

- LACTOSE FREE
- LOW GLYCEMIC
- NON-GMO SOY PROTEIN
- Powered by Leucine™

skip to the good part.

A vanilla shake that's anything but plain vanilla. With tons of protein so you feel full. Leucine so you don't lose muscle. And creamy flavor so you don't lose your will. You get all the benefits of a meal. Except it tastes like dessert.

Gluten free. No artificial flavors, sweeteners, colors, or preservatives added.



How-to:
Put 2 scoops of this powder in 1 cup of nonfat milk or light soy milk and mix like you mean it.

Crave more?
Contact Your Shaklee Independent Distributor,
1.800.SHAKLEE, or CinchPlan.com

Product sold by weight only, not by volume. Settling will occur in shipping and handling.



vanilla
shake mix

a complete breakfast or lunch



cinch®
inch loss plan

NET WT. 25 OZ.
1 LB. 9 OZ. (720 g)

15
servings

Nutrition Facts

Serving Size: 2 Scoops (48 g)
Servings Per Container: 15

Amount Per Serving	Mix Alone	with Nonfat Milk	with Light Soy Milk	Amount Per Serving	Mix Alone	with Nonfat Milk	with Light Soy Milk
Calories	180	270	250†	Folate	35%	40%	40%†
Calories from Fat	25	30	45†	Vitamin B₁₂	35%	50%	80%†
% Daily Value**				Biotin	35%	35%	35%
Total Fat 3 g*	5%	5%	8%†	Pantothenic Acid	35%	45%	45%††
Saturated Fat 0.5 g	3%	3%	3%†	Phosphorus	35%	60%	45%††
Trans Fat 0 g				Iodine	35%	35%	35%
Polyunsaturated Fat 0.5 g				Magnesium	35%	40%	45%†
Monounsaturated Fat 1.5 g				Zinc	35%	40%	40%†
Cholesterol 0 mg	0%	0%	0%†	Selenium	35%	45%	45%†
Sodium 370 mg	15%	20%	20%†	Copper	35%	35%	50%††
Potassium 420 mg	11%	22%	20%†	Manganese	35%	35%	60%††
Total Carbohydrate 23 g	8%	13%	10%†	Chromium	80%	80%	80%
Dietary Fiber 6 g	24%	24%	28%†	Molybdenum	35%	35%	35%
Soluble Fiber 6 g				Chloride	8%	8%	8%
Sugars 15 g				*Amount in Mix			
Protein 16 g	32%	49%	44%†	**Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.			
Vitamin A	10%	20%	20%†	Calories	2,000	2,500	
Vitamin C	35%	35%	35%†	Total Fat	Less than	65 g	80 g
Calcium	35%	60%	60%†	Sat Fat	Less than	20 g	25 g
Iron	25%	25%	30%†	Cholesterol	Less than	300 mg	300 mg
Vitamin D	35%	60%	60%†	Sodium	Less than	2,400 mg	2,400 mg
Vitamin E	35%	35%	35%	Potassium		3,500 mg	3,500 mg
Thiamin	35%	40%	45%††	Total Carbohydrate		300 g	375 g
Riboflavin	35%	60%	60%†	Dietary Fiber		25 g	30 g
Niacin	35%	35%	40%††	Protein		50 g	65 g
Vitamin B₆	35%	40%	45%††	† Based on nutrient values from Silk®††† brand Light Plain Soy Milk			
				†† Based on nutrient values from USDA database			
				††† All trademarks are the property of their respective owners.			

INGREDIENTS: CINCH™ PRO PROPRIETARY PROTEIN BLEND (SOY PROTEIN ISOLATE, L-LEUCINE, RICE PROTEIN CONCENTRATE), FRUCTOSE, CINCH™ FIBER BLEND (ACACIA GUM, GUAR GUM, INULIN), HIGH OLEIC SUNFLOWER OIL POWDER, DICALCIUM PHOSPHATE, NATURAL FLAVORS, SODIUM CITRATE, POTASSIUM CHLORIDE, SOY LECITHIN, CANOLA OIL, MAGNESIUM OXIDE, ASCORBIC ACID, SELENIUM YEAST, D-ALPHA TOCOPHERYL ACETATE, MOLYBDENUM YEAST, FERROUS FUMARATE, NIACINAMIDE, ZINC OXIDE, COPPER GLUCONATE, CALCIUM PANTOTHENATE, VITAMIN A PALMITATE, MANGANESE SULFATE, VITAMIN B₁₂, VITAMIN D, VITAMIN B₆, CHROMIUM NICOTINATE, RIBOFLAVIN, THIAMIN MONONITRATE, MIXED TOCOPHEROL CONCENTRATE, FOLIC ACID, BIOTIN, POTASSIUM IODIDE.

Distributed by Shaklee Corporation
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