

Feel Fuller Longer

Don't let your busy schedule get in the way of a healthy lifestyle. The bar you're holding is a perfectly balanced, complete meal that's convenient, filling, and great tasting. Plus, Meal-in-a-Bar is a part of the Shaklee 180® Program, which is clinically proven to help you lose weight and keep it off.\*



Fuel Your Day with Leucine

A key ingredient in our proprietary protein blend, Leucine is an amino acid that helps your body build lean muscle, burn fat, and maintain your metabolism.\*†

SAFE • PROVEN  
SINCE  
**Shaklee**  
1956  
100% GUARANTEED

NON  
GMO

GF  
GLUTEN  
FREE

HIGH  
PROTEIN

HIGH  
FIBER

LOW  
GLYCEMIC  
INDEX

KOSHER

NO Artificial Flavors, Sweeteners, Colors, or Preservatives

**Ingredients:** Soy Protein Crisp (Soy Protein Isolate, Rice Flour, Salt), Fructose Syrup, Shaklee 180 Proprietary Protein Blend (Soy Protein Isolate, L-leucine, Rice Protein Concentrate), Almond Butter, Soluble Corn Fiber, Diced Almonds, Organic Brown Rice Syrup, Glycerin, Honey, Dried Blueberries (Apple Juice Infused), Dicalcium Phosphate, High Oleic Sunflower Oil, Dried Cherries (Apple Juice Infused), Natural Flavors, Sunflower Lecithin, Salt, Magnesium Oxide, Ascorbic Acid, Copper Gluconate, Niacinamide, Vitamin E Acetate, Ferrous Fumarate, Biotin, Zinc Oxide, Vitamin A Palmitate, Calcium Pantothenate, Riboflavin, Vitamin B<sub>6</sub>, Thiamine Mononitrate, Vitamin D<sub>3</sub>, Manganese Sulfate, Chromium Nicotinate, Potassium Iodide, Sodium Selenite, Vitamin B<sub>12</sub>, Folic Acid, Molybdenum Amino Acid Chelate. **CONTAINS SOY AND ALMONDS.**

Distributed by Shaklee Corporation • 4747 Willow Rd, Pleasanton, CA 94588 • Product questions: 925.734.3638 • MADE IN CANADA

Manufactured in a facility that may also process peanuts, tree nuts, milk, egg, soy, and wheat.

Crave more? Contact your Shaklee Ambassador, call 1.800.SHAKLEE, or visit Shaklee.com.



Item #22001 XD835A

Nutrition Facts		
7 servings per container		
Serving size		1 Bar (70 g)
Amount Per Serving		
Calories		260
		% Daily Value*
Total Fat	6 g	8%
Saturated Fat	0.5 g	3%
Trans Fat	0 g	
Cholesterol	0 mg	0%
Sodium	400 mg	17%
Total Carbohydrate	32 g	12%
Dietary Fiber	6 g	21%
Total Sugars	19 g	
Includes 19 g Added Sugars		38%
Protein	20 g	40%
Vitamin D	4.4 mcg (175 IU)	20%
Calcium	400 mg	30%
Iron	4.5 mg	25%
Potassium	160 mg	4%
Vitamin A	300 mcg	35%
Vitamin C	21 mg	25%
Vitamin E	7 mg	45%
Thiamin	0.6 mg	50%
Riboflavin	1 mg	80%
Niacin	7 mg	45%
Vitamin B <sub>6</sub>	0.8 mg	45%
Folate	267 mcg DFE (160 mcg Folic Acid)	70%
Vitamin B <sub>12</sub>	3 mcg	120%
Biotin	105 mcg	350%
Pantothenic Acid	4.5 mg	90%
Phosphorus	350 mg	30%
Iodine	53 mcg	35%
Magnesium	160 mg	40%
Zinc	5.3 mg	50%
Selenium	32 mcg	60%
Copper	0.7 mg	80%
Manganese	0.7 mg	30%
Chromium	96 mcg	270%
Molybdenum	26 mcg	60%
Chloride	230 mg	10%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.		

Shaklee 180

Shaklee®



Meal-in-a-Bar

20 g Protein | 6 g Fiber | Powered by Leucine®

BLUEBERRY & ALMOND CRISP



NON  
GMO

GF  
GLUTEN  
FREE

HIGH  
PROTEIN

HIGH  
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2.5 OZ. (70 g) EA. x 7 Bars

TOTAL NET WT. 17 OZ. (490 g)

\*The weight-loss portion of the Shaklee 180 Program was tested in a preliminary 12-week clinical study. Meal-in-a-Bar was not included in the study.  
†When used as part of the Shaklee 180 Program.