

MindWorks

PROVIDES COGNITIVE SUPPORT



Neural connections in the human brain start declining as early as age 20. By age 45, this decline occurs even more rapidly. Studies show the key ingredients in MindWorks temporarily support cognitive function and memory, and support long-term brain health.

Scientific studies have shown the key ingredients work in three ways:

performance*

COGNITIVE FUNCTION A N D M E M O R Y

SUPPORT



impairing our ability to recall, think, and respond. Guarana extract, a key nutrient in MindWorks, was shown in multiple

Provide temporary improvement in cognitive

Over time, neural connections become less efficient,

clinical studies to significantly enhance memory and improve reaction time.

H E L P SUPPORT BRAIN FUNCTION DURING AGING⁺



Protect against age-related mental decline⁺

The three B vitamins in MindWorks were shown in a clinical study to reduce the brain shrinkage rate by 30% over two years. *

SUPPORT HEALTHY CIRCULATION

Impact circulation to the brain

Blood circulation is critical for delivery of oxygen and key nutrients to the brain. It's linked to neural activity. In a double-blind Shaklee employee pilot test, circulation (as reflected by skin temperature) was enhanced after a single serving of Chardonnay grape seed extract, one of the key nutrients in MindWorks.

*At six hours versus control. †Particularly in individuals with elevated homocysteine levels. ‡Based on a two-year study of 223 adults with mild cognitive impairment.

THE SHAKLEE DIFFERENCE

MindWorks contains key nutrients that have been shown in three clinical studies and dozens of laboratory studies to temporarily support cognitive function and memory, as well as support long-term brain health.

Enhance mental performance*



Powered by a guarana extract, B vitamins, and an exclusive Chardonnay seed extract.

Our carefully selected, low-caffeine guarana extract has been extensively tested. It provides temporary improvement in cognitive performance and memory, and one serving of MindWorks contains less caffeine than a medium cup of decaf coffee.

The three B vitamins (folic acid, B_6 , and B_{12}) in MindWorks help reduce elevated blood homocysteine levels, thereby reducing brain atrophy.⁺

Only available to Shaklee, the unique Chardonnay grape seed polyphenol blend is made with a patent-pending extraction process that concentrates specific polyphenols that are clinically proven to help blood circulation.

*At six hours versus control.

⁺Based on a two-year study of 223 adults with mild cognitive impairment.

*Based on thermographic imaging results from a double-blind preliminary Shaklee employee use/pilot trial.

38.0

Every MindWorks™ bottle helps fund brain health research

Shaklee is a leader in cognitive health, not only providing nutritional support but also funding brain health research. That's why we take every MindWorks bottle we sell and use a portion of the proceeds to fund the Shaklee Grant Program for Brain Health Research.

The new program was created to provide funding for scientists to research and learn more about the role of dietary supplements in supporting brain health. Shaklee asks potential grant recipients to submit proposals, and our review committee selects proposals based on their scientific merit, relevance to the program's research interests, and professional and academic qualifications.

The first grant recipient of the program is Jeong-Su Kim, Ph.D., an Associate Director in the Florida State University Department of Nutrition, Food & Exercise Sciences. Dr. Kim and his team will study the effects of MindWorks supplementation on cognitive function, motor skills, and balance in middle-aged and older individuals.

"I'm thankful for this grant, and excited to see what we'll discover using the resources we now have."

Jeong-Su Kim, Ph.D. Associate Director, Center for Advancing Exercise and Nutrition Research on Aging

HOW WILL YOU JOIN SHAKLEE?

Enjoy the benefits and be rewarded in more ways than you can imagine.



Experience the way Shaklee products

can help transform your health.

SHARE

Share Shaklee products with friends and family and earn extra cash plus rewards.



Build a team in a way that works for you and fits your life, with the potential for significant financial rewards.

Talk to your Shaklee Independent Distributor about how to SAVE 10%.





