mg14 mgVitamin G (calcium ascorbate, ascorbic acid)500 mg500 mgVitamin A (otocashexaenoic acid)500 mg500 mgVitamin A (vitamin A acetate)22 mcg22 mcgVitamin B, (pyridoxine hydrochloride)14 mg14 mgVitamin B, (cosahexaenoic acid)28 mg28 $	Daily dosage: 1 Life-Strip			
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Niacinamide130 mg130 mgNickel (nickel sulphate)5 mcg5 mcgPantothenic acid (calcium d-pantothenate)65 mg65 mgPhosphorus (dicalcium phosphate)28 mg28 mgRiboflavin11 mg11 mgSelenium (sodium selenate)70 mcg70 mcgSilicon (silicon dioxide)7.8 mg7.8 mgThiamine (thiamine mononitrate)9.75 mg9.75 mgIn (stannous chloride)10 mcg10 mcgVanadium (sodium metavanadate)20 mcg20 mcgVitamin A (vitamin A acetate)554 mcg RAE (1875 IU)554 mcg RAE (1875 IU)Vitamin B <sub>6</sub> (pyridoxine hydrochloride)14 mg14 mgVitamin B <sub>12</sub> (cyanocobalamin)54 mcg550 mgVitamin D <sub>3</sub> (cholecalciferol)25 mcg25 mcgVitamin D <sub>3</sub> (cholecalciferol)25 mcg25 mgVitamin K <sub>1</sub> (phytonadione)100 mcg100 mcgVitamin K <sub>1</sub> (phytonadione)100 mcg100 mcgZinc (zinc oxide)200 IU) (200 IU)(200 IU)Vitamin Lipid concentrate)1064 mg1064 mgEPA (eicosapentaenoic acid)288 mg288 mgOther naturally occurring omega-3 fatty acids62 mg62 mgCoenzyme Q <sub>10</sub> 30 mg30 mg30 mgN-acetyl-L-cysteine50 mg5 mg5 mgLutein (lutein ester from 28.75 mg marigold flower extract)5 mg5 mgZina caronator ( <i>Ries nigruni</i> ) fuit extract59 mg59 mgReavine ( <i>Vitis vinifera</i> ) fruit extract	Manganese (manganese gluconate)	2 mg	2 mg	
Nickel (nickel sulphate)5 mcg5 mcgPantothenic acid (calcium d-pantothenate)65 mg65 mgPhosphorus (dicalcium phosphate)28 mg28 mgRiboflavin11 mg11 mgSelenium (sodium selenate)70 mcg70 mcgSilicon (silicon dioxide)7.8 mg7.8 mgThiamine (thiamine mononitrate)9.75 mg9.75 mgTin (stannous chloride)10 mcg10 mcgVanadium (sodium metavanadate)20 mcg20 mcgVanadium (sodium metavanadate)20 mcg20 mcgVitamin A (vitamin A acetate)554 mcg RAE (1875 IU)(1875 IU)Vitamin B (pyridoxine hydrochloride)14 mg14 mgVitamin B (cyridoxine hydrochloride)14 mg14 mgVitamin D <sub>3</sub> (cholecalciferol)25 mcg25 mcgVitamin D <sub>3</sub> (cholecalciferol)25 mcg25 mcgVitamin K (phytonadione)100 mcg100 mcgVitamin K, (phytonadione)100 mcg100 mcgZinc (zinc oxide)22.5 mg22.5 mgZinc (zinc oxide)22.5 mg28 mgOther naturally occurring omega-3 fatty acids62 mg62 mgCoenzyme O <sub>10</sub> 30 mg30 mg30 mgN-acetyl-L-cysteine50 mg50 mg5 mgLutein (lutein ester from 28.75 mg marigold flower extract)5 mg5 mgZinagold flower extract)5 mg5 mg5 mgZinagold flower extract)5 mg5 mg5 mgZinagold flower extract)5 mg5 mg5 mg <td>Molybdenum (sodium molybdate)</td> <td>75 mcg</td> <td>75 mcg</td>	Molybdenum (sodium molybdate)	75 mcg	75 mcg	
