

Feel Fuller Longer

Don't let your busy schedule get in the way of a healthy lifestyle. The bar you're holding is a perfectly balanced, complete meal that's convenient, filling, and great tasting. Plus, Meal-in-a-Bar is a part of the Shaklee 180® Program, which is clinically proven to help you lose weight and keep it off.*



Fuel Your Day with Leucine

A key ingredient in our proprietary protein blend, Leucine is an amino acid that helps your body build lean muscle, burn fat, and maintain your metabolism.*†

SAFE • PROVEN

SINCE 1956

100% GUARANTEED

NON GMO

GF GLUTEN FREE

HIGH PROTEIN

HIGH FIBER

LOW GLYCEMIC INDEX

KOSHER DAIRY

NO Artificial Flavors, Sweeteners, Colors, or Preservatives

Ingredients: Soy Protein Crisp (Soy Protein Isolate, Tapioca Flour, Salt), Fructose Syrup, Semi-sweet Chocolate Chips (Sugar, Chocolate Liquor, Cocoa Butter, Dextrose, Soy Lecithin), Honey, Soluble Corn Fiber, Shaklee 180 Proprietary Protein Blend (Soy Protein Isolate, L-leucine, Rice Protein Concentrate), Brown Rice Syrup, Roasted Peanuts, Peanut Butter, Glycerin, Peanut Flour, Gluten-free Rolled Oats, Guar Gum, Dicalcium Phosphate, Sunflower Lecithin, Salt, Magnesium Oxide, Ascorbic Acid, Copper Gluconate, Niacinamide, Vitamin E Acetate, Ferrous Fumarate, Biotin, Zinc Oxide, Vitamin A Palmitate, Calcium Pantothenate, Riboflavin, Vitamin B₆, Thiamine Mononitrate, Vitamin D, Manganese Sulfate, Chromium Nicotinate, Potassium Iodide, Sodium Selenite, Vitamin B₁₂, Folic Acid, Molybdenum Amino Acid Chelate. **CONTAINS PEANUTS AND SOY. MAY CONTAIN MILK.**

Distributed by Shaklee Corporation • 4747 Willow Rd, Pleasanton, CA 94588 • Product questions: 925.734.3638 • MADE IN CANADA

Manufactured in a facility that may also process peanuts, tree nuts, milk, egg, soy, and wheat.

Crave more? Contact your Shaklee Ambassador, call 1.800.SHAKLEE, or visit Shaklee.com.

*The weight-loss portion of the Shaklee 180 Program was tested in a preliminary 12-week clinical study. Meal-in-a-Bar was not included in the study.
†When used as part of the Shaklee 180 Program.



Item #22000 XD834A

Nutrition Facts	
7 servings per container	
Serving size	1 Bar (70 g)
Amount Per Serving	
Calories	270
% Daily Value*	
Total Fat 7 g	9%
Saturated Fat 2.5 g	13%
Trans Fat 0 g	
Cholesterol 0 mg	0%
Sodium 400 mg	17%
Total Carbohydrate 32 g	12%
Dietary Fiber 6 g	21%
Total Sugars 19 g	
Includes 19 g Added Sugars	38%
Protein 20 g	40%
Vitamin D 4.4 mcg (175 IU)	20%
Calcium 350 mg	25%
Iron 4.5 mg	25%
Potassium 150 mg	4%
Vitamin A 300 mcg	35%
Vitamin C 21 mg	25%
Vitamin E 7 mg	45%
Thiamin 0.6 mg	50%
Riboflavin 1 mg	80%
Niacin 7 mg	45%
Vitamin B ₆ 0.8 mg	45%
Folate 267 mcg DFE (160 mcg Folic Acid)	70%
Vitamin B ₁₂ 3 mcg	120%
Biotin 105 mcg	350%
Pantothenic Acid 4.5 mg	90%
Phosphorus 350 mg	30%
Iodine 53 mcg	35%
Magnesium 160 mg	40%
Zinc 5.3 mg	50%
Selenium 32 mcg	60%
Copper 0.7 mg	80%
Manganese 0.7 mg	30%
Chromium 96 mcg	270%
Molybdenum 26 mcg	60%
Chloride 230 mg	10%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

Shaklee®



Meal-in-a-Bar

20 g Protein | 6 g Fiber | Powered by Leucine®

PEANUT BUTTER & CHOCOLATE CHIP



NON GMO

GF GLUTEN FREE

HIGH PROTEIN

HIGH FIBER

LOW GLYCEMIC INDEX

2.5 OZ. (70 g) EA. x 7 Bars

TOTAL NET WT. 17 OZ. (490 g)