

TAKING CHARGE OF YOUR HEALTH

Interest Indicator

Yes, I'm interested in learning more about the Shaklee products that support women's and children's health through the following life stages:

WOMEN'S HEALTH

General Supplementation – ideal for preconception nutrition all the way through menopause and beyond

- Antioxidants (including vitamin C and vitamin E)
- Iron (Shaklee Vitalizer™ With Iron option)
- Bone health: calcium and vitamin D₃
- Omega-3 fatty acids (EPA and DHA)
- Probiotic for digestive and immune support

- For additional bone support
- Healthy weight management

Shaklee Vitalizer™ With Iron or Shaklee Vitalizer™ Without Iron

Shaklee Vitalizer™ Gold – with N-acetylcysteine for those over age 50

Super Cal Mag Plus or Chewable Cal Mag Plus

Shaklee 180™ Weight-Loss Program

Pregnancy*/Breastfeeding*

- Core nutritional supplement of vitamins and minerals/additional folate
- Healthy protein – approximately 500 additional calories per day

- Fibre – for digestive support and decreasing tendency for occasional constipation
- Extra iron

Vita Lea® With Iron or Vitalizer With Iron / B-Complex

Shaklee 180 Smoothee Mix, Shaklee 180 Meal-in-a-Bar, Flavour-Enhanced Soy Protein

Fibre Plan Tablets or Fibre Advantage Chewy Apple-Cinnamon Bar

Iron Plus Vitamin C

Targeted Needs

- Phytoestrogens for managing life transitions
- Additional antioxidants and immune support
- Joint health

Menopause Complex, Shaklee 180 Smoothee Mix, Shaklee 180 Meal-in-a-Bar, Flavour-Enhanced Soy Protein

Vivix® Antioxidant Solution, Vita-C 500 Sustained Release, Vita-E® 400 Plus, CarotoMax™, NutriFeron® (immune support)

Joint Health Complex, OmegaGuard®

Special Topics

Heart health

OmegaGuard, CoQHeart™, Cholesterol Reduction Complex, Garlic Complex, Flax Seed Oil

Stress

Stress Relief Complex, B-Complex

Memory support/brain health

Mental Acuity Complex®, OmegaGuard

CHILDREN'S HEALTH

Nutrition foundation

Vita-Lea® Ocean Wonders®

Probiotic

Optiflora® Probiotic (if under age 4, discuss with your health care practitioner)

Omega-3 fatty acids (DHA and/or EPA)

Mighty Smart Choice® (OmegaGuard for older children)

Healthy breakfast or protein-rich snack

Shaklee 180 Smoothee Mix, Shaklee 180 Meal-in-a-Bar, Shaklee 180 Snack Bar, Shaklee 180 Snack Crisps, Flavour-Enhanced Soy Protein

Yes, I know others who'd like to learn more. Please contact:

Name _____ Phone _____ E-mail _____

Area(s) of interest _____

*Women who are pregnant or breastfeeding should discuss their use of supplements with their health care practitioners.