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Riboflavin11 mg11 mgSelenium (sodium selenate)70 mcg70 mcgSilicon (silicon dioxide)7.8 mg7.8 mgThiamine (thiamine mononitrate)9.75 mg9.75 mgTin (stannous chloride)10 mcg10 mcgVanadium (sodium metavanadate)20 mcg20 mcgVitamin A (vitamin A acetate)554 mcg RAE (1875 IU)554 mcg RAE (1875 IU)Vitamin B <sub>6</sub> (pyridoxine hydrochloride)14 mg14 mgVitamin C (calcium ascorbate, ascorbic acid)500 mg500 mgVitamin D <sub>3</sub> (cholecalciferol)25 mcg (1000 IU)25 mcg (1000 IU)Vitamin K (chytonadione)100 mcg100 mcgVitamin K, (phytonadione)100 mcg100 mcgZinc (zinc oxide)22.5 mg (22.5 mg22.5 mgTotal omega-3 fatty acids (from ultra-pure marine lipid concentrate)1064 mg1064 mgDHA (docosahexaenoic acid)714 mg714 mgDHA (docosahexaenoic acid)28 mg28 mgQueryme Q <sub>10</sub> 30 mg30 mgN-acetyl-L-cysteine50 mg5 mgLutein (lutein ester from 28.75 mg marigold flower extract)5 mg5 mgZeaxanthin (zeaxanthin ester from 28.75 mg marigold flower extract)5 mg5 mgZeaxanthin (zeaxanthin ester from 28.75 mg marigold flower extract)5 mg5 mgReaving ( <i>Reaveration (Reynoutria japonica</i> root)60 mg60 mgPomegranate ( <i>Punica granatum</i> ) fruit extract59 mg59 mgBlack currant ( <i>Ribes nigrum</i> ) fruit extract59	Pantothenic acid (calcium d-pantothenate)	65 mg	65 mg	
Riboflavin11 mg11 mgSelenium (sodium selenate)70 mcg70 mcgSilicon (silicon dioxide)7.8 mg7.8 mgThiamine (thiamine mononitrate)9.75 mg9.75 mgTin (stannous chloride)10 mcg10 mcgVanadium (sodium metavanadate)20 mcg20 mcgVitamin A (vitamin A acetate)554 mcg RAE (1875 IU)554 mcg RAE (1875 IU)Vitamin B <sub>6</sub> (pyridoxine hydrochloride)14 mg14 mgVitamin C (calcium ascorbate, ascorbic acid)500 mg500 mgVitamin D <sub>3</sub> (cholecalciferol)25 mcg (1000 IU)25 mcg (1000 IU)Vitamin K (chytonadione)100 mcg100 mcgVitamin K, (phytonadione)100 mcg100 mcgZinc (zinc oxide)22.5 mg (22.5 mg22.5 mgTotal omega-3 fatty acids (from ultra-pure marine lipid concentrate)1064 mg1064 mgDHA (docosahexaenoic acid)714 mg714 mgDHA (docosahexaenoic acid)28 mg28 mgQueryme Q <sub>10</sub> 30 mg30 mgN-acetyl-L-cysteine50 mg5 mgLutein (lutein ester from 28.75 mg marigold flower extract)5 mg5 mgZeaxanthin (zeaxanthin ester from 28.75 mg marigold flower extract)5 mg5 mgZeaxanthin (zeaxanthin ester from 28.75 mg marigold flower extract)5 mg5 mgReaving ( <i>Reaveration (Reynoutria japonica</i> root)60 mg60 mgPomegranate ( <i>Punica granatum</i> ) fruit extract59 mg59 mgBlack currant ( <i>Ribes nigrum</i> ) fruit extract59	Phosphorus (dicalcium phosphate)	28 mg	28 mg	
Silicon (silicon dioxide)7.8 mg7.8 mgThiamine (thiamine mononitrate)9.75 mg9.75 mgTin (stannous chloride)10 mcg10 mcgVanadium (sodium metavanadate)20 mcg20 mcgVitamin A (vitamin A acetate)554 mcg RAE (1875 lU)554 mcg RAE (1875 lU)Vitamin B <sub>6</sub> (pyridoxine hydrochloride)14 mg14 mgVitamin C (calcium ascorbate, ascorbic acid)500 mg500 mgVitamin D <sub>3</sub> (cholecalciferol)25 mcg (1000 lU)25 mcg (1000 lU)Vitamin K (d-alpha-tocopherol, d-alpha-tocopheryl acid succinate)134 mg AT (200 lU)Vitamin K, (phytonadione)100 mcg100 mcgZinc (zinc oxide)22.5 mg 22.5 mg22.5 mgTotal omega-3 fatty acids (from ultra-pure marine lipid concentrate)1064 mg1064 mgDHA (docosahexaenoic acid)288 mg288 mgOther naturally occurring omega-3 fatty acids62 mg50 mgCoenzyme Q <sub>10</sub> 30 mg30 mg30 mgN-acetyl-L-cysteine50 mg5 mg5 mgLutein (lutein ester from 28.75 mg marigold flower extract)5 mg5 mgZeaxanthin (zeaxanthin ester from 28.75 mg marigold flower extract)5 mg5 mgSo mg59 mg59 mg59 mgBack currant ( <i>Ribes nigrum</i> ) fruit extract59 mg59 mgBeak currant ( <i>Ribes nigrum</i> ) fruit extract59 mg59 mgBeak wine ( <i>Vitis vinifera</i> ) fruit extract59 mg59 mg	Riboflavin		11 mg	
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Vanadium (sodium metavanadate)20 mcg20 mcgVitamin A (vitamin A acetate) $554 \text{ mcg RAE}$ (1875 IU) $554 \text{ mcg RAE}$ (1875 IU)Vitamin B <sub>6</sub> (pyridoxine hydrochloride)14 mg14 mgVitamin B <sub>12</sub> (cyanocobalamin) $54 \text{ mcg}$ $54 \text{ mcg}$ Vitamin C (calcium ascorbate, ascorbic acid) $500 \text{ mg}$ $500 \text{ mg}$ Vitamin D <sub>3</sub> (cholecalciferol) $25 \text{ mcg}$ (1000 IU) $25 \text{ mcg}$ (1000 IU)Vitamin E (d-alpha-tocopherol, d-alpha-tocopheryl acid succinate) $134 \text{ mg AT}$ (200 IU) $134 \text{ mg AT}$ (200 IU)Vitamin K <sub>1</sub> (phytonadione)100 mcg100 mcgZinc (zinc oxide) $22.5 \text{ mg}$ $22.5 \text{ mg}$ $22.5 \text{ mg}$ Total omega-3 fatty acids (from ultra-pure marine lipid concentrate) $1064 \text{ mg}$ $1064 \text{ mg}$ $1064 \text{ mg}$ $1064 \text{ mg}$ DHA (docosahexaenoic acid) $288 \text{ mg}$ $288 \text{ mg}$ $288 \text{ mg}$ $20 \text{ mg}$ $30 \text{ mg}$ $30 \text{ mg}$ N-acetyl-L-cysteine Lucein (lutein ester from 28.75 mg marigold flower extract) $5 \text{ mg}$ $5 \text{ mg}$ $5 \text{ mg}$ $5 \text{ mg}$ Zeaxanthin (zeaxanthin ester from 28.75 mg marigold flower extract) $250 \text{ mcg}$ $250 \text{ mcg}$ $250 \text{ mcg}$ $250 \text{ mg}$ Trans-resveratrol ( <i>Reynoutria japonica</i> root) $60 \text{ mg}$ $60 \text{ mg}$ $59 \text{ mg}$ $59 \text{ mg}$ Black currant ( <i>Ribes nigrum</i> ) fruit extract $59 \text{ mg}$ $59 \text{ mg}$ $59 \text{ mg}$	Thiamine (thiamine mononitrate)	9.75 mg	9.75 mg	
Vitamin A (vitamin A acetate)554 mcg RAE (1875 IU)554 mcg RAE (1875 IU)Vitamin $B_6$ (pyridoxine hydrochloride)14 mg14 mgVitamin $B_{12}$ (cyanocobalamin)54 mcg54 mcgVitamin C (calcium ascorbate, ascorbic acid)500 mg500 mgVitamin D_3 (cholecalciferol)25 mcg (1000 IU)25 mcg (1000 IU)Vitamin E (d-alpha-tocopherol, d-alpha-tocopheryl acid succinate)134 mg AT (200 IU)134 mg AT (200 IU)Vitamin K_1 (phytonadione)100 mcg100 mcgZinc (zinc oxide)22.5 mg 22.5 mg22.5 mgTotal omega-3 fatty acids (from ultra-pure marine lipid concentrate)1064 mgDHA (docosahexaenoic acid)714 mg714 mgDHA (docosahexaenoic acid)288 mg288 mgOther naturally occurring omega-3 fatty acids62 mg62 mgCoenzyme Q <sub>10</sub> 30 mg30 mg30 mgN-acetyl-L-cysteine50 mg5 mg5 mgLutein (lutein ester from 28.75 mg marigold flower extract)5 mg5 mgZeaxanthin (zeaxanthin ester from 28.75 mg marigold flower extract)5 mg5 mgZeaxanthin ( <i>Reynoutria japonica</i> root)60 mg60 mgPomegranate ( <i>Punica granatum</i> ) fruit extract59 mg59 mgBlack currant ( <i>Ribes nigrum</i> ) fruit extract59 mg59 mgBlack currant ( <i>Ribes nigrum</i> ) fruit extract59 mg59 mg	Tin (stannous chloride)	10 mcg	10 mcg	
$(1875 \ l U) (1875 \ l U)$ Vitamin B <sub>6</sub> (pyridoxine hydrochloride) 14 mg 14 mg Vitamin B <sub>12</sub> (cyanocobalamin) 54 mcg 54 mcg Vitamin C (calcium ascorbate, ascorbic acid) 500 mg 500 mg Vitamin D <sub>3</sub> (cholecalciferol) 25 mcg 25 mcg (1000 l U) (1000 l U) Vitamin E (d-alpha-tocopherol, 134 mg AT d-alpha-tocopheryl acid succinate) (200 l U) (200 l U) Vitamin K <sub>1</sub> (phytonadione) 100 mcg 100 mcg Zinc (zinc oxide) 22.5 mg 22.5 mg Total omega-3 fatty acids (from ultra-pure marine lipid concentrate) 1064 mg 1064 mg EPA (eicosapentaenoic acid) 288 mg 288 mg Other naturally occurring omega-3 fatty acids 62 mg 62 mg Coenzyme Q <sub>10</sub> 30 mg 30 mg N-acetyl-L-cysteine 50 mg 50 mg Luctein (lutein ester from 28.75 mg marigold flower extract) 55 mg 5 mg Zeaxanthin (zeaxanthin ester from 28.75 mg marigold flower extract) 250 mcg 250 mcg Trans-resveratrol ( <i>Reynoutria japonica</i> root) 60 mg 60 mg Pomegranate ( <i>Punica granatum</i> ) fruit extract 59 mg 59 mg Red wine ( <i>Vitis vinifera</i> ) fruit extract 59 mg 59 mg Red wine ( <i>Vitis vinifera</i> ) fruit extract 59 mg 59 mg	Vanadium (sodium metavanadate)	20 mcg	20 mcg	
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$ \begin{array}{c c} \text{Zinc (zinc oxide)} & 22.5 \text{ mg} & 22.5 \text{ mg} \\ \hline \text{Total omega-3 fatty acids (from ultra-pure} \\ marine lipid concentrate) & 1064 \text{ mg} & 1064 \text{ mg} \\ \hline \text{EPA (eicosapentaenoic acid)} & 714 \text{ mg} & 714 \text{ mg} \\ \hline \text{EPA (eicosapentaenoic acid)} & 288 \text{ mg} & 288 \text{ mg} \\ \hline \text{Other naturally occurring omega-3 fatty acids} & 62 \text{ mg} & 62 \text{ mg} \\ \hline \text{Coenzyme } \Omega_{10} & 30 \text{ mg} & 30 \text{ mg} \\ \hline \text{N-acetyl-L-cysteine} & 50 \text{ mg} & 50 \text{ mg} \\ \hline \text{Lycopene (from tomato fruit)} & 5 \text{ mg} & 5 \text{ mg} \\ \hline \text{Lutein (lutein ester from 28.75 mg} \\ marigold flower extract) & 5 \text{ mg} & 5 \text{ mg} \\ \hline \text{Zeaxanthin (zeaxanthin ester from 28.75 mg} \\ marigold flower extract) & 60 \text{ mg} & 60 \text{ mg} \\ \hline \text{Pomegranate (Punica granatum) fruit extract} & 59 \text{ mg} & 59 \text{ mg} \\ \hline \text{Back currant (Ribes nigrum) fruit extract} & 59 \text{ mg} & 59 \text{ mg} \\ \hline \text{Red wine (Vitis vinifera) fruit extract} & 59 \text{ mg} & 59 \text{ mg} \\ \hline \text{Red wine (Vitis vinifera) fruit extract} & 59 \text{ mg} & 59 \text{ mg} \\ \hline \text{Red wine (Vitis vinifera) fruit extract} & 59 \text{ mg} & 59 \text{ mg} \\ \hline \text{Red wine (Vitis vinifera) fruit extract} & 59 \text{ mg} & 59 \text{ mg} \\ \hline \text{Red wine (Vitis vinifera) fruit extract} & 59 \text{ mg} & 59 \text{ mg} \\ \hline \text{Red wine (Vitis vinifera) fruit extract} & 59 \text{ mg} & 59 \text{ mg} \\ \hline \text{Red wine (Vitis vinifera) fruit extract} & 59 \text{ mg} & 59 \text{ mg} \\ \hline \text{Red wine (Vitis vinifera) fruit extract} & 59 \text{ mg} & 59 \text{ mg} \\ \hline \ \text{Red wine (Vitis vinifera) fruit extract} & 59 \text{ mg} & 59 \text{ mg} \\ \hline \ \ \end{tabular}$	(a sele as a sele a sel	0	0	
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Lycopene (from tomato fruit)5 mg5 mgLutein (lutein ester from 28.75 mg marigold flower extract)5 mg5 mgZeaxanthin (zeaxanthin ester from 28.75 mg marigold flower extract)250 mcg250 mcgTrans-resveratrol (Reynoutria japonica root)60 mg60 mgPomegranate (Punica granatum) fruit extract59 mg59 mgChebulic myrobalan (Terminalia chebula) fruit extract59 mg59 mgBlack currant (Ribes nigrum) fruit extract59 mg59 mgRed wine (Vitis vinifera) fruit extract59 mg59 mg	Coenzyme Q <sub>10</sub>	30 mg	30 mg	
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Red wine (Vitis vinifera) fruit extract59 mg59 mg	Chebulic myrobalan (Terminalia chebula) fruit extract	59 mg	59 mg	
	Black currant (Ribes nigrum) fruit extract	59 mg	59 mg	
Carrot ( <i>Daucus carota</i> ) root extract 6.5 mg 6.5 mg	Red wine (Vitis vinifera) fruit extract	59 mg	59 mg	
	Carrot ( <i>Daucus carota</i> ) root extract	6.5 mg	6.5 mg	

\*For a complete list of non-medicinal ingredients for each Life-Strip formulation, please see the appropriate decorator carton.

