

## Feel Fuller Longer

Don't let your busy schedule get in the way of a healthy lifestyle. The bar you're holding is a perfectly balanced, complete meal that's convenient, filling, and great tasting. Plus, Meal-in-a-Bar is a part of the Shaklee 180® Program, which is clinically proven to help you lose weight and keep it off.\*



## Fuel Your Day with Leucine

A key ingredient in our proprietary protein blend, Leucine is an amino acid that helps your body build lean muscle, burn fat, and maintain your metabolism.\*\*



**NO Artificial Flavors, Sweeteners, Colors, or Preservatives**

**Ingredients:** Soy Protein Crisp (Soy Protein Isolate, Rice Flour, Salt), Fructose Syrup, Shaklee 180 Proprietary Protein Blend (Soy Protein Isolate, L-leucine, Rice Protein Concentrate), Almond Butter, Soluble Corn Fiber, Diced Almonds, Organic Brown Rice Syrup, Glycerin, Honey, Dried Blueberries (Apple Juice Infused), Dicalcium Phosphate, High Oleic Sunflower Oil, Dried Cherries (Apple Juice Infused), Natural Flavors, Sunflower Lecithin, Salt, Magnesium Oxide, Ascorbic Acid, Copper Gluconate, Niacinamide, Vitamin E Acetate, Ferrous Fumarate, Biotin, Zinc Oxide, Vitamin A Palmitate, Calcium Pantothenate, Riboflavin, Vitamin B<sub>6</sub>, Thiamine Mononitrate, Vitamin D<sub>3</sub>, Manganese Sulfate, Chromium Nicotinate, Potassium Iodide, Sodium Selenite, Vitamin B<sub>12</sub>, Folic Acid, Molybdenum Amino Acid Chelate. **CONTAINS SOY AND ALMONDS.**

Distributed by Shaklee Corporation • 4747 Willow Rd, Pleasanton, CA 94588 • Product questions: 925.734.3638 • MADE IN CANADA

Manufactured in a facility that may also process peanuts, tree nuts, milk, egg, soy, and wheat.

Crave more? Contact your Shaklee Distributor, call 1.800.SHAKLEE, or visit Shaklee.com.

\*The weight-loss portion of the Shaklee 180 Program was tested in a preliminary 12-week clinical study. Meal-in-a-Bar was not included in the study.  
†When used as part of the Shaklee 180 Program.

Item #22001 XD835A



## Nutrition Facts

7 servings per container  
Serving size 1 Bar (70 g)

Amount Per Serving  
**Calories 260**

% Daily Value\*

<b>Total Fat</b> 6 g	<b>8%</b>
Saturated Fat 0.5 g	<b>3%</b>
Trans Fat 0 g	
<b>Cholesterol</b> 0 mg	<b>0%</b>
<b>Sodium</b> 400 mg	<b>17%</b>
<b>Total Carbohydrate</b> 32 g	<b>12%</b>
Dietary Fiber 6 g	<b>21%</b>
Total Sugars 19 g	
Includes 19 g Added Sugars	<b>38%</b>
<b>Protein</b> 20 g	<b>40%</b>

Vitamin D 4.4 mcg (175 IU)	20%
Calcium 400 mg	30%
Iron 4.5 mg	25%
Potassium 160 mg	4%
Vitamin A 300 mcg	35%
Vitamin C 21 mg	25%
Vitamin E 7 mg	45%
Thiamin 0.6 mg	50%
Riboflavin 1 mg	80%
Niacin 7 mg	45%
Vitamin B <sub>6</sub> 0.8 mg	45%
Folate 267 mcg DFE (160 mcg Folic Acid)	70%
Vitamin B <sub>12</sub> 3 mcg	120%
Biotin 105 mcg	350%
Pantothenic Acid 4.5 mg	90%
Phosphorus 350 mg	30%
Iodine 53 mcg	35%
Magnesium 160 mg	40%
Zinc 5.3 mg	50%
Selenium 32 mcg	60%
Copper 0.7 mg	80%
Manganese 0.7 mg	30%
Chromium 96 mcg	270%
Molybdenum 26 mcg	60%
Chloride 230 mg	10%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Shaklee®

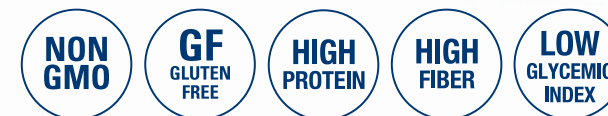
Shaklee®



# Meal-in-a-Bar

20 g Protein | 6 g Fiber | Powered by Leucine®

**BLUEBERRY & ALMOND CRISP**



2.5 OZ. (70 g) EA. x 7 Bars

TOTAL NET WT. 17 OZ. (490 g)

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