Re: Shaklee Blood Pressure Tablets

Dear Doctor:

Please allow me to introduce a new dietary supplement from Shaklee Corporation that is designed to provide a more natural approach to help support arterial health and function, as well as contribute to maintaining healthy blood pressure levels. The product is intended to be used in conjunction with proven diet and lifestyle adjustments – in particular the DASH diet and weight loss, as needed. We strongly urge all product users to discuss the usage of this product with their physicians, especially if blood pressure monitoring is occurring.

The DASH diet has long been accepted and recommended by physicians to help patients reduce blood pressure either with an antihypertensive medication or as a stand-alone intervention when blood pressure is only modestly elevated. It was long thought that antioxidants were responsible for the DASH diet’s proven ability to provide up to a 10 mm Hg drop in both systolic and diastolic pressures, but the latest research is showing that dietary inorganic nitrates may be the reason for its efficacy. Foods high in dietary inorganic nitrite and nitrate include celery, beetroot, spinach, and others. In a meta-analysis of 16 clinical crossover studies, sodium nitrate and beetroot juice were able to significantly reduce systolic blood pressure.

Our Shaklee Blood Pressure, a two-tablet-per-day product, delivers 500 mg of inorganic nitrates from a unique blend comprised of beetroot juice, spinach, and potassium nitrate. The product is designed to support healthy blood pressure levels. The Canadian natural health product label is shown below.
Dietary inorganic nitrates are generally believed to be quite safe. While there are no known drug interactions using supplemental dietary inorganic nitrates, caution is advisable in certain populations. Antihypertensive and cardiac drugs (including other organic nitrates) and supplemental nitrates may have potential additive effects; while side effects have not been described, they are theoretically possible. Monitoring of INR in patients taking Coumadin is also warranted. We believe adding our supplemental inorganic nitrate formula can safely contribute to maintaining healthy blood pressure already in the normal range.

Shaklee has a long history in the nutritional supplement industry, beginning when our founder, Dr. Forrest C. Shaklee, first developed a multivitamin in 1915. Shaklee Corporation was founded in the United States in 1956 and Shaklee Canada Inc. began doing business in 1976. We are committed to creating products that are relevant to supporting people’s health and well-being.

Thank you for your time, and please feel free to contact me with any questions you may have.

Sincerely,

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References